

PARENT UNIVERSITY

@ La Mesa Dale 



Class: Communicating to Connect

EVENING CLASS

Date/Time: September 10th, 6-8p

Location: La Mesa Dale Auditorium
4370 Parks Ave., La Mesa

RSVP: 619-668-5740

TOPIC

Communicating to Connect is part of a series of courses offered through La Mesa Dale's Parent University to support and encourage parents of La Mesa-Spring Valley students. **Communicating to Connect** will address what makes communication with children so complicated at times and strategies for improving communication with your child in a way that builds lasting connections.

ALL PARENT UNIVERSITY CLASSES ARE FREE

CHILDCARE AND DINNER ARE PROVIDED

RSVP to 619-668-5740 by
Friday, September 6th to reserve your
space.

PRESENTER

Dani Womack is City Hope's Founder & Executive Director. City Hope is a community-focused organization that works to address a variety of needs in the community. Specifically, issues such as trauma, domestic violence, homeless resource connection, financial literacy, communication skills. Dani is the mother of three beautiful children and is passionate about strengthening families and community.