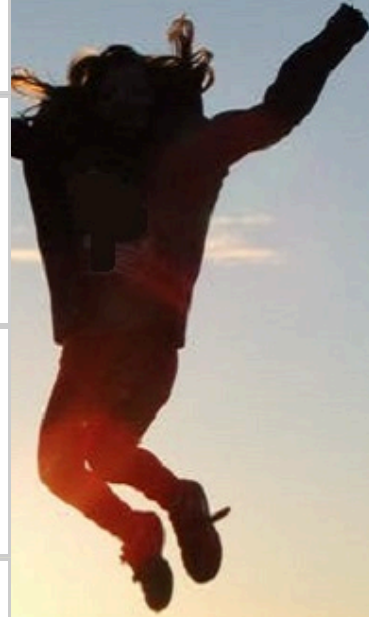


Elementary Breakfast Menu

June 2026 • La Mesa-Spring Valley School

Monday		Tuesday		Wednesday		Thursday		Friday			
1	Poffitz Pancake Bites Yogurt Parfait Fresh Apple	2	✓ Whole Grain Bagel ✓ Cream Cheese Fruit Smoothie Diced Pears	3	✓ Chocolate Chip Scone ✓ Strawberry Scone with Glaze Yogurt Parfait Fresh Banana	4	✓ Honey Bun Green Smoothie Applesauce	5	✓ Fresh Baked Croissant ✓ Assorted Jelly Cups Yogurt Parfait Mixed Fruit Cocktail		
A VARIETY OF CEREAL, 100% JUICE, AND MILK ARE OFFERED DAILY											
8	Poffitz Pancake Bites Yogurt Parfait Fresh Apple	9	✓ Whole Grain Bagel ✓ Cream Cheese Fruit Smoothie Diced Pears	10	✓ Chocolate Chip Scone ✓ Strawberry Scone with Glaze Yogurt Parfait Fresh Banana	11	✓ Honey Bun Green Smoothie Applesauce	12	✓ Fresh Baked Croissant ✓ Assorted Jelly Cups Yogurt Parfait Mixed Fruit Cocktail		
15	Poffitz Pancake Bites Yogurt Parfait Fresh Apple	16	✓ Whole Grain Bagel ✓ Cream Cheese Fruit Smoothie Diced Pears 	17		18		<div style="border: 1px dashed black; padding: 10px;"> <p><i>What makes a Great Breakfast</i> Select at least 3 items!</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 5px; background-color: #ADD8E6;">Milk</div> <div style="border: 1px solid black; padding: 5px; background-color: #DC143C; color: white;">Fruit Juice</div> </div> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 5px; background-color: #FF8C00;">2 Grains or A Grain and Protein</div> <div style="border: 1px solid black; padding: 5px; background-color: #3CB371; color: white;">Fruit</div> </div> <p>One must be a</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 5px; background-color: #DC143C; color: white;">Fruit Juice</div> <div style="font-size: 2em;">AND/OR</div> <div style="border: 1px solid black; padding: 5px; background-color: #3CB371; color: white;">Fruit</div> </div> </div>			
22		23		24		25					
29		30									



Breakfast is FREE for students EVERY SCHOOL DAY!