

SET YOURSELF APART **RIDE ABOVE**

EMPOWERING YOUTH, BUILDING STRONGER COMMUNITIES

SEPTEMBER 24TH–NOVEMBER 12TH, 2025

(every Wednesday night from 6:00 p.m. – 7:30 p.m.)

STEAM ACADEMY

1001 Leland Street, Spring Valley

Empowering Youth to Make Positive Choices

- Mentorship: Connecting youth with positive role models.
- Education: Workshops on conflict resolution, leadership, and career planning.
- Community Engagement: Involvement in community service projects and events.

PROGRAM DETAILS:

- Program Duration: 8 Weeks
- Free program – no cost
- Parent attendance is required in all sessions
- Age Group: 9–12 years old
- Dinner included

**TAKE THE FIRST STEP TOWARDS A BRIGHTER FUTURE.
SIGN UP TODAY!**

CONTACT:

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SIGN UP

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PROGRAM GOALS

- Promote positive peer relationships.
- Empower youth with life skills and opportunities.



WHO CAN JOIN

Age Group: 9-12 years old



ACTIVITIES & TOPICS:

- **Week 1:** Introduction— Meet our deputies, learn about the program, and play fun games.
- **Week 2:** Gang Prevention – Learn about the dangers of gangs from our Crime Suppression Team.
- **Week 3:** Human Trafficking – Learn about dangers and signs of human trafficking, from our Human Trafficking Task Force.
- **Week 4:** Mental Wellness – Focus on mental health with PERT.
- **Week 5:** Sports Activity – Engage in fun sports drills with STAR / PAL.
- **Week 6:** Drugs/Alcohol/Tobacco – Awareness sessions with deputies and the DEA.
- **Week 7:** Anti-bullying – Session with San Diego Youth Services on anti-bullying, and Mini Golf provided by SD Nights.
- **Week 8:** Graduation – Celebrate achievements with a special graduation ceremony.

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- www.sdsheriff.gov/community/rise-above

How to Get Involved

- Volunteer Opportunities: Information for adults interested in mentoring or supporting the program.
- Partnerships: Invitation to local businesses and organizations to collaborate.

Collaborating Partners:

- STAR / PAL
- DEA
- Target
- Chick-fil-A
- SD Parks and Rec
- San Diego Youth Services
- Kiwanis Club of SV
- Spring Valley Lions Club
- New Seasons Church



SIGN UP



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