
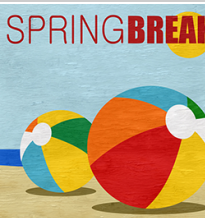




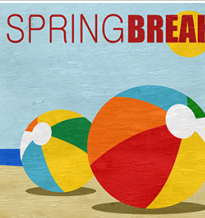




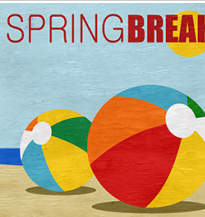


APRIL

Elementary Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
	1 *PIZZA DAY: Loma & Murray Manor ✓ Cheese French Bread Pizza or Pepperoni French Bread Pizza Turkey & Cheese Sub Fresh Romaine Lettuce Cherry Tomatoes Fresh Orange Wedges Raisins Mozzarella String Cheese	2 *PIZZA DAY: La Mesa Dale & Lemon Ave Mandarin Orange Chicken ✓ Brown Rice Pizza Protein Bistro Box Cucumber Slices Fresh Romaine Lettuce Fresh Banana Diced Peaches Whole Wheat Dinner Roll	3 *PIZZA DAY: Highlands & Rancho Crispy Chicken Sandwich Pizza Protein Bistro Box Fresh Carrot Sticks Green Beans Fresh Romaine Lettuce Farmer Fruit: Golden Nugget Tangerine Mozzarella String Cheese ✓ Classic Pasta Salad	4 ✓ NACHOS ✓ Nacho Cheese ✓ Vegetarian Refried Beans ✓ Tortilla Chips Pizza Protein Bistro Box Caesar Salad Pinto Beans Fresh Celery Sticks Blueberries Mozzarella String Cheese Whole Wheat Dinner Roll
7 SPRING BREAK 	8 SPRING BREAK 	9 SPRING BREAK 	10 SPRING BREAK 	11 SPRING BREAK 
14 SPRING BREAK 	15 SPRING BREAK 	16 SPRING BREAK 	17 SPRING BREAK 	18 SPRING BREAK 
21 SPRING BREAK 	22 *PIZZA DAY: Kempton & Northmont BRUNCH FOR LUNCH YWG Maple Waffles Chicken Sausage Pizza Protein Bistro Box Whole Wheat Dinner Roll Fresh Romaine Lettuce Cherry Tomatoes Raisins Fresh Orange Wedges or Tangerines Mozzarella String Cheese Whole Wheat Dinner Roll	23 *PIZZA DAY: Bancroft & Fletcher Hills Mandarin Orange Chicken ✓ Brown Rice Pizza Protein Bistro Box Cucumber Slices Fresh Romaine Lettuce Fresh Banana Diced Peaches Whole Wheat Dinner Roll	24 *PIZZA DAY: Casa De Oro & Murdock All Beef Hot Dog Pizza Protein Bistro Box Fresh Carrot Sticks Fresh Romaine Lettuce Farmer Fruit: TBD Marinated Black Bean Salad Mozzarella String Cheese Whole Wheat Dinner Roll	25 ✓ Macaroni Cheese Pizza Protein Bistro Box Caesar Salad Pinto Beans Fresh Celery Sticks Blueberries Mozzarella String Cheese
28 *PIZZA DAY: Avondale & Sparrow Chicken Corn Dog Pizza Protein Bistro Box Fresh Carrot Sticks Corn Fresh Romaine Lettuce Fresh Apple Mozzarella String Cheese	29 *PIZZA DAY: Rolando & Sweetwater Springs Chicken Nuggets Pizza Protein Bistro Box Fresh Romaine Lettuce Cherry Tomatoes Raisins Fresh Orange Wedges or Tangerines Mozzarella String Cheese Whole Wheat Dinner Roll	30 *PIZZA DAY: La Presa Elem & Maryland Ave Spaghetti with Beef Meat Sauce Cucumber Slices Fresh Romaine Lettuce Fresh Banana Diced Peaches Whole Wheat Dinner Roll	<p style="text-align: center;">Join Our Team!</p> <p>Looking for a part-time or on-call job that allows you to be home when your family needs you there? Join our team in a school cafeteria. Please call 619-668-5700 for more information! To apply for a substitute position CLICK HERE</p>	

LUNCH PRICES:

Student Lunch Price: FREE

Adult Lunch Price: \$6.00

Extra Pizza Slice: \$2.00 each

2nd Entree: \$1.50 each

*One Lunch Entree, one Milk, one Juice & all Fruits and Vegetables from our salad bar are FREE if taken as part of a complete lunch meal. Students will be required to pay for the purchase of single items if they are taken without a taking a complete meal.

Payments: Cash & Check are accepted in person; Payments using credit or debit card can be made online @ www.schoolcafe.com

WHAT MAKES A HEALTHY LUNCH?

[Select 3-5 Components]

Grain

Meat or Meat Alternate

Milk

Fruit

Vegetable

must include a Fruit OR Vegetable

(some foods may equal 2 components)

ENTREES OFFERED DAILY: PB&J Uncrustable (WOWButter & Jelly @ La Mesa Dale & Murray Manor), Assorted 4 oz Low Fat Yogurt with Graham Crackers

OFFERED DAILY: 100% Juice, NF Chocolate Milk, 1% White Milk Menu Subject to Change. This institution is an equal opportunity