

NOVEMBER

Elementary Lunch Menu

La Mesa-Spring Valley School District

Monday	Tuesday	Wednesday	Thursday	Friday
3 *PIZZA DAY: Avondale & Sparrow BRUNCH 4 LUNCH Buttery Maple Waffle & Turkey Sausage Links Turkey & Cheese Sandwich Fresh Carrot Sticks Corn Fresh Romaine Lettuce Fresh Apple	4 *PIZZA DAY: Casa De Oro & La Mesa Dale ✓ Macaroni & Cheese Turkey Pepperoni Pizza Box Fresh Baby Spinach Cherry Tomatoes Diced Pears Fresh Orange Wedges	5 *PIZZA DAY: Highlands & Rancho Teriyaki Chicken & Noodles Turkey & Cheese Sandwich Black Beans Cucumber Slices Fresh Romaine Lettuce Fresh Banana	6 *PIZZA DAY: Kempton & Northmont Oven Roasted Chicken Drumstick ✓ Corn Bread Loaf Turkey Pepperoni Pizza Box Green Beans Fresh Baby Spinach Fresh Grapes Raisins	7 BUILD YOUR OWN TACO BOWL Taco Seasoned Beef Crumble ✓ Edibowl® Baked Flour Tortilla Bowl Turkey & Cheese Sandwich Shredded Cheddar Cheese Pinto Beans Elote Corn Salad Pico De Gallo Fresh Romaine Lettuce Blueberries
OFFERED DAILY @ LUNCH: ENTREES: PB&J Uncrustable, Yogurt w. Cheese & Grahams. JUICE: Assorted 100% Juice. MILK: NF Chocolate or 1% White				
10 No School! 	11 	12 *PIZZA DAY: Bancroft & Fletcher Hills ✓ NACHOS ✓ Nacho Cheese ✓ Vegetarian Refried Beans ✓ Corn Tortilla Chips Turkey & Cheese Sandwich Black Beans Cucumber Slices Fresh Romaine Lettuce Fresh Banana	13 *PIZZA DAY: La Presa Elementary & Lemon Ave Chicken Nuggets Turkey Pepperoni Pizza Box Green Beans Fresh Baby Spinach Fresh Apple Raisins	14 Beef Cheeseburger Turkey & Cheese Sandwich Pinto Beans Caesar Salad Fresh Celery Sticks Blueberries
17 Crispy Chicken Strips Fresh Carrot Sticks Corn Fresh Romaine Lettuce Fresh Apple	18 Chicken Tamale Fresh Baby Spinach Cherry Tomatoes Diced Pears Fresh Orange Wedges	19 Beef Cheeseburger Sliders Black Beans Cucumber Slices Fresh Romaine Lettuce Fresh Banana	20 Chicken Corn Dog Green Beans Fresh Baby Spinach Fresh Apple Raisins	21 ✓ Ciabatta Grilled Cheese Sandwich Pinto Beans Caesar Salad Fresh Celery Sticks Blueberries
November 17-21: Parent-Teacher Conference Week				
24 	25 	26 	27 	28 

What Makes a Lunch

Select 3-5 Components



One must be a



LUNCH

PRICES:

Student Lunch

Price: FREE

Individual Milk, Fruit, Veg

and/or Juice: \$0.50 each*

Extra Pizza Slice: \$2.00 each

2nd Entree: \$1.50 each

*One Lunch Entree, one Milk, one Juice & all Fruits and Vegetables from our salad bar are FREE if taken as part of a complete lunch meal. Students will be required to pay for the purchase of single items if they are taken without a taking a complete meal.

Payments: Cash & Check are accepted in person; Payments using credit or debit card can be made online @

www.schoolcafe.com

This institution is an equal opportunity provider. Menu subject to change without notice.