## **Elementary Lunch Menu**



Monday \*PIZZA DAY: Sparrow Academy
BRUNCH FOR LUNCH

> V'WG Maple Waffles Chicken Sausage Pizza Protein Bistro Box Fresh Carrot Sticks

Corn Fresh Romaine Lettuce Fresh Apple Mozzarella String Cheese

Tuesday \*PIZZA DAY: Rolando & Sweetwater Springs WG Popcorn Chicken
Pizza Protein Bistro Box

Fresh Broccoli Florets Fresh Romaine Lettuce Mixed Fruit Cocktail Fresh Orange Wedges Mozzarella String Cheese Whole Wheat Dinner Roll Wednesday

\*PIZZA DAY: La Presa Elem & Maryland Ave ∀WG Cheese French Bread Pizza

or
WG Pepperoni French Bread Pizza
Turkey & Cheese Sub
Cucumber Slices

Fresh Romaine Lettuce Fresh Banana Diced Peaches Whole Wheat Dinner Roll Thursday

\*PIZZA DAY: Loma & Murrav Manor Beef Cheeseburger Pizza Protein Bistro Box

Fresh Jicama Sticks Fresh Romaine Lettuce Farmer Fruit: Fruit of the Week Mozzarella String Cheese Whole Wheat Dinner Roll

Friday

Chicken Taquitos Pizza Protein Bistro Box

Pinto Beans Caesar Salad Fresh Celery Sticks Blueberries Mozzarella String Cheese

OFFERED DAILY: 100% Juice, NF Chocolate Milk, 1% White Milk

\*PIZZA DAY: Avondale & Sparrow WG Chicken Mini Corn Dogs Pizza Protein Bistro Box

Fresh Carrot Sticks Corn Fresh Romaine Lettuce Fresh Apple Mozzarella String Cheese

\*PIZZA DAY: La Mesa Dale & 10 Lemon Ave BBQ Beef Rib on WW Bun

Pizza Protein Bistro Box Fresh Broccoli Florets Fresh Romaine Lettuce Mixed Fruit Cocktail Fresh Orange Wedges Mozzarella String Cheese Whole Wheat Dinner Rol

\*PIZZA DAY: Highlands & Rancho 11 WG Cheesy Beef Pasta Casserole

Turkey & Cheese Sub Cucumber Slices Fresh Romaine Lettuce Fresh Banana Diced Peaches Whole Wheat Dinner Roll

\*PIZZA DAY: Casa De Oro & 12 Murdock Teriyaki Beef Slam Dunkers

V Brown Rice Pizza Protein Bistro Box Fresh Jicama Sticks Fresh Romaine Lettuce Farmer Fruit: Fruit of the Week Whole Wheat Dinner Roll Mozzarella String Cheese

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**∀NACHOS** √Nacho Cheese VVegetarian Refried Beans Y Tortilla Chips Pizza Protein Bistro Box

Caesar Salad Fresh Celery Sticks Blueberries Mozzarella String Cheese

ENTREES OFFERED DAILY: PB&J Uncrustable (WOWButter & Jelly @ La Mesa Dale & Murray Manor), Assorted 4 oz Low Fat Yogurt with Graham Crackers

**BUILD YOUR OWN TACO BOWL** 16 Taco Seasoned Beef Crumble

∀Edibowl® Baked WG Flour Tortilla Bowl

Pizza Protein Bistro Box

Elote Corn Salad Pico De Gallo Fresh Romaine Lettuce Fresh Apple Shredded Cheddar Cheese 17 YEasy Peasy Cheesy Breadsticks

V Marinara Sauce Pizza Protein Bistro Box Fresh Broccoli Florets Fresh Romaine Lettuce Mixed Fruit Cocktail

Fresh Orange Wedges Mozzarella String Cheese Whole Wheat Dinner Roll

farm to school INNOVATIVE fresh Nurturing CREATIVE inspired feeding bodies LEARN nutrition caring local friendly healthy sources made with love **SAFE** nourishing **CHOICES** veggies SOCIAL











## LUNCH PRICES:

## Student Lunch Price: FREE

Adult Lunch Price: \$4.75 Individual Milk, Fruit, Veg and/or Juice: \$0.50 each\*

Extra Pizza Slice: \$2.00 each

2nd Entree: \$1.50 each \*One Lunch Entree, one Milk, one luice & all Fruits and Vegetables from our salad bar are FREE if taken as part of a complete lunch meal. Students will be required to pay for the purchase of single items if they are taken without a taking a complete meal.

Payments: Cash & Check are accepted in person; Payments using credit or debit card can be made online @ www.schoolcafe.com