



Choosing your Primary Care Provider

Choosing your Performance HMO Primary Care Provider (PCP).

The CS VEBA Performance HMO Plan separates doctors and hospitals into three distinct networks (Network 1, Network 2 and Network 3). Networks are based on each participating provider group's quality outcomes and health care costs. A key decision in managing your health is choosing your primary care provider (PCP) from one of the 3 Performance Plan networks. Using the grids shown below, you would first review and select your network (1, 2 or 3), then choose the medical group within your county. Once you decide on the medical group, you can choose a PCP that best meets your health care needs by visiting myuhc.com®.

Network 1 *

Group Name	Group #	Group Name	Group #
KERN COUNTY		Lakeside Medical Group/Central/North Valley	024671
Bakersfield Family Medical Center	004209	Lakeside Medical Group/Central/Santa Clarita	024677
GEMCARE-Delano Regional Medical Group	025188	Lakeside Medical Group/Central/Verdugo Hills	024681
Heritage Physician Network	007665	Lakeside Medical Group/East/Glendale	024674
LOS ANGELES COUNTY		Lakeside Medical Group/East/San Gabriel Valley	024686
Alamitos Independent Physicians Association	010217	Lakeside Medical Group/East/West Covina	024675
AppleCare Medical Group Downey Region	015967	Lakeside Medical Group/West/Tarzana	024684
AppleCare Medical Group Select Region	025327	Lakeside MG/West/West Hills/Canoga Park	024683
AppleCare Medical Group Whittier Region	021736	Independent Physicians Association, Inc.	005225
HealthCare Partners Bixby Knolls	028435	Magan Medical Clinic/HCP Affiliated Provider Network	028445
HealthCare Partners San Fernando Holy Cross	028440	Monarch Long Beach	027882
HealthCare Partners IPA Northridge	028416	Omnicare Medical Group	014498
HealthCare Partners IPA Talbert Medical Group	028461	Physicians Associates IPA/HCP Glendale	028437
HealthCare Partners IPA East West	028411	Physicians Associates IPA/HCP Huntington	028434
HealthCare Partners Medical Group Santa Anita	028764	Pacific Independent Physician Associates	005274
HealthCare Partners Medical Group Valencia	028414	Physicians Associates IPA/HCP Citrus	028428
HealthCare Partners Talbert Medical Group L.A. County	028463	Physicians Associates IPA/HCP San Gabriel	028422
HealthCare Partners IPA Arcadia	028404	Physicians Associates IPA/HCP Methodist	028451
HealthCare Partners IPA East Los Angeles	028399	Physicians Associates IPA/HCP San Dimas	028419
HealthCare Partners IPA Glendale	028401	Pioneer Provider Network A Medical Group Inc.	015848
HealthCare Partners IPA Los Angeles County	028393	Regal Medical Group/PSI	020670
HealthCare Partners IPA Long Beach	028454	Regal Medical Group/Burbank/Glendale	017556
HealthCare Partners IPA – Little Company of Mary	028436	Regal Medical Group/Caduceus	019793
HealthCare Partners IPA Pasadena	028410	Regal Medical Group/Central Valley Region	012410
HealthCare Partners IPA San Fernando Valley	028423	Regal Medical Group/Chino Valley	017553
HealthCare Partners IPA San Fernando Valley West	028460	Regal Medical Group/Downey	017547
HealthCare Partners IPA San Gabriel Valley	028388	Regal Medical Group/Downtown Los Angeles Region	014163
HealthCare Partners IPA South Bay	028417	Regal Medical Group/East San Gabriel	017555
HealthCare Partners Medical Group	028459	Regal Medical Group/Glendale Physicians Alliance	023187
HealthCare Partners Medical Group Pasadena Main	028391	Regal Medical Group/Greater Covina	017778
HealthCare Partners Medical Group San Fernando Valley	028442	Regal Medical Group/Long Beach	017552
HealthCare Partners South Bay	028403	Regal Medical Group/San Bernardino	020668
HealthCare Partners Medical Group Long Beach	028455	Regal Medical Group/San Gabriel Region	014888
High Desert Medical Group	003804	Regal Medical Group/St. Francis	017551
Lakeside Medical Group/Central/Burbank/North Hollywood	024664	Regal Medical Group/West Valley	017554
Lakeside Medical Group/Central/Central Valley	024670	Regal Medical Group/Whittier	017550
Lakeside Medical Group/Central/Glendale	024662	Seoul Medical Group Inc.	019881

Network 1 * (continued)

Group Name	Group #
Sierra Independent Physicians Association	023025
Sierra Medical Group Clinic	023023
St. Vincent Medical Group IPA	014697
Torrance Hospital IPA	026488
ORANGE COUNTY	
ADOC/Fountain Valley Division	025400
ADOC/Los Alamitos Division	025401
American Vietnamese (AMVI)	012130
Daehan Prospect Medical Group	027362
Family Choice Medical Group Inc.	019394
HealthCare Partners Talbert Medical Group Anaheim	028427
Memorial Healthcare/Anaheim	014414
Memorial Healthcare IPA/Orange Coast	014010
MemorialCare Medical Group	025679
Monarch/Anaheim Memorial Medical Center	016734
Monarch Mission	018634
Monarch/Orange Coast	013782
Monarch/Orange County	014905
Monarch/Saddleback Memorial Hospital	004789
Monarch/San Clemente	013944
Monarch/South Coast	002278
Noble AMA Independent Physicians Association	016335
Northwest Orange County MG/Anaheim Division	008631
Prospect Gateway MG in Association with Anaheim Memorial	014548
Prospect Genesis Healthcare	014904
Prospect Northwest Orange County Medical Group/ Anaheim Division	011567
Regal Medical Group/North Orange County	018831
RIVERSIDE COUNTY	
Desert Oasis Healthcare	021796
Empire Physicians Medical Group Inc.	018657
PrimeCare/Citrus Valley	021243
PrimeCare/Corona	005232
PrimeCare/Hemet Valley	009023
PrimeCare/Moreno Valley	003111
PrimeCare/Riverside	008331
PrimeCare/Sun City	004140
PrimeCare/Temecula	006657
Regal Medical Group/Riverside	021553
Regal Medical Group/Temecula	020950
Riverside Medical Clinic Inc.	014897
Tri-Valley Medical Group	026432
Valley Physicians Network	026405

Group Name	Group #
SAN BERNARDINO COUNTY	
Alliance Desert Physicians	024628
Beaver Medical Group	027825
Chaffey Medical Group	027892
Desert Oasis Healthcare	021796
Desert Valley Medical	027411
Dignity Health Medical Group	028433
Family Practice Medical Group of San Bernardino	001011
Heritage Victor Valley Medical Group	013471
Lakeside Medical Group East Pomona	024679
Pinnacle Medical Group	027850
Premier Healthcare IPA	027648
PrimeCare/Chino Valley	004661
PrimeCare/Inland Valley	006045
PrimeCare/Redlands	001026
PrimeCare/San Bernardino	019383
Redlands-Yucaipa Medical Group Inc.	027828
Regal Medical Group/APSI	020670
Regal Medical Group/Pomona Valley	017553
Regal Medical Group/San Bernardino	020668
SAN DIEGO COUNTY	
Arch Health Partners	025063
Borrego Springs Direct Contracting Network	017812
Cassidy Medical Group/PCAMG	014748
Encompass Medical Group Inc.	016390
Imperial County Physicians Medical Group	004164
Primary Care Associated Medical Group	006039
Primary Care Associated Medical Group/Encinitas	016223
Rady Children's Health Network	014411
Sharp Community Medical Group/Chula Vista	006129
Sharp Community Medical Group/Coronado	014128
Sharp Community Medical Group/Graybill	015882
Sharp Community Medical Group/Graybill N Coastal	025448
Sharp Community Medical Group/Grossmont	006130
Sharp Community Medical Group/Inland North	014174
Sharp Community Medical Group/Metro	004395
Sharp Rees-Stealy Medical Group Inc.	001035
VENTURA COUNTY	
Lakeside Medical Group/West/Agoura Hills	024672
Lakeside Medical Group/West/Simi Valley	024682
Lakeside Medical Group/West/Thousand Oaks	024678
Regal Medical Group/Ventura County	021557
Valley Care Independent Physicians Association	021331
Valley Care Select IPA/West County	025530

Network 2*

Group Name	Group #	Group Name	Group #
KERN COUNTY		SAN BERNARDINO COUNTY	
Golden Empire Managed Care II A Medical Group Inc.	025190	Beaver Medical Group	027825
Heritage Physician Network	007665	Choice Medical Group	004800
LOS ANGELES COUNTY		Choice Medical Group/Barstow	021837
Access Medical Group Inc.	010246	Heritage Victor Valley Medical Group	013471
Access Santa Monica Independent Physicians Association	025517	Loma Linda University Health Care	004470
Allied Physicians of California	012244	My Family Medical Group	002517
Axminster Medical Group Inc.	012143	PrimeCare/Chino Valley	004661
Centinela Valley IPA Medical Group	014696	PrimeCare/Inland Valley	006045
Family Care Specialists IPA A Medical Group	020004	PrimeCare/Redlands	001026
HealthCare Partners Medical Group Santa Anita	028764	PrimeCare/San Bernardino	019383
High Desert Medical Group	003804	Promed Health Network/Pomona Valley	003447
Korean American Medical Group	019863	San Bernardino Medical Group	019198
Prospect Professional Care IPA Medical Group	014722	St. Mary High Desert Medical Group	027647
Prospect Professional Care IPA Montebello	017270	Upland Medical Group	017771
St. Mary Independent Physicians Association	018753	SAN DIEGO COUNTY	
Sierra Independent Physicians Association	023025	Rady Children's Health Network	014411
Sierra Medical Group Clinic	023023	Greater Tri-Cities IPA Medical	014889
ORANGE COUNTY		Imperial County Physicians Medical Group	004164
Edinger Medical Group	026621	Mercy Physicians Medical Group	004602
Greater Newport Physicians/Hoag Hospital	026603	Mid-County Physicians Medical Group	024783
Greater Newport Physicians/Orange Coast	026695	Multicultural Primary Care Medical Group Inc.	007932
Greater Newport Physicians/Saddleback 026693	026693	San Diego Physicians Medical Group	005375
RIVERSIDE COUNTY		VENTURA COUNTY	
Family Seniors Medical Group	014899	Facey Medical Foundation/Simi Valley	025614
Hemet Community Medical Group	014586	SeaView Independent Physicians Association	005141
Menifee Valley Community Medical Group	015031		
PrimeCare/Temecula	006657		
Prime Partners Medical Group	019004		
Prospect Medical Group/Corona	017807		
Riverside Physician Network	005171		
Temecula Valley Physicians Medical Group	021941		

Network 3*

Group Name	Group #	Group Name	Group #
KERN COUNTY		Prospect Medical Group/Huntington Beach	011597
Golden Empire Managed Care II A Medical Group Inc.	025190	Prospect Medical Group/North	003948
Heritage Physician Network	007665	St. Joseph Heritage Medical Group	018346
LOS ANGELES COUNTY		St. Joseph Hospital Affiliated Physicians	018347
Access Medical Group Inc.	010246	St. Jude Affiliated Physicians	018344
AppleCare Medical Group/Downey Region	015967	St. Jude Heritage Medical Group	018342
AppleCare Medical Group/Select Region	025327	RIVERSIDE COUNTY	
AppleCare Medical Group/ St Francis	014692	Family Seniors Medical Group	014899
AppleCare Medical Group/Whittier Region	021736	Hemet Community Medical Group	014586
Bright Health Physicians of PIH Group	023247	Menifee Valley Community Medical Group	015031
Bright Health Physicians of PIH IPA	005679	Prime Partners Medical Group	019004
Cedars-Sinai Health Associates	012532	Primecare of Temecula	006657
Cedars-Sinai Medical Group	006952	Prospect Medical Group Corona	017807
Exceptional Care Medical Group	017465	Riverside Physician Network	005171
Exceptional Care Medical Group/Mubuhay	021250	Temecula Valley Physicians Medical Group	021941
Facey Medical Foundation	001010	SAN BERNARDINO COUNTY	
Facey Medical Foundation/Santa Clarita	015870	Beaver Medical Group	027825
Facey Medical Group/San Gabriel	004928	Choice Medical Group	004800
Good Samaritan Medical Practice Associates	005273	Choice Medical Group/Barstow	021837
Harbor UCLA Medical Foundation	026365	Heritage Victor Valley Medical Group	013471
High Desert Medical Group	003804	Loma Linda University Health Care	004470
Nuestra Familia Medical Group Inc.	011315	My Family Medical Group	002517
Physicians Healthways	019677	PrimeCare/Chino Valley	004661
Premier Physicians Network	005169	PrimeCare/Inland Valley	006045
Premier Physicians Network/San Fernando Valley	020614	PrimeCare/Redlands	001026
Prospect Health Source Medical Group	016209	PrimeCare/San Bernardino	019383
Prospect Medical Group/Van Nuys	017615	Promed Health Network/Pomona Valley	003447
Providence Care Network	026251	San Bernardino Medical Group	019198
Prudent Medical Group	022732	St. Mary High Desert Medical Group	027647
Sierra Independent Physicians Association	023025	Upland Medical Group	017771
Sierra Medical Group Clinic	023023	SAN DIEGO COUNTY	
UCLA Medical Group/Santa Monica Bay Physicians	025465	Rady Children's Health Network	014411
UCLA Medical Group IPA	016998	Imperial County Physicians Medical Group 004164	004164
ORANGE COUNTY		San Diego Physicians Medical Group	005375
Edinger Medical Group	026621	Scripps Coastal Medical Center	023659
Greater Newport Physicians/Long Beach	026678	UCSD Medical Group	004589
Mission Internal Medical Group	025036	VENTURA COUNTY	
Mission Hospital Affiliated Physicians	018352	Facey Medical Foundation/Simi Valley	025614
Prospect Medical Group/Central	011276	SeaView Independent Physicians Association	005141



Visit myuhc.com

Find your PCP using the online Provider Directory.

Search for a PCP or other health care professional by name, specialty or ZIP Code. The easy-to-use online provider directory puts participating/contracting providers at your fingertips. You can even get driving directions and print a map to the doctor's office.

To find a participating/contracting health care provider in your Performance HMO network:

1. Go to **welcometouhc.com/csveba**.
2. Under **Wondering if your doctor is in our network?** Click on **"Find A Network Doctor or Hospital"**.
3. Select the appropriate plan(s): **"CS VEBA Performance HMO Networks 1, 2 or 3"**.
4. Enter your **ZIP code** and click **Continue**.
5. On the next page, click the **X** in the top right corner. Now you can search by **Name, specialty or Medical Group**.

Why a PCP is important.

Having a PCP is an important way to help you stay healthy. You and your PCP will work as a team, along with nurses, pharmacists, and other health care providers, to manage your overall health. Your PCP will get to know you and your current health status. If your health changes, your PCP will be more likely to recognize it, as he or she will be familiar with you and your medical history. Your PCP can use this knowledge to advise you on appropriate treatments, and help you make medical decisions that suit your lifestyle and daily habits.

If you don't have a PCP, or you're not comfortable with the doctor you have, think about choosing a new one.

Steps to consider when choosing your doctor.

Figure out what kind of doctor will best meet your needs.

- **Family and general practitioners** care for a wide range of health concerns. They may be able to treat family members of any age.
- **Internists** treat adults and may have additional training in specialties such as cardiology.
- **Pediatricians** provide care to children and adolescents.
- **Geriatricians** specialize in the care of older adults.

*Based on 2016 updated cost and quality assessments, medical groups may be available in more than one CS VEBA Performance HMO network. For additional details on your medical group please refer to the UnitedHealthcare website at www.myuhc.com. Please note that UnitedHealthcare cannot guarantee the continuing participation or network level of medical groups and physicians listed in this brochure. To verify a medical group or physician's continued participation, please visit our online provider directory, or contact a UnitedHealthcare Customer Care professional at 1-888-586-6365. Health plan coverage provided by or through UnitedHealthcare of California. Administrative services provided by UnitedHealthcare Services, Inc.; Optum Rx, Inc.; or OptumHealth Care Solutions, Inc. Behavioral health products are provided by U.S. Behavioral Health Plan, California (USBHPC); or United Behavioral Health (UBH).

