






Elementary Breakfast Menu



La Mesa-Spring Valley Schools



Monday	Tuesday	Wednesday	Thursday	Friday
 <p>This institution is an equal opportunity provider. Menu Subject to Change without Notice.</p> <p>OFFERED DAILY: Assorted Cereal, Assorted 100% Juice, Fat Free & 1% Low Fat White Milk. CLICK HERE TO VIEW PRODUCT NUTRITIONALS.</p>				<p>1 ✓ Blueberry Bread ✓ Yogurt Parfait Mixed Fruit Cocktail</p>
<p>4 French Toast Sticks ✓ Yogurt Parfait Fresh Apple</p>	<p>5 ✓ Whole Grain Bagel ✓ Cream Cheese ✓ Berry Awesome Smoothie Fresh Apple Diced Pears</p>	<p>6 ✓ Chocolate Chip Scone ✓ Cinnamon Overnight Oats Fresh Banana</p>	<p>7 ✓ Honey Bun ✓ Berry Awesome Smoothie Mixed Fruit Cocktail</p>	<p>8 Cinnamon Streusel Cowgirl Bread ✓ Yogurt Parfait Strawberries</p>
<p>11 </p>	<p>12 ✓ Whole Grain Bagel ✓ Cream Cheese ✓ Berry Awesome Smoothie Fresh Apple Diced Pears</p>	<p>13 ✓ Chocolate Chip Scone ✓ Cinnamon Overnight Oats Fresh Banana</p>	<p>14 ✓ Honey Bun ✓ Berry Awesome Smoothie Mixed Fruit Cocktail</p>	<p>15 Cinnamon Streusel Cowgirl Bread ✓ Yogurt Parfait Strawberries</p>
<p>18 French Toast Sticks ✓ Yogurt Parfait Fresh Apple</p>	<p>19 ✓ Whole Grain Bagel ✓ Cream Cheese ✓ Berry Awesome Smoothie Fresh Apple Diced Pears</p>	<p>20 ✓ Chocolate Chip Scone ✓ Cinnamon Overnight Oats Fresh Banana</p>	<p>21 ✓ Honey Bun ✓ Berry Awesome Smoothie Mixed Fruit Cocktail</p>	<p>22 Cinnamon Streusel Cowgirl Bread ✓ Yogurt Parfait Strawberries</p>
<p>25 </p>	<p>26 </p>	<p>27 </p>	<p>28 </p>	<p>29 </p>

BREAKFAST PRICES:

Student

Breakfast Price:

FREE

Adult Breakfast Price:
\$2.75

Individual Milk, Fruit
and/or Juice: \$0.50 each
2nd Entree: \$1.00 each

*One Breakfast Entree, one Milk,
one Juice & all fruit from our
salad bar are FREE if taken as part
of a complete breakfast meal.
Students will be required to pay
for the purchase of single items if
they are taken without a taking a
complete meal.

Payments: Cash & Check
are accepted in person;
Payments using credit or
debit card can be made
online @
www.schoolcafe.com