AGENDA

BOARD OF EDUCATION MEETING

LA MESA-SPRING VALLEY SCHOOL DISTRICT

SPECIAL SESSION: Wednesday, November 7, 2012 - 5:00 P.M. PLACE: Education Service Center, 4750 Date Avenue, La Mesa, CA

OPENING PROCEDURE

- 1. Call to Order
- 2. Pledge of Allegiance
- 3. Establishment of Quorum

COMMUNICATIONS

APPROVAL OF AGENDA

Action

HEARING

1. Public Hearing – Matters Specified on this Agenda

A hearing session will be announced for anyone who wishes to address the Board. In accordance with state law for special meetings, the public will be given the opportunity to speak at this meeting only on matters specified on this agenda.

Each speaker who wishes to address the Board must complete a *Request to be Heard* card (located on the table near the entrance) and submit it to the Board President or the Recorder prior to the opening of the meeting. Speakers shall be allotted no more than three (3) minutes each for their remarks. A yellow card will be shown when the speaker has one minute remaining and a red card when time is up.

REPORTS OF OFFICERS OF THE BOARD

1. Board Study Session

Information

CSBA Facilitated Discussion regarding Student Health and Wellness

 Link to Learning

NOTE: Items scheduled for the 5:00 p.m. Board Study Session not concluded by 7:00 p.m. may be continued into the regular meeting.

ADJOURNMENT

* Items may be removed from the Consent Calendar for separate action.

In compliance with the Americans with Disabilities Act, if you need special assistance, disability-related modifications or accommodations, including auxiliary aids or services, in order to participate in the public meetings of the District's Governing Board, please contact the office of the District Superintendent at 619-668-5700. Notification 72 hours prior to the meeting will enable the District to make reasonable arrangements to ensure accommodation and accessibility to this meeting. Upon request, the District shall also make available this agenda and all other public records associated with this meeting in appropriate alternative formats for persons with a disability.

In compliance with Government Code Section 54957.5, non-exempt writings that are distributed to a majority or all of the Board of Education in advance of their meetings may be viewed at the Education Service Center located at 4750 Date Avenue, La Mesa, California 91941. In addition, if you would like a copy of any record related to an item on the agenda, please contact Barbara Martinez, Board Recording Secretary, at 619-668-5700, Ext. 6383 or e-mail: barbara.martinez@lmsvsd.k12.ca.us

Board of Education agendas and minutes are, by law, public documents. Please note the La Mesa-Spring Valley School District posts Board agendas and minutes on the Internet.

La Mesa-Spring Valley School District GOVERNING BOARD AGENDA November 7, 2012

PREPARED BY: Brian Marshall

Superintendent

ITEM NUMBER: H-1 Public Hearing

Board Study Session: CSBA Facilitated Discussion regarding Student

Health and Wellness

A hearing session will be announced for anyone who wishes to address the Board related to a CSBA facilitated discussion regarding *Student Health and Wellness*.

Each speaker who wishes to address the Board must complete a *Request to be Heard* card (located on the table near the entrance) and submit it to the President of the Board of Education or the Recorder prior to the opening of the meeting. Speakers shall be allotted no more than three (3) minutes each for their remarks. A yellow card will be shown when the speaker has one minute remaining and a red card when time is up.

Please note that Government Code 54952.2 prohibits the Board from taking action or discussing anything that is not on this agenda. Therefore, the Board will not be able to comment on any topic that is not on this evening's agenda.

La Mesa-Spring Valley School District GOVERNING BOARD AGENDA November 7, 2012

PREPARED BY: Brian Marshall

Superintendent

ITEM NUMBER: R-1 REPORTS OF OFFICERS OF THE BOARD

Board Study Session - CSBA Facilitated Discussion regarding Student

Health and Wellness – Link to Learning

The California School Boards Association (CSBA) is in receipt of a grant from The California Endowment for the purpose of facilitating Board Study Sessions revolving around student wellness and learning.

Luan Rivera, CSBA consultant, contacted the District and offered to facilitate a Board Study Session around this topic. She was aware of our District's work in wellness with various partners, including City of La Mesa, San Diego Youth Services and Walk San Diego, among others.

At the regular meeting of October 2, 2012, the Board agreed to meet in a Study Session to review what the District has already accomplished in the area of wellness and explore goals the District would like to accomplish next.

Invitations to attend this Study Session were sent to community partners and District association representatives in an effort to allow all groups to participate and be heard.