

## 26/27 La Mesa Dale PTA Volunteer Opportunities

*Every level of involvement makes a difference! Whether you can help once or regularly, on campus or from home, your time helps strengthen our school community.*

| Opportunity                         | Purpose                                                              | Responsibilities                                                                                                       | Approximate Time Commitment                                                                  | Ongoing | Can Be Done at Home | Time of Day                                                            |
|-------------------------------------|----------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------|---------|---------------------|------------------------------------------------------------------------|
| <b>Run Club Crew</b>                | Encourage student fitness and goal-setting                           | Daily set-up including moving carts, music, and scanning students' lanyards; Fridays add charms to lanyards            | 30 minutes daily; OR 30 minutes on the day of your choice (i.e. Mondays); Fridays 60 minutes | ✓       |                     | Daily before school and Fridays (flexible time)                        |
| <b>Art Squad</b>                    | Bring art experiences into classrooms                                | Teach prepared art lessons (materials and plans provided); set up and clean up art supplies                            | About 60 minutes per lesson, monthly plus prep                                               | ✓       | Prep                | School day, arranged with teacher                                      |
| <b>Campus Beautification Team</b>   | Create a welcoming, joyful campus environment                        | Decorate for events like Red Ribbon Week or Rainbow Dash; campus cleanups; garden cleanups                             | 1–3 hours per event or work session                                                          | ✓       | Prep                | School day, after school, or weekend                                   |
| <b>Rainbow Dash Jog-a-thon</b>      | Support a major school community event                               | Event decorating (balloon arch, flags); prep colored cornstarch bottles; day-of support including materials and snacks | 2-10 hours depending on task                                                                 |         | Prep                | Before school, during event on March 19, 2027, or after school         |
| <b>Garden Volunteer</b>             | Maintain and support the school garden                               | Assist with classroom garden lessons                                                                                   | 1 hour per class visit                                                                       | ✓       |                     | School day                                                             |
| <b>Book Fair</b>                    | Support literacy and a love of reading                               | Set up and break down displays; help students select books; assist with sales and organization                         | 2-4 hour shifts during book fair week                                                        |         |                     | School day and after school, October 19-23, 2026 and April 26-30, 2027 |
| <b>Staff Appreciation Week</b>      | Help create welcoming moments and show appreciation                  | Join the planning committee; donate or bring food or treats for events (coffee, snacks, etc.)                          | Flexible, per event                                                                          |         | ✓                   | Flexible, Staff Appreciation Week of May 3-7, 2027                     |
| <b>Classroom Helper/Room Parent</b> | Support teachers with preparation tasks and facilitate communication | Make copies; cut, staple, and prep materials; communicate with parents                                                 | 30–90 minutes, as needed                                                                     | ✓       | Some tasks          | Flexible                                                               |
| <b>Evening Event Support</b>        | Support evening community events & PTA events                        | Sell tickets or concessions; assist with set-up or clean-up; assist families                                           | 2 hours per event                                                                            |         |                     | Evening                                                                |
| <b>Parents Night Out</b>            | Fun evening for parents to build community and support La Mesa Dale  | Procuring donations; logistics; ticket sales/management                                                                | A few hours per month                                                                        |         | Some tasks          | Event date TBD - April or May 2027                                     |