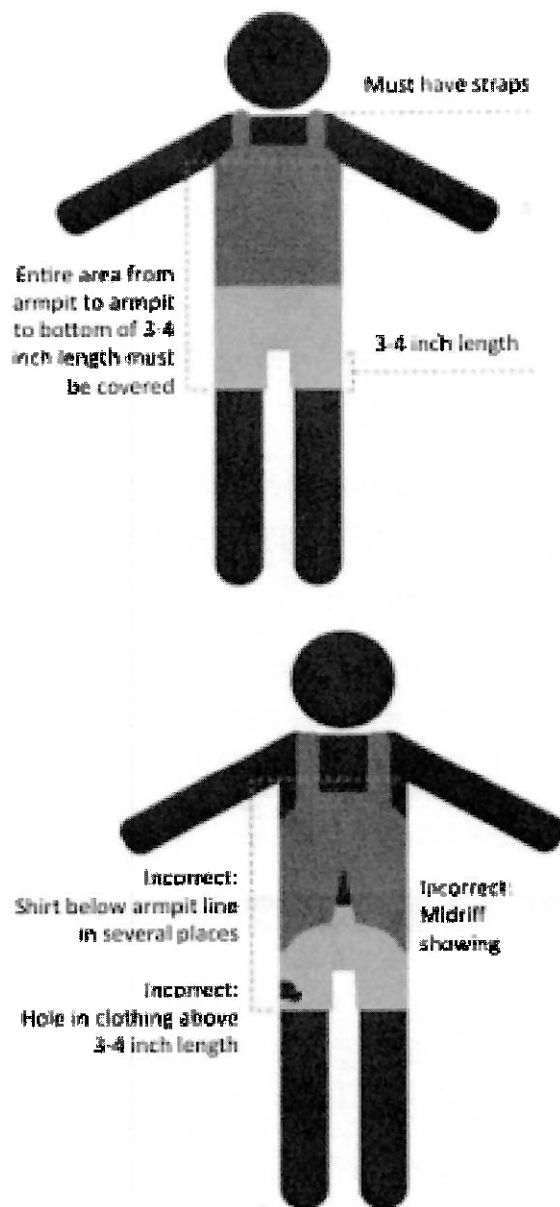


Regulation 5132-R(1): Dress And Grooming La Mesa-Spring Valley School District

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The following guidelines shall apply to all regular school activities:

1. Clothing must cover areas from one armpit across to the other armpit, and extend in length to cover approximately 3 to 4 inches on the upper thighs. Tops must have shoulder straps. Rips or tears in clothing should be below 3 to 4 inches on the upper thighs as referenced above (See pictures below for reference). Undergarments must not be visible.



2. Shoes must be worn at all times and should be safe for the school environment (pajamas, bedroom shoes, or slippers shall not be worn, except for school activities approved by the

principal).

3. See-through, mesh or skin-tight garments must not be worn without appropriate coverage underneath or on top that meet the minimum requirements of the dresscode listed in item #1.
4. Headgear, including hats, caps, hoodies, sunglasses, and other head coverings shall not be worn unless permitted for religious, medical sun protection or other reason by school administration.
5. Clothing and accessories that endanger student or staff safety may not be worn.

Additionally, clothing, jewelry and personal items (backpacks, fanny packs, gym bags, water bottles, etc.):

1. Must not depict, imply, advertise or advocate illegal, violent or lewd conduct, weapons, or the use of alcohol, tobacco, marijuana or any other controlled substance.
2. Must not depict or imply pornography, nudity, or sexual acts.
3. Must not display or imply vulgar, discriminatory or obscene language or images.
4. Must not state, imply or depict hate speech/imagery targeting groups based on race, ethnicity, gender, sexual orientation, gender identity, religious affiliation, or any other protected classification.

The dresscode shall be modified as appropriate to accommodate a student's religious or cultural observance, health condition, or other circumstance deemed necessary by the principal or designee. In addition, the principal or designee may impose dress requirements to accommodate the needs of special school activities, physical education classes, athletic activities, and other extracurricular and cocurricular activities.

No grade of a student participating in a physical education class shall be adversely affected if the student does not wear standardized physical education apparel because of circumstances beyond the student's control. (Education Code 49066)

Students shall be allowed to wear sun-protective clothing, including school appropriate hats, for outdoor use during the school day. (Education Code 35183.5)

Gang-Related Apparel

At individual schools that have a dresscode prohibiting gang-related apparel at school or school activities, the principal, staff, and parents/guardians participating in the development of the school safety plan shall define "gang-related apparel" and shall limit this definition to apparel that reasonably could be determined to threaten the health and safety of the school environment if it were worn or displayed on a school campus. (Education Code 32282)

Because gang-related symbols are constantly changing, definitions of gang-related apparel shall

be reviewed at least once each semester and updated whenever related information is received. As necessary, the school shall collaborate with law enforcement agencies to update definitions of gang-related apparel.

Uniforms

In schools that require a schoolwide uniform, the principal, staff, and parents/guardians of the school shall jointly select the specific uniform to be worn. (Education Code 35183)

At least six months before a school uniform policy is implemented, the principal or designee shall notify parents/guardians of this policy. (Education Code 35183)

Parents/guardians shall also be informed of their right to have their child exempted.

The Superintendent or designee shall establish criteria for determining student eligibility for financial assistance when purchasing uniforms.

Students who participate in a nationally recognized youth organization shall be allowed to wear organization uniforms on days when the organization has a scheduled meeting. (Education Code 35183)
