

All 5 Components are Offered Daily








- Milk, Fluid
- Meat/Meat Alternate
- Fruit
- Vegetable
- Grains/Breads

CACFP MENU

September 2019

STEAM Academy @LP
 Spring Valley Academy
 Rancho Bancroft
 Highlands

La Presa Elementary
 La Mesa Dale
 Casa De Oro
 Avondale
 Kempton

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 <p>LABOR DAY</p>	<p>3</p> <p>TOSTITOS SCOOPS (1 each) SALSA (1/2 cup) STRING CHEESE (2 each) ORANGE WEDGES (2 wedges)</p> <p>MILK (8 oz)</p>	<p>4</p> <p>CORN DOG (1 each) GREEN BEANS (1/2 cup) APPLESUACE (1 each) MILK (8 oz)</p> 	<p>5</p> <p>CHEESE BREADSTICKS (2 each) PINTO BEANS (1/2 cup) MIXED FRUIT (1/4 cup)</p> <p>MILK (8 oz)</p>	<p>6</p> <p>MINI PANCAKES (1 each) STRING CHEESE (2 each) CARROTS, CANNED (1/2 cup) FRESH APPLES (1 each) MILK (8 oz)</p> 
<p>9</p> <p>COOL RANCH DORITOS (1 each) STRING CHEESE (2 each) CORN (1/2 cup) FRESH APPLES (1 each)</p> <p>MILK (8 oz)</p>	<p>10</p> <p>BAKED CHEETOS (1 each) STRING CHEESE (2 each) MILK (8 oz) ROMAINE LETTUCE (1 cup) ORANGE WEDGES (2 wedges)</p> 	<p>11</p> <p>CHICKEN TENDERS (3 each) GREEN BEANS (1/2 cup) APPLESUACE (1 each)</p> <p>MILK (8 oz)</p>	<p>12</p> <p>TACO SNACK (1 each) PINTO BEANS (1/2 cup) MIXED FRUIT (1/4 cup)</p> <p>MILK (8 oz)</p>	<p>13</p> <p><u>BUILD YOUR OWN SALAD –</u> DICED CHICKEN (2 oz) CROUTONS (1 oz) ROMAINE LETTUCE (1 cup) SHREDDED CHEESE (.5 oz) FRESH APPLES (1 each)</p> <p>MILK (8 oz)</p>
<p>16</p> <p>NACHO CHEESE DORITOS (1 each) STRING CHEESE (2 each) CORN (1/2 cup) FRESH APPLES (1 each)</p> <p>MILK (8 oz)</p>	<p>17</p> <p>TOSTITOS SCOOPS (1 each) SALSA (1/2 cup) STRING CHEESE (2 each) ORANGE WEDGES (2 wedges)</p> <p>MILK (8 oz)</p>	<p>18</p> <p>CORN DOG (1 each) GREEN BEANS (1/2 cup) APPLESUACE (1 each)</p> <p>MILK (8 oz)</p>	<p>19</p> <p>CHEESE BREADSTICKS (2 each) PINTO BEANS (1/2 cup) MILK (8 oz) MIXED FRUIT (1/4 cup)</p> 	<p>20</p> <p>MINI PANCAKES (1 each) STRING CHEESE (2 each) CARROTS, CANNED (1/2 cup) FRESH APPLES (1 each)</p> <p>MILK (8 oz)</p>
<p>23</p> <p>COOL RANCH DORITOS (1 each) STRING CHEESE (2 each) CORN (1/2 cup) FRESH APPLES (1 each) MILK (8 oz)</p> 	<p>24</p> <p>BAKED CHEETOS (1 each) STRING CHEESE (2 each) ROMAINE LETTUCE (1 cup) ORANGE WEDGES (2 wedges)</p> <p>MILK (8 oz)</p>	<p>25</p> <p>CHICKEN TENDERS (3 each) GREEN BEANS (1/2 cup) APPLESUACE (1 each)</p> <p>MILK (8 oz)</p>	<p>26</p> <p>TACO SNACK (1 each) PINTO BEANS (1/2 cup) MIXED FRUIT (1/4 cup)</p> <p>MILK (8 oz)</p>	<p>27</p> <p><u>BUILD YOUR OWN SALAD –</u> DICED CHICKEN (2 oz) CROUTONS (1 oz) ROMAINE LETTUCE (1 cup) SHREDDED CHEESE (.5 oz) FRESH APPLES (1 each) MILK (8 oz)</p>
<p>30</p> <p>NACHO CHEESE DORITOS (1 each) STRING CHEESE (2 each) CORN (1/2 cup) FRESH APPLES (1 each)</p> <p>MILK (8 oz)</p>				

This institution is an equal opportunity provider.
 . Menu Subject to Change.

All grains served are whole grain rich.
 NF Chocolate milk and 1% White milk offered daily.