

SET YOURSELF APART **RIDE ABOVE**

EMPOWERING YOUTH, BUILDING STRONGER COMMUNITIES

APRIL 22ND- JUNE 10TH 2026

(EVERY WEDNESDAY NIGHT FROM 6:00P.M.-7:30P.M.)

STEAM ACADEMY

1001 Leland St., Spring Valley CA

Empowering Youth to Make Positive Choices

- Mentorship: Connecting youth with positive role models.
- Education: Workshops on conflict resolution, leadership, and career planning.
- Community Engagement: Involvement in community service projects and events.

PROGRAM DETAILS:

- Program Duration: 8 Weeks
- Age Group: 9-12 years old
- Free program – no cost
- Dinner included
- Parent attendance is required in all sessions

**TAKE THE FIRST STEP TOWARDS A BRIGHTER FUTURE.
SIGN UP TODAY!**

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PROGRAM GOALS

- Promote positive peer relationships.
- Empower youth with life skills and opportunities.



WHO CAN JOIN

Age Group: 9-12 years old



TOPICS COVERED:

- **Week 1:** Introduction— Meet our deputies, learn about the program, and play fun games.
- **Week 2:** Human Trafficking – Learn about Human Trafficking locally.
- **Week 3:** Physical Wellness: Build healthy habits with the SD Youth Services CAT Program.
- **Week 4:** Mental Wellness – Focus on mental health with PERT.
- **Week 5:** Gang Prevention – Learn about the dangers of gangs.
- **Week 6:** Drugs/Alcohol/Tobacco – Awareness sessions with the DEA.
- **Week 7:** Anti-bullying and Internet Safety– Detective from ICAC and Mini Golf provided by SD Nights.
- **Week 8:** Graduation – Celebrate achievements with a special graduation ceremony.

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- www.sdsheriff.gov/community/rise-above



SIGN UP

How to Get Involved

- Volunteer Opportunities: Information for adults interested in mentoring or supporting the program.
- Partnerships: Invitation to local businesses and organizations to collaborate.



LEARN MORE



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YOUTH SERVICES**

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