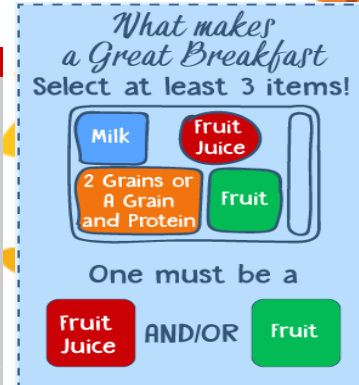


November 2025 Elementary Breakfast

La Mesa-Spring Valley School District

Monday	Tuesday	Wednesday	Thursday	Friday
3 ✓ Pan Dulce Concha ✓ Yogurt Parfait Fresh Apple	4 ✓ Whole Grain Bagel ✓ Fruit Smoothie ✓ Cream Cheese Dried Cranberries	5 ✓ Pumpkin Spice Scone ✓ Yogurt Parfait Fresh Banana	6 ✓ Honey Bun ✓ Fruit Smoothie Raisins	7 ✓ Cinnamon Streusel Cowgirl Bread ✓ Yogurt Parfait Blueberries
OFFERED DAILY @ BREAKFAST: Assorted 2oz Cereal, Assorted 100% Juice, NF or 1% White Milk				
10 No School! 	11 	12 ✓ Pan Dulce Concha ✓ Yogurt Parfait Dried Cranberries	13 ✓ Whole Grain Bagel ✓ Fruit Smoothie ✓ Cream Cheese Raisins	14 ✓ Honey Bun ✓ Yogurt Parfait Blueberries
17 ✓ Pan Dulce Concha ✓ Yogurt Parfait Fresh Apple	18 ✓ Whole Grain Bagel ✓ Cream Cheese ✓ Fruit Smoothie Dried Cranberries	19 ✓ Pumpkin Spice Scone ✓ Yogurt Parfait Fresh Banana	20 ✓ Honey Bun ✓ Fruit Smoothie Raisins	21 ✓ Cinnamon Streusel Cowgirl Bread ✓ Yogurt Parfait Blueberries
24 	25 	26 	27 	28 



BREAKFAST PRICES:

Student Breakfast
Price: **FREE**

Individual Milk, Fruit and/or
Juice: \$0.50 each

2nd Entree: \$1.00 each

*One Breakfast Entree, one Milk, one
juice & all fruit from our salad bar are
FREE if taken as part of a complete
breakfast meal. Students will be
required to pay for the purchase of
single items if they are taken without
taking a complete meal.

Payments: Cash & Check are
accepted in person;

Payments using credit or
debit card can be made
online @

www.schoolcafe.com

This institution is an equal opportunity provider. Menu subject to change without notice.