



# STOP & THINK ACTIVITY: POSITIVE AND NEGATIVE CONSEQUENCES

There are usually both positive (good) and negative (bad) consequences to every choice we make.

For example, what would happen if your parents told you not to eat any cookies before dinner, but you grabbed a couple while they weren't looking? A positive consequence would be that you got to eat yummy cookies. Some negative consequences would be getting in trouble for disobeying your parents, and ruining your appetite for dinner.

**Directions:** Read one of the **Choice** cards. Write the possible **positive, or good**, consequences of that choice in the "POSITIVE" box. Write the possible **negative, or bad**, consequences of that choice in the "NEGATIVE" box.

POSITIVE

NEGATIVE



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## Choice Card

A classmate dares you to trip another student. What would happen if you do it?

## Choice Card

You have a test tomorrow, but you get invited to play video games at a friend's house. What would happen if you choose to study?

## Choice Card

A classmate wants to copy your homework. What would happen if you let him?

## Choice Card

You and a friend walk into the cafeteria together, and there is only one seat left at the table where you want to sit. What would happen if you choose to sit there?

## Choice Card

The teacher has a bowl of candy on her desk, and she leaves the room for a minute. What would happen if you took some?

## Choice Card

Your best friend tells you that you shouldn't hang out with another friend anymore. What would happen if you choose to still hang out with that other friend anyway?

## Choice Card

Your parent sends you to school with money for milk. What would happen if you choose to spend it on ice cream instead?

## Choice Card

Your friends want to watch a TV show, but you know that you're not allowed to watch it because it's inappropriate. What would happen if you told your friends you didn't want to watch it?

## Choice Card

You go to a sleepover at your friend's house, and you feel like you want to go home in the middle of the night. What would happen if you asked to go home?



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Scissors icons are located at the intersections of the dotted lines: on the left side between the first and second rows, between the second and third rows, and at the bottom center between the first and second columns, and between the second and third columns.