

May 2026

# Elementary Lunch Menu

## La Mesa-Spring Valley School District

This Institution is an Equal Opportunity Provider. Menu Subject to Change without Notice.

Monday	Tuesday	Wednesday	Thursday	Friday
				
<p>4 <b>Popcorn Chicken Turkey &amp; Cheese Sandwich</b> Fresh Carrot Sticks Corn Fresh Baby Spinach Fresh Apple</p> 	<p>5 <b>*PIZZA DAY: Bancroft &amp; Fletcher Hills</b> <b>NACHOS</b> ✓Jalapeno Cheese Sauce ✓Vegetarian Refried Beans ✓Tortilla Chips <b>Pizza Protein Bistro Box</b> <b>WG Cinnamon Churro</b> Cucumber Slices Fresh Romaine Lettuce Diced Pears Fresh Whole Strawberries</p> 	<p>6 <b>*PIZZA DAY: La Presa Elementary &amp; Lemon Ave</b> <b>Mandarin Orange Chicken</b> ✓Brown Rice <b>Turkey &amp; Cheese Sandwich</b> Green Beans Red Bell Pepper Strips Fresh Baby Spinach Fresh Banana</p>	<p>7 <b>*PIZZA DAY: Rolando &amp; Sweetwater Springs</b> <b>Beef Cheeseburger Sliders</b> <b>Pizza Protein Bistro Box</b> Fresh Jicama Sticks Fresh Romaine Lettuce Diced Apricots Farmer Fruit: Fruit of the Week</p>	<p>8 <b>✓Garlic Cheese Twisted Breadsticks</b> ✓Marinara Sauce <b>Turkey &amp; Cheese Sandwich</b> Pinto Beans Caesar Salad Fresh Celery Sticks Dried Cranberries</p>
<p>11 <b>*PIZZA DAY: Avondale</b> <b>All Beef Hot Dog in a Bun</b> <b>Turkey &amp; Cheese Sandwich</b> Fresh Carrot Sticks Corn Fresh Baby Spinach Fresh Apple</p>	<p>12 <b>*PIZZA DAY: Murdock &amp; Maryland Ave</b> <b>Teriyaki Chicken &amp; Wondles Noodles</b> WG Fortune Cookie <b>Pizza Protein Bistro Box</b> Cucumber Slices Fresh Romaine Lettuce Diced Pears Fresh Whole Strawberries</p>	<p>13 <b>*PIZZA DAY: Loma &amp; Murray Manor</b> <b>✓Cheese Tortellini in Marinara Sauce</b> ✓New York Style WG Garlic Knot <b>Turkey &amp; Cheese Sandwich</b> Green Beans Red Bell Pepper Strips Fresh Baby Spinach Fresh Banana</p>	<p>14 <b>*PIZZA DAY: Casa De Oro &amp; La Mesa Dale</b> <b>BBQ Beef Rib Sandwich</b> <b>Pizza Protein Bistro Box</b> Fresh Jicama Sticks Fresh Romaine Lettuce Diced Apricots Farmer Fruit: Fruit of the Week</p>	<p>15 <b>BUILD YOUR OWN TACO BOWL</b> Taco Seasoned Beef Crumble ✓Edibowl® Baked Flour Tortilla Bowl for Beef Taco Bowl <b>Turkey &amp; Cheese Sandwich</b> Shredded Cheddar Cheese Pinto Beans Elote Corn Salad Pico De Gallo Dried Cranberries</p>
<p>18 <b>✓Macaroni Cheese Turkey &amp; Cheese Sandwich</b> Fresh Carrot Sticks Corn Fresh Baby Spinach Fresh Apple</p>	<p>19 <b>*PIZZA DAY: Highlands &amp; Rancho</b> <b>Ginger "Chicken" Dumplings</b> Brown Rice with Mixed Vegetables WG Fortune Cookie <b>Pizza Protein Bistro Box</b> Cucumber Slices Fresh Romaine Lettuce Diced Pears Fresh Whole Strawberries</p>	<p>20 <b>*PIZZA DAY: Kempton &amp; Northmont</b> <b>BRUNCH 4 LUNCH</b> ✓Buttery Maple Waffle Chicken Sausage <b>Turkey &amp; Cheese Sandwich</b> Green Beans Red Bell Pepper Strips Fresh Baby Spinach Fresh Banana</p>	<p>21 <b>*PIZZA DAY: Bancroft &amp; Fletcher Hills</b> <b>Fish Tacos</b> <b>Pizza Protein Bistro Box</b> Cabbage Slaw Fresh Jicama Sticks Pico De Gallo Diced Apricots Farmer Fruit: Fruit of the Week</p>	<p>22 <b>BBQ Chicken Drumstick</b> Honey Whole Wheat Biscuit <b>Turkey &amp; Cheese Sandwich</b> Pinto Beans Caesar Salad Fresh Celery Sticks Dried Cranberries</p>
<p>25  <b>MEMORIAL DAY</b></p>	<p>26 <b>*PIZZA DAY: La Presa Elementary &amp; Lemon Ave</b> <b>NACHOS</b> ✓Jalapeno Cheese Sauce ✓Vegetarian Refried Beans ✓Tortilla Chips <b>Pizza Protein Bistro Box</b> Cucumber Slices Fresh Romaine Lettuce Diced Pears Fresh Whole Strawberries</p>	<p>27 <b>*PIZZA DAY: Rolando &amp; Sweetwater Springs</b> <b>Mandarin Orange Chicken</b> ✓Brown Rice <b>Turkey &amp; Cheese Sandwich</b> Green Beans Red Bell Pepper Strips Fresh Baby Spinach Fresh Banana</p>	<p>28 <b>*PIZZA DAY: Murdock &amp; Maryland Ave</b> <b>Beef Cheeseburger Sliders</b> <b>Pizza Protein Bistro Box</b> Fresh Jicama Sticks Fresh Romaine Lettuce Diced Apricots Farmer Fruit: Fruit of the Week</p>	<p>29 <b>✓Garlic Cheese Twisted Breadsticks</b> ✓Marinara Sauce <b>Turkey &amp; Cheese Sandwich</b> Pinto Beans Caesar Salad Fresh Celery Sticks Dried Cranberries</p>

### LUNCH PRICES:

Student Complete

Lunch: FREE

Extra Domino's Pizza Slice: \$2.00 each

Entree only or 2nd Entree: \$1.50 per serving

Individual Sides: \$0.50 each per serving

Non-Student Complete

Lunch: \$6.00

Entree only or 2nd Entree: \$3.50 per serving

Full Salad Bar Only: \$3.50 per plate  
Individual Sides: \$0.50 each per serving

**\*A COMPLETE LUNCH includes a choice of one Lunch Entree, one Milk, one Juice & Fruits and Vegetables from our Salad Bar.**

**Students are required to take food items from at least 3 of the 5 offered food groups (one of which must be a 1/2 cup serving from the fruit and/or vegetable groups) for the meal to be considered complete and free of charge.**

**PAYMENTS:** For Student meals Cash & Check are accepted in person or online using credit or debit card @ [www.schoolcafe.com](http://www.schoolcafe.com) (for adult meals only cash or online payments will be accepted)