

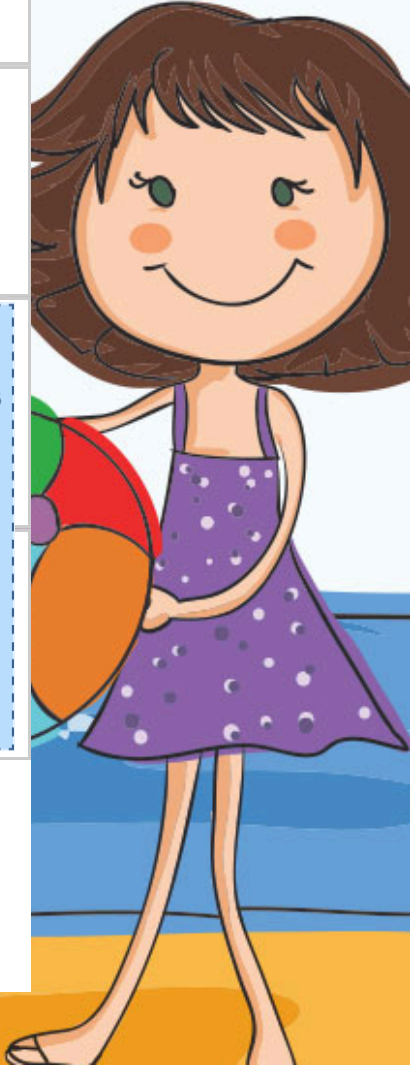
Elementary Lunch Menu

June 2026 • La Mesa-Spring Valley Schools



PBJ, Yogurt with Cheese & Grahams, 100% Juice, and Milk offered everyday!

Monday	Tuesday	Wednesday	Thursday	Friday
1 All Beef Hot Dog Turkey & Cheese Sandwich Fresh Carrot Sticks Corn Fresh Baby Spinach Fresh Apple	2 🍷*PIZZA DAY: Loma & Murray Manor Teriyaki Chicken & Woodles Noodles Fortune Cookie Pizza Protein Bistro Box Cucumber Slices Fresh Romaine Lettuce Diced Pears Fresh Nectarine	3 🍷*PIZZA DAY: Casa De Oro & La Mesa Dale 🍷*Cheese Tortellini in Marinara Sauce 🍷*Garlic Knot Turkey & Cheese Sandwich Green Beans Fresh Baby Spinach Cherry Tomatoes Fresh Banana	4 🍷*PIZZA DAY: Highlands & Rancho BBQ Beef Rib Sandwich Pizza Protein Bistro Box Fresh Jicama Sticks Fresh Romaine Lettuce Applesauce Farm Fresh Fruit of the Week	5 BUILD YOUR OWN TACO BOWL Taco Seasoned Beef Crumble 🍷*Edibowl® Baked Flour Tortilla Bowl Turkey & Cheese Sandwich Shredded Cheddar Cheese Black Beans Elote Corn Salad Pico De Gallo Mixed Fruit Cocktail
8 🍷*PIZZA DAY: Avondale 🍷*Macaroni & Cheese Turkey & Cheese Sandwich Fresh Carrot Sticks Corn Fresh Baby Spinach Fresh Apple	9 🍷*PIZZA DAY: Kempton & Northmont Mandarin Orange Chicken Brown Rice with Mixed Vegetables Fortune Cookie Pizza Protein Bistro Box Cucumber Slices Fresh Romaine Lettuce Diced Pears Fresh Nectarine	10 🍷*PIZZA DAY: Bancroft & Fletcher Hills BRUNCH 4 LUNCH 🍷*Buttery Maple Waffle Chicken Sausage Turkey & Cheese Sandwich Green Beans Fresh Baby Spinach Cherry Tomatoes Fresh Banana	11 🍷*PIZZA DAY: La Presa Elementary & Lemon Ave Fish Tacos Pizza Protein Bistro Box Fresh Jicama Sticks Cabbage Slaw Pico De Gallo Applesauce Farm Fresh Fruit of the Week	12 BBQ Chicken Drumstick Honey Whole Wheat Biscuit Turkey & Cheese Sandwich Caesar Salad Black Beans Fresh Celery Sticks Mixed Fruit Cocktail
15 Popcorn Chicken Turkey & Cheese Sandwich Fresh Carrot Sticks Corn Fresh Baby Spinach Fresh Apple	16 🍷*NACHOS 🍷*Nacho Cheese 🍷*Vegetarian Refried Beans 🍷*Tortilla Chips Pizza Protein Bistro Box Cucumber Slices Fresh Romaine Lettuce Diced Pears Fresh Apple LAST DAY OF SCHOOL	17 	18 	<p><i>What Makes a Lunch</i></p> <p>Select 3-5 Components</p> <div style="display: flex; flex-wrap: wrap; justify-content: space-around;"> <div style="border: 1px solid black; padding: 5px; margin: 5px;">Milk</div> <div style="border: 1px solid black; padding: 5px; margin: 5px;">Grain</div> <div style="border: 1px solid black; padding: 5px; margin: 5px;">Fruit</div> <div style="border: 1px solid black; padding: 5px; margin: 5px;">Veggies</div> <div style="border: 1px solid black; padding: 5px; margin: 5px;">Protein</div> </div> <p>One must be a</p> <div style="display: flex; justify-content: space-around; align-items: center;"> <div style="border: 1px solid black; padding: 5px; background-color: red; color: white;">Fruit</div> AND/OR <div style="border: 1px solid black; padding: 5px; background-color: green; color: white;">Veggies</div> </div>
22 	23 	24 	25 	
29 	30 			
<p>LUNCH is FREE for students EVERY SCHOOL DAY!</p>				



This institution is an equal opportunity provider. Menu subject to change without notice.