LA MESA-SPRING VALLEY SCHOOLS

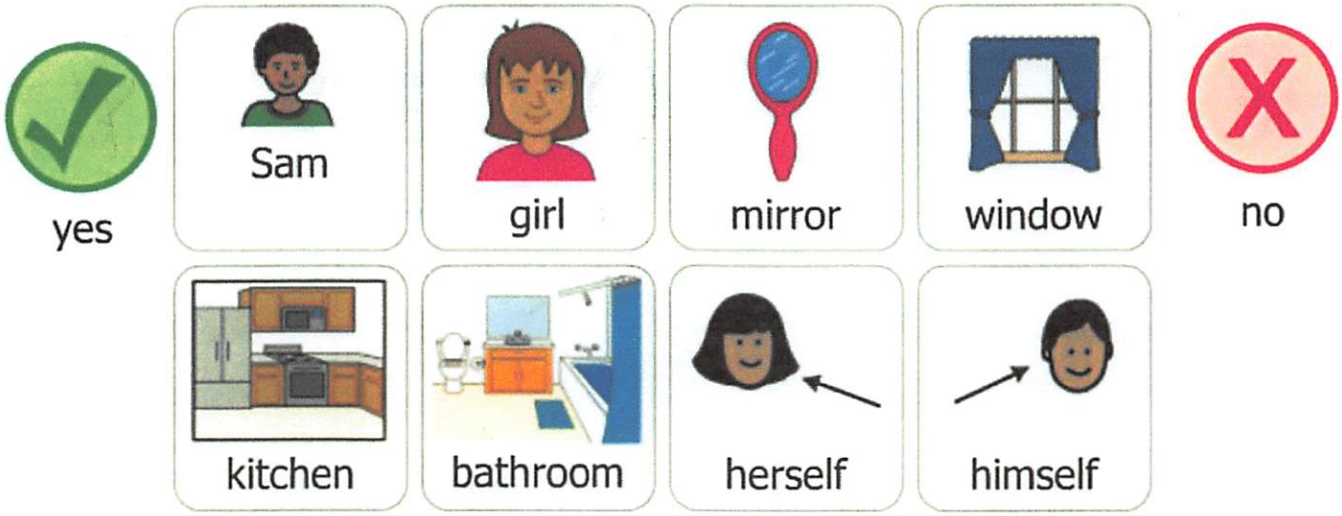
4750 Date Avenue
La Mesa, CA 91942
619 668-5700
www.lmsvschools.org

HOME INDEPENDENT WORK PACKET

SDC BLUE GROUP A

PACKET 2 APRIL 27 - MAY 8

Before reading: review decoding page and vocabulary words.
While reading: Big text that is underlined is what the student reads, small text is what the adult needs to read.
First read: Focus on decoding/fluency, note any words your child has trouble with. After reading review words your child struggled with and review those words multiple times until fluent. Remember, tricky (sigh words) you just have to remember/say them you cannot sound them out. Once your child is able to fluently read those words, go back to the text and underline those words and read just those words.
Second and third reading: focus on answering comprehension questions. Use visual supports below if needed (point to 2-4 options with each question if choices needed).



BA

CHAPTER 2

Me

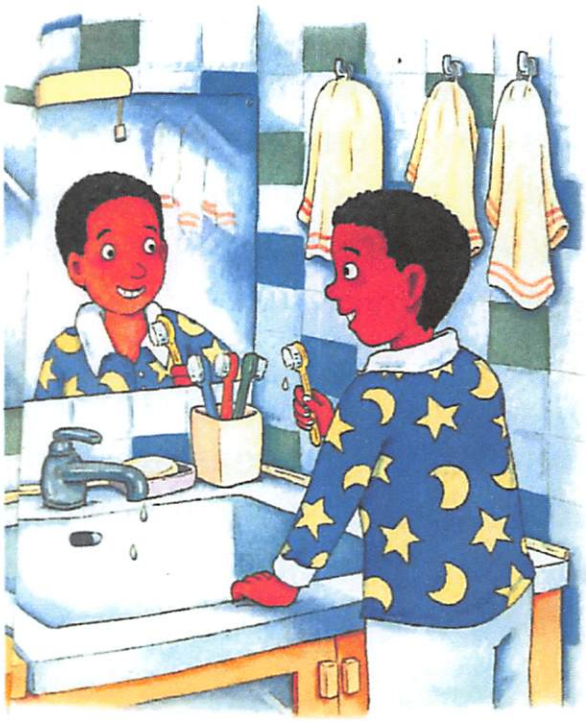
I am Sam.

See me.

I see me.

Me, me, me.

In this story, who is "me?" (Sam)
What is Sam looking at? (A mirror)
Who does he see in the mirror? (Himself)
That's why he says, "I see me."



CHAPTER 3

Seuss on the Loose

Dr. Seuss is on the loose with rhymes for us, like "hop on pop" and "pup in cup."

Rhymes are words that end the same. Now you can rhyme like Dr. Seuss.

ee see

I see me.

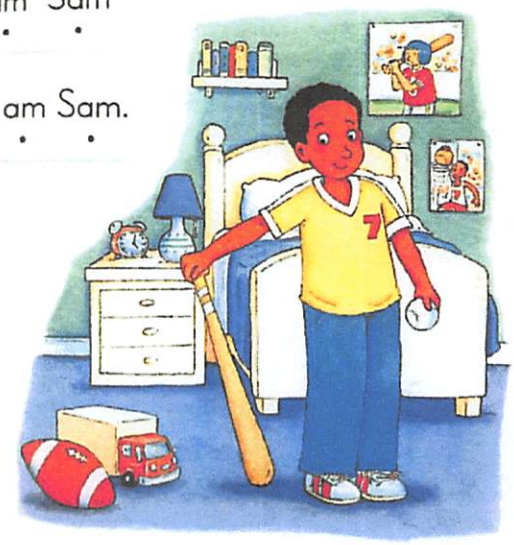
Look at the picture. Who is this part of the story about? (A girl)
What does she see? (Herself)
Which words rhyme? ("See," "me")

Try one more rhyme with "am" and "Sam."

Rhymes are words that end the same. Now you can rhyme like Dr. Seuss.

am Sam

I am Sam.



Look at the picture. Who is this part of the story about? (A boy)
What is his name? (Sam)
Which words rhyme? ("Am," "Sam")

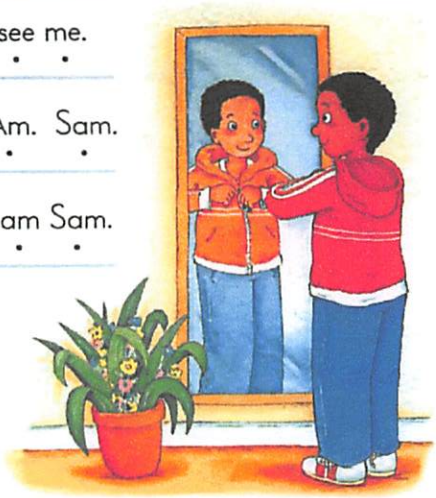
Now you can read a rhyme!

Eee. See.

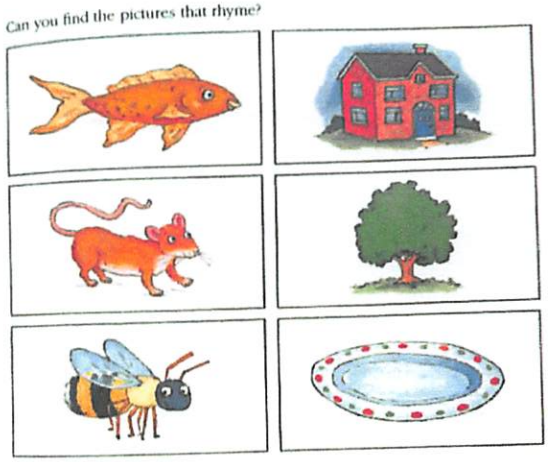
I see me.

Am. Sam.

I am Sam.



Can you find the pictures that rhyme?



Point to the fish. Now point to the dish.
"Fish" and "dish" rhyme because they both end with ... ("ish").
Point to the mouse. Now point to the house.
"Mouse" and "house" rhyme because they both end with ... ("ouse").
Point to the bee. Now point to the tree.
"Bee" and "tree" rhyme because they both end with ... ("ee").

Point to the mouse. Now point to the picture that rhymes with "mouse."
The word is ... ("house").
Point to the bee. Now point to the picture that rhymes with "bee."
The word is ... ("tree").
Point to the fish. Now point to the picture that rhymes with "fish."
The word is ... ("dish").

CHAPTER 4

I'm Sam

What do you think the story is about? (Words that rhyme)

am

Sam

Mam

What are the rhyming words? ("Am," "Sam," "Mam")
Can you think of other words that rhyme with "am"? ("Ham," "jam," "lamb," "Pam," "ram," "Tam")

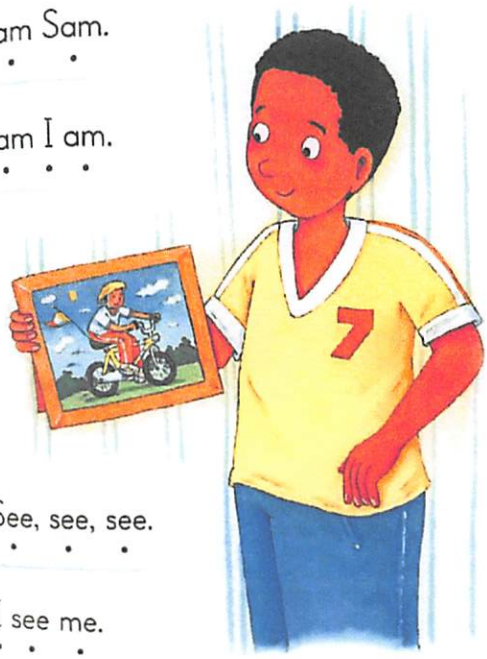
me

see

What are the rhyming words here? ("Me" and "see")
Can you think of other words that rhyme with "me"?
("She," "we," "bee," "he," "sea," "key," "knee," "tree," "tea")

I am Sam.

Sam I am.



See, see, see.

I see me.

BA

UNIT 4 DECODING PRACTICE 4

(See Daily Lesson Planning for story suggestions.)

1. SOUND REVIEW Demonstrate an appropriate pace. Have students read the sounds in each row.

Pacing	a	S	m	e	A

●	A	m	ee	a	s	M
✿	e	S	A	ee	m	a
♥	M	e	a	s	A	m
✈	a	M	ee	A	e	S

2. SOUNDING OUT SMOOTHLY For each word, have students sound out the word in one smooth breath, then read the word. Demonstrate if needed.

■	am	me	I'm

■■	Sam	seem	Am

3. DAILY STORY READING

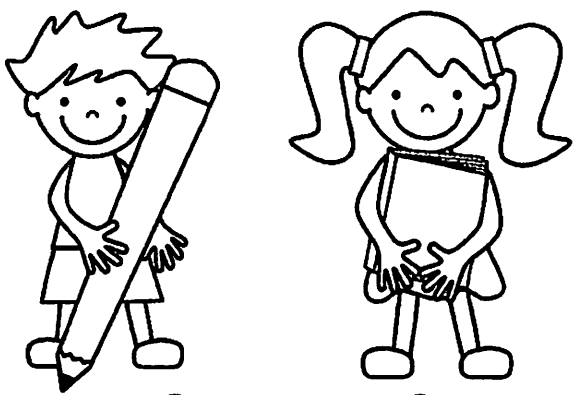
BA

Date _____

©2019, Sarah Griffin

10 Activities to Practice Sight Words at Home:

- **Popsicle Sticks** - Write the sight words on popsicle sticks. Write "DYNAMITE" on a couple sticks. Put them in a jar. Pull them out one-by-one, read the word. If you pull dynamite, you have to put them all back in the jar.
- **Magnetic Letters**- use magnetic letters to build the words
- **Sight Word Hunt** - search for & read sight words hung around the house.
- **Sight Word War** - Playing with a partner, use 2 stacks of sight word cards, each player flips over a card. Whoever reads the word first keeps the cards. Person with most cards wins!
- **Shaving Cream** - Write the words in a dab of shaving cream on the table.
- **Legos**- Use dry erase markers to write sight words on the side of legos, and place them in a pile. Call out a word, have your child find the lego with that word, and add to the tower.
- **Flashlight Tag** with sight words on the wall
- **Sight Word Tallies** - Write 5 sight words on a piece of paper. Search through books and magazines, and put tally marks next to the words as you find the words.
- **Playdoh** - Use playdoh to form the letters and build the sight words.
- **Flashcards** - Write the words on index cards, review 5-10 a night.

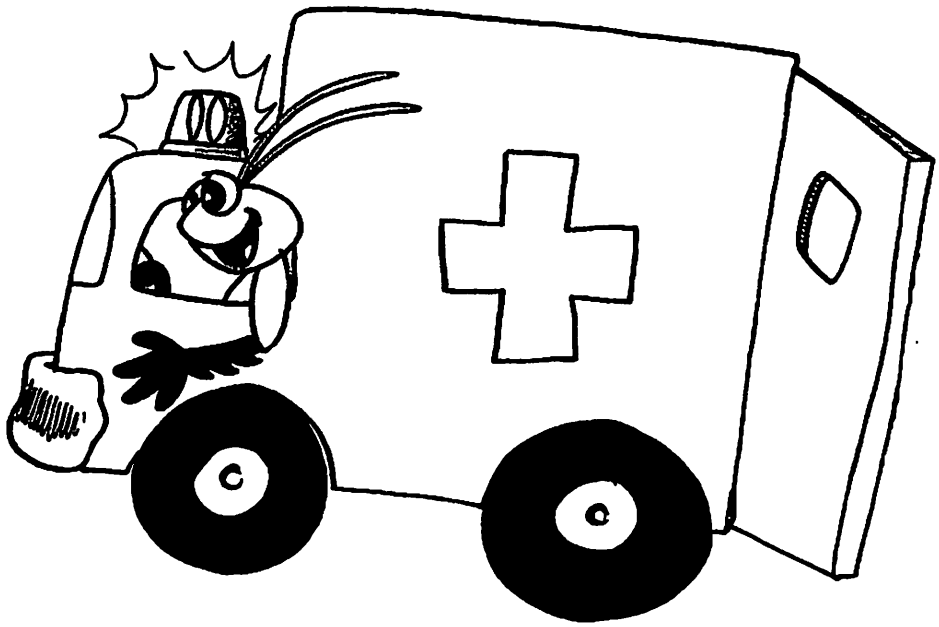


BA

UNIT 4 SKILL WORK ACTIVITY 1
SOUND PAGE: For use after Story 1

Name _____

A a



A A A

a

a

© Sopris West Educational Services. All rights reserved.

UNIT 4 COMPREHENSION WORK ACTIVITY 2

For use after Story 2

★ Sentence Completion

I am. . .

Sentence Illustration

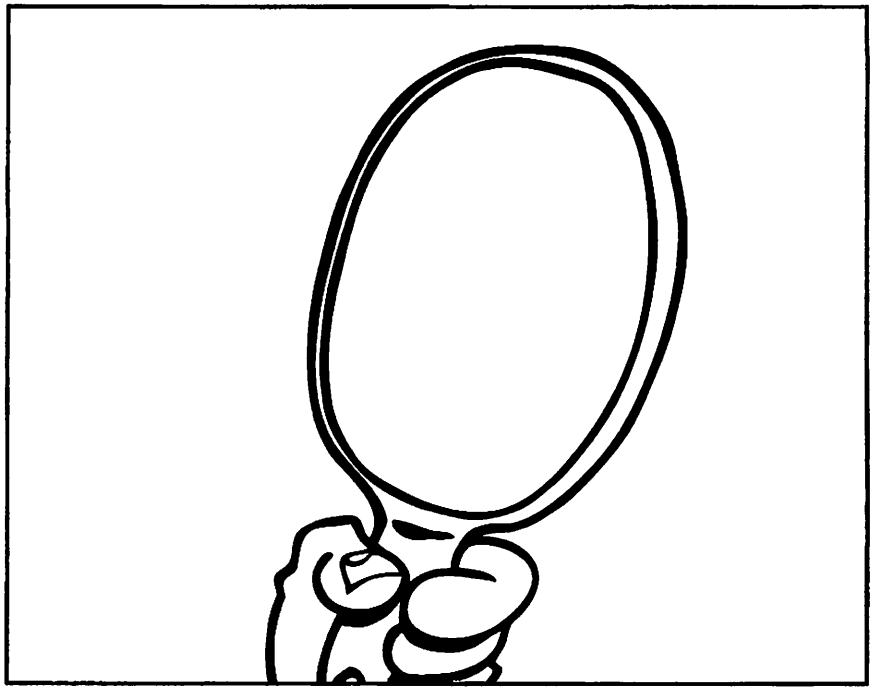
Have students read "I am" and write their names on the lines. Then have students draw a picture of themselves.

Name _____ ♥

★ Sentence Copying

I see me.

Sentence Illustration



Have students read, trace, and write "I see me." Then have students draw a picture of themselves in the mirror.

© Sopris West Educational Services. All rights reserved.

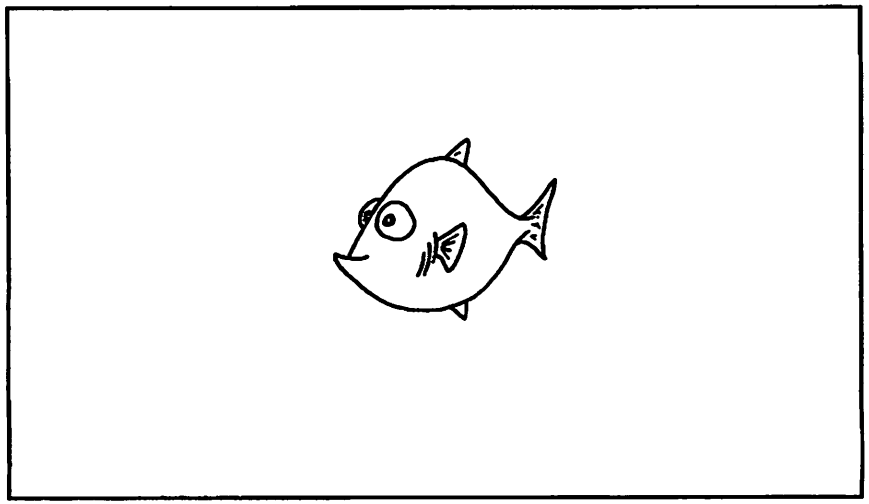
© Sopris West Educational Services. All rights reserved.

UNIT 4 COMPREHENSION WORK ACTIVITY 3

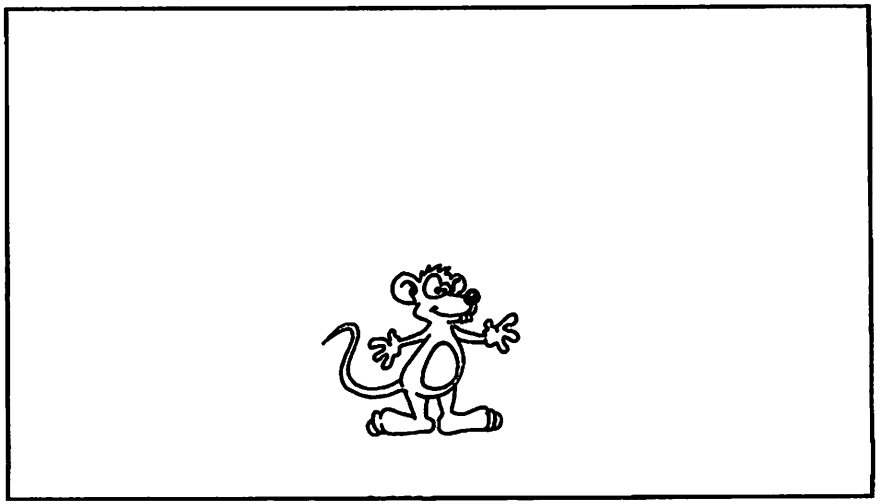
For use after Story 3

Sentence Illustration

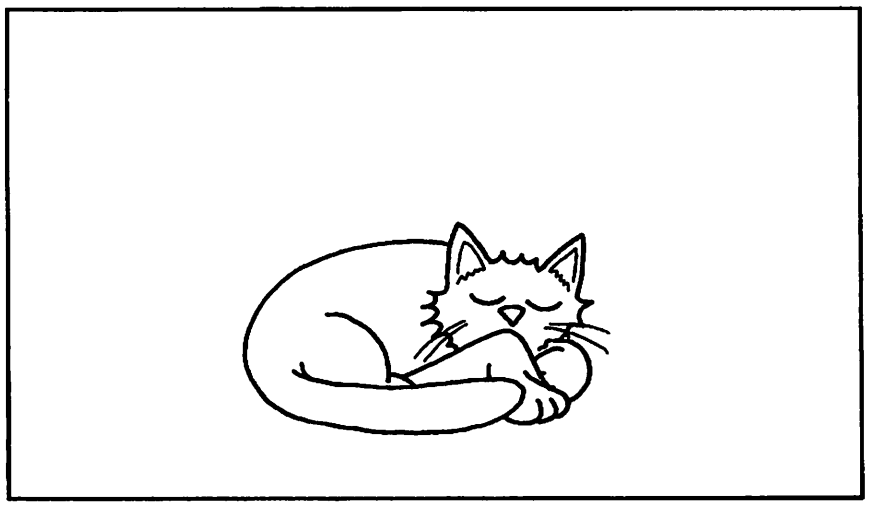
Name _____



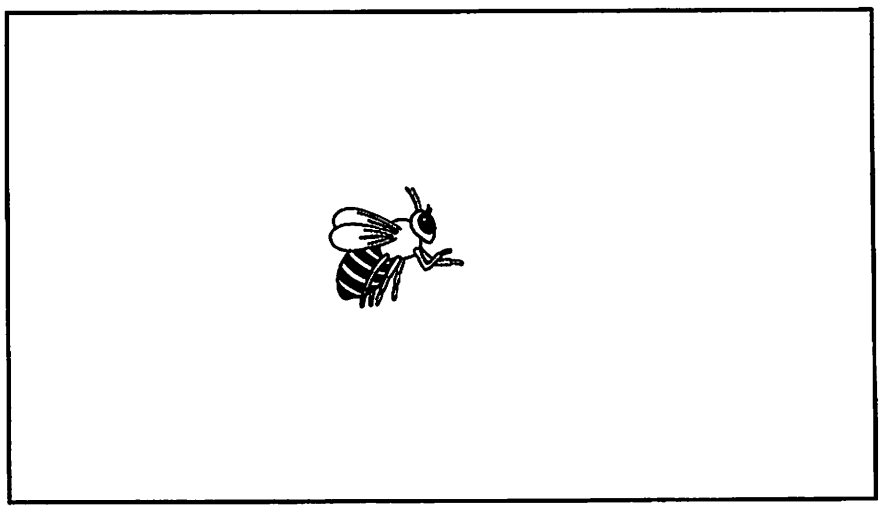
Have students draw the fish in a dish.



Have students draw the mouse in a house.



Have students draw a hat on the cat.



Have students draw the bee in a tree.

Name _____ ✿

Ⓐ ⓐ

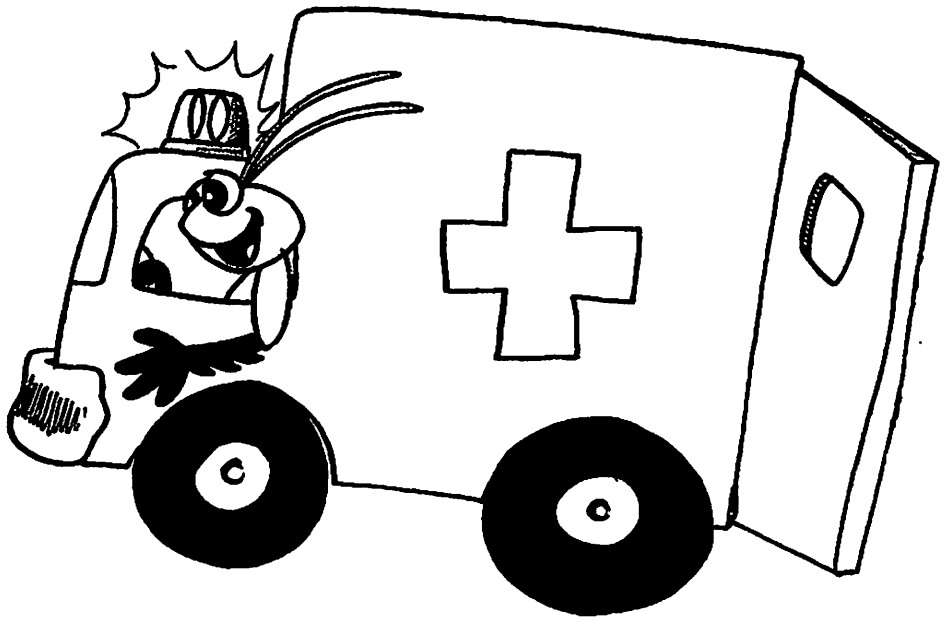
A as in Ant

Capital letter A, small letter a,

A says aaa.

Ant in an ambulance,

A, a, aaa.



© Sopris West Educational Services. All rights reserved.

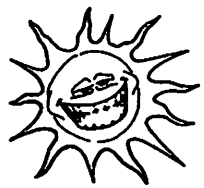
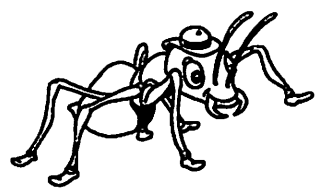
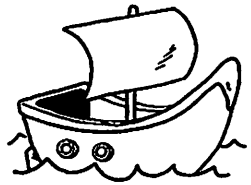
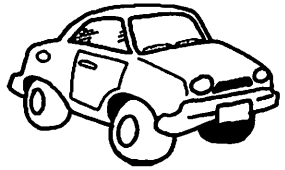
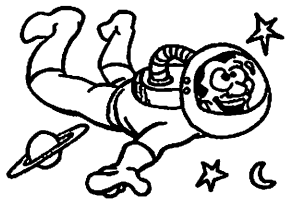
UNIT 4 SKILL WORK ACTIVITY 5
HEARING SOUNDS: For use after Story 5

Name _____ ☆

© Sopris West Educational Services. All rights reserved.

Beginning Sound

For each row, have students write the sound. Then have them color or circle the picture that BEGINS with that sound.

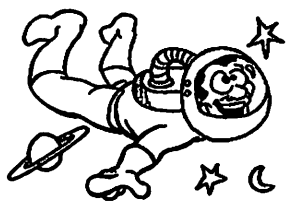
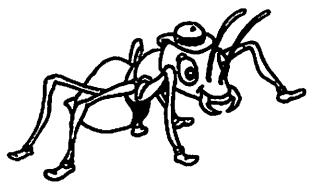
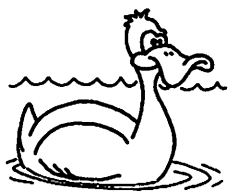
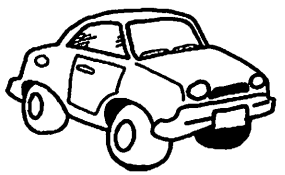
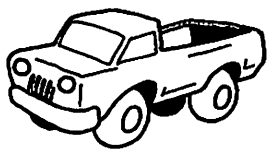
a	(a) – –				
m	(m) – –				
A	(A) – –				
a	(a) – –				

UNIT 4 SKILL WORK ACTIVITY 6
HEARING SOUNDS: For use after Story 6

Name _____

Beginning Sound

For each row, have students write the sound. Then have them color or circle the picture that BEGINS with that sound.

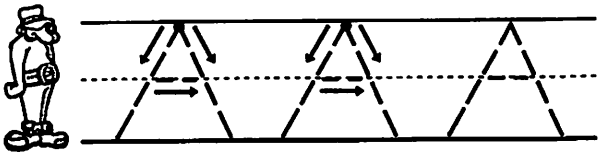
a	(a) – –			
A	(A) – –			
M	(M) – –			
S	(S) – –			

© Sopris West Educational Services. All rights reserved.

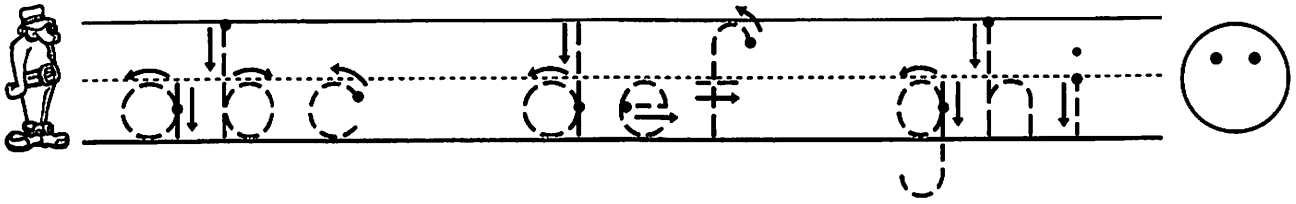
UNIT 4 SKILL WORK DAY 2
Handwriting

Name _____

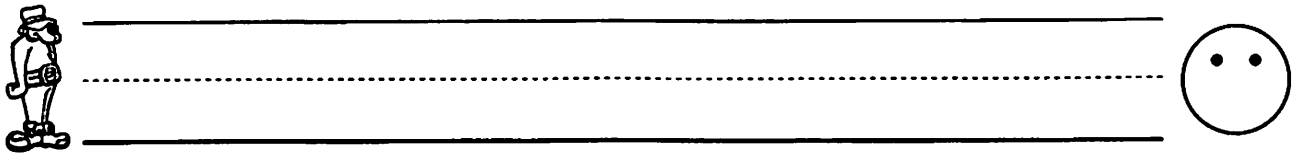
Have students trace each letter, starting at the dot and going down. Then have students write the letters on their own.

1 

Have students trace the letters, check and correct, then complete the happy face when they've done their best work.

2 

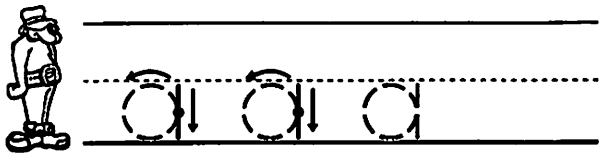
Have students copy the letters from Row 2, check and correct, then complete the happy face when they've done their best work.

3 

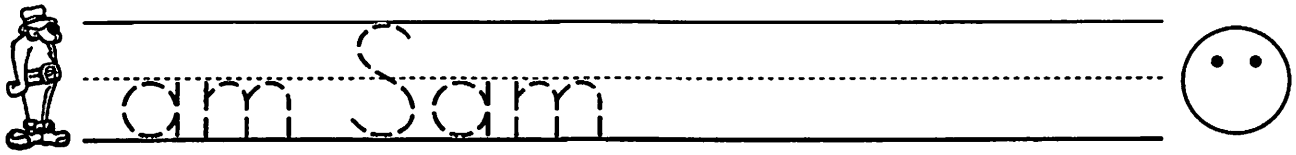
UNIT 4 SKILL WORK DAY 3
Handwriting

Name _____

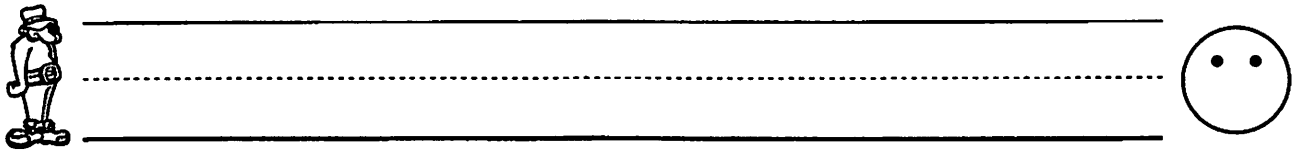
Have students trace each letter, starting at the dot and going left. Then have students write the letters on their own.

1 

Have students trace the words, check and correct, then complete the happy face when they've done their best work.

2 

Have students copy Row 2, check and correct, then complete the happy face.

3 

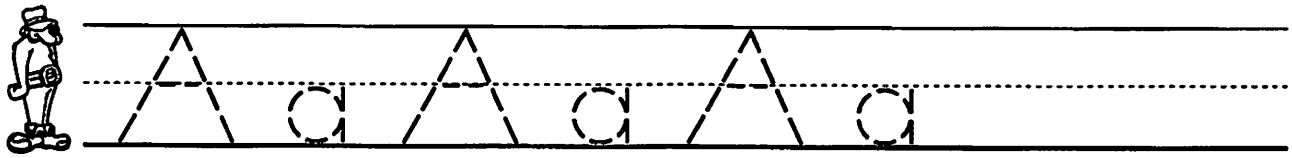
Copyright 2010 Cambium Learning Sopris West®. All rights reserved. Permission is granted to reproduce this page for student use.

BA

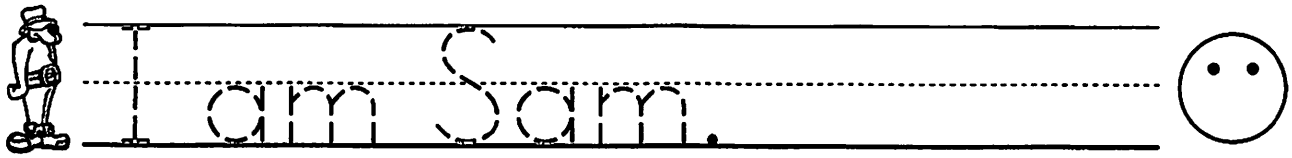
UNIT 4 SKILL WORK DAY 4
Handwriting

Name _____

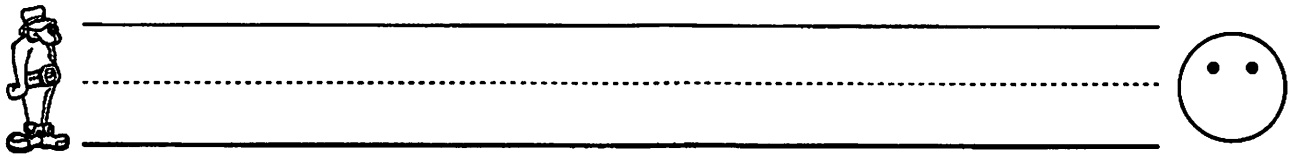
Have students trace each letter set.

1 

Have students trace "I am Sam." Then have them check and correct and complete the happy face when they've done their best work.

2 

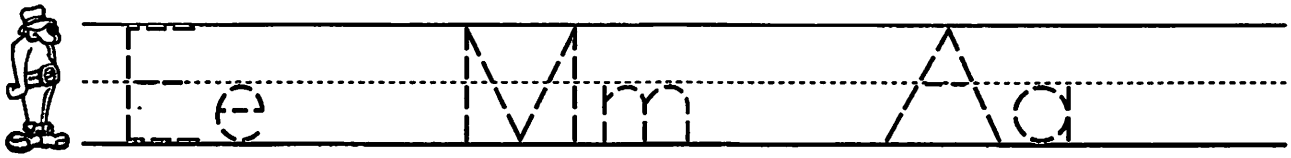
Have students write "I am Sam." Then have them check and correct and complete the happy face when they've done their best work.

3 

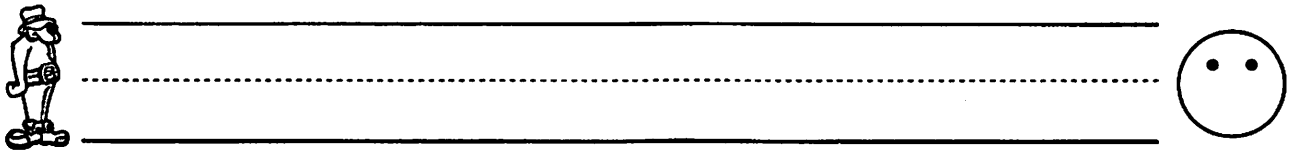
UNIT 4 SKILL WORK DAY 5
Handwriting

Name _____

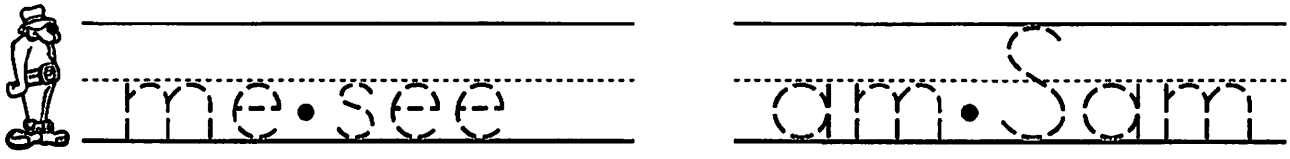
Letter Review: Have students trace each letter set.

1 

Have students copy the letters from Row 1, check and correct, then complete the happy face when they've done their best work.

2 

Have students trace the rhyming sets and identify what's the same about them.

3 

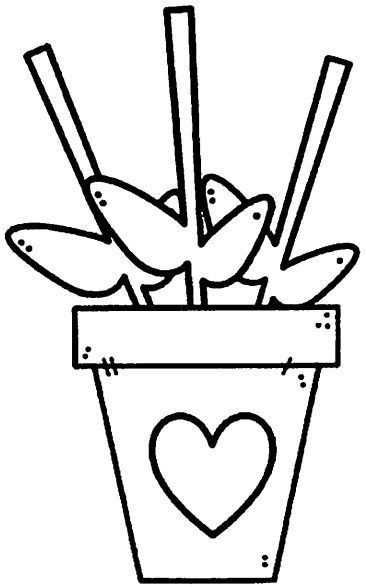
Copyright 2010 Cambium Learning Sopris West®. All rights reserved. Permission is granted to reproduce this page for student use.

Name _____

Build it and Write

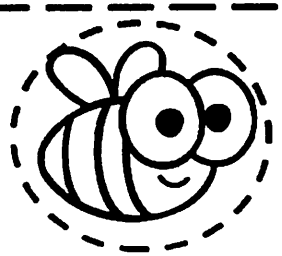
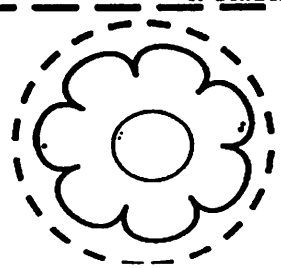
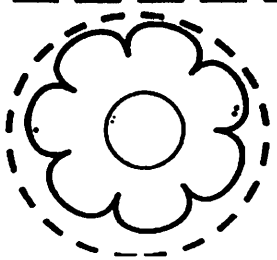
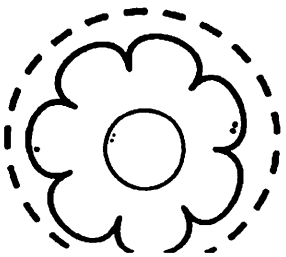
bee leaves

heart pot



My flowers

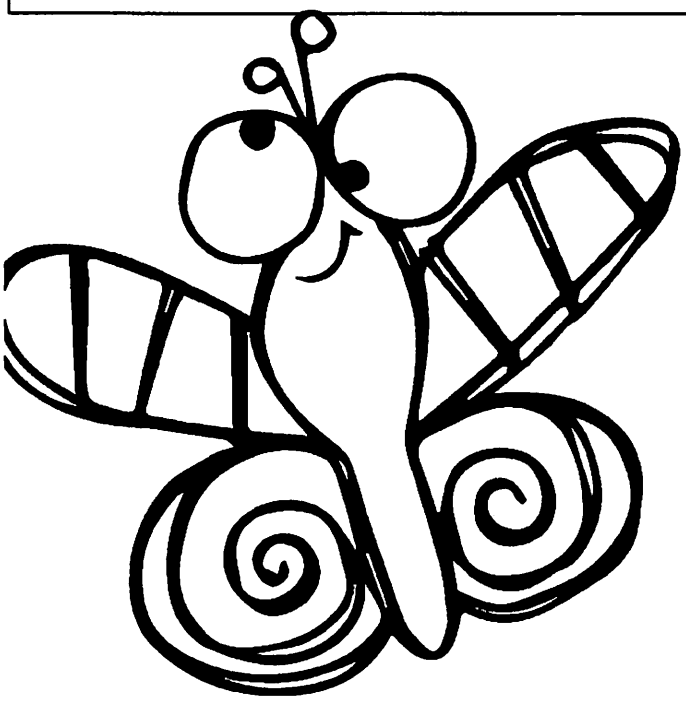
Created by Brenda Tejeda ©2015 http://www.teacherspayteachers.com/Store/Brenda-Tejeda

Name_____

Date_____

Spring Daily Quick Writes



Monday

If you were a butterfly, what color would you be? Where would you live?

Tuesday

What does it feel like to get stung by a bee? Do you think it hurts the bee?

Wednesday

Would you rather help with yard work or clean your room? Why?

Thursday

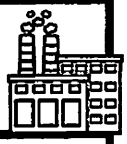
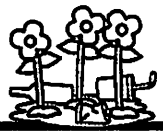
What would you do if you could spend a day with your mom when she was your age? Tell at least two things.

Friday

What would you do and where would you go if you were Spiderman for a day?

Name _____

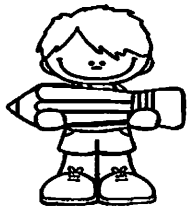
Hurting or Helping?

recycle	plant new trees	pollute the air 
compost	too much garbage	 litter

I hurt the Earth when I

I help the Earth when I

©Keeping My Kiddo Busy, LLC 2020 keepingmykiddobusy.com All Rights Reserved

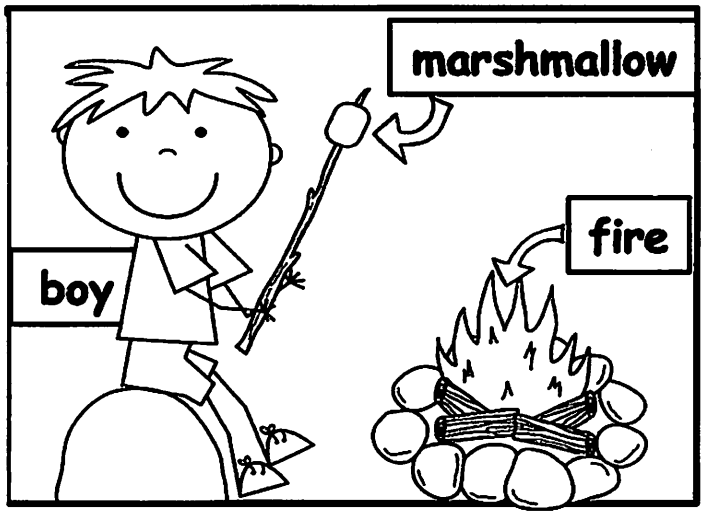


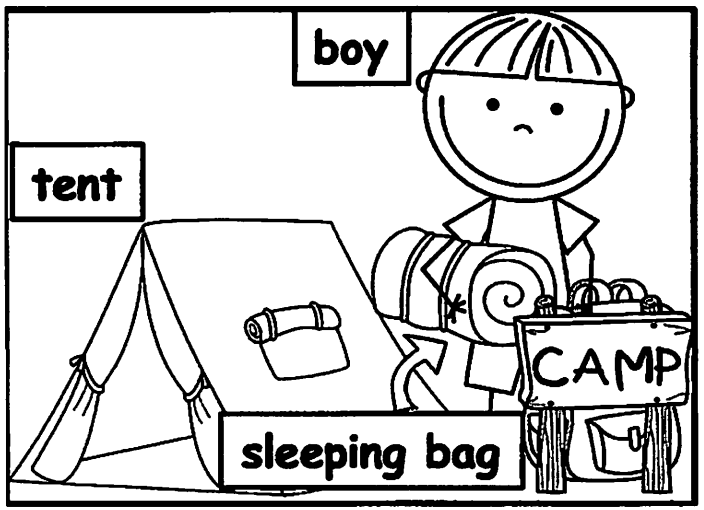
I Love to Write!

Name _____

I see

I see





©Nancy Wilcox Richards

Name: _____

APRIL CHOICE BOARD

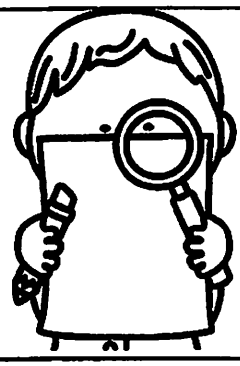
Do you like spring flowers? Why or why not?	What do you like to do for fun on a rainy day?	Have you ever played a trick on someone?	The best game to play outside during spring is...	Do you ever miss winter when spring starts?
How do you take care of the Earth?	How do you know that it's springtime?	What's your favorite part about spring?	Have you ever seen a butterfly? Describe it!	Which spring animal would you like to be and why?
If you caught a butterfly, what would you do with it?	My favorite place to go during spring is...	Describe a flower! Be sure to include what it looks like.	Would you want to plant a garden? Why or why not?	What is the weather like during spring?
If you could plant a garden, what would be in it?	What are some sounds you hear during spring?	What are some clothes you wear during spring?	When I see baby animals I think of...	Describe a bumble bee.

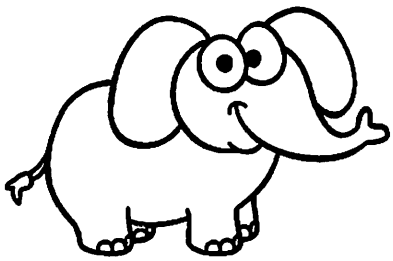
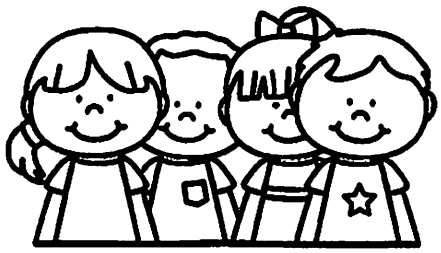
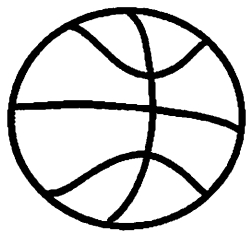
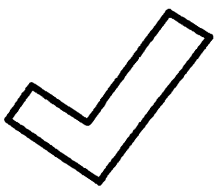
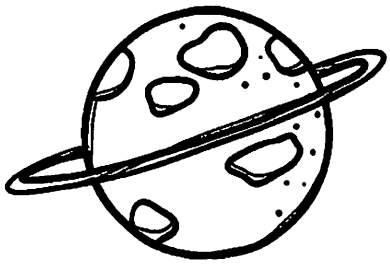
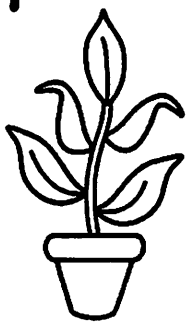
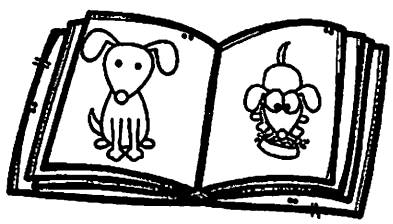
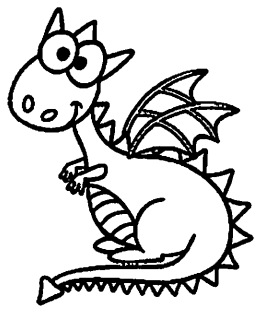
101 Fine Motor Ideas

1. Use a hole punch to punch a certain number of holes in a piece of paper.
2. Use a pipette to transfer water from one container to another.
3. Stack small wooden blocks into the tallest tower you can make.
4. Stretch and place loom bands on jumbo craft sticks.
5. Pick up craft pom poms with jumbo child tweezers.
6. Peel small stickers up and fill up a pre-drawn shape with them.
7. Practice opening and closing pink foam hair curlers.
8. Push pipe cleaners through the holes in a colander.
9. String pony beads on a crazy straw.
10. Squeeze a turkey baster and try to blow a cotton ball across the table.
11. Water plants with a squeeze water sprayer.
12. Braid yarn to make Rapunzel hair and then use scissors to cut the hair.
13. Peel a hard-boiled egg at snack time.
14. Make a paper chain.
15. Roll strips of paper on a pencil to make them curly.
16. Hide dry beans in a pile of playdoh then search for them.
17. Play with clay instead of playdoh.
18. Use nuts and bolts from the Hardware store in the building center.
19. Stack and build with small cups.
20. Button and unbutton clothes on a doll.
21. Use a geoboard to build shapes with rubber bands.
22. Use legos to make the letters of the alphabet.
23. Glue Velcro dots on the end of craft sticks. Build something with the sticks.
24. Sprinkle confetti onto a table. Use wide paintbrushes to sweep the confetti into a certain area.
25. Put magnetic letters inside Easter eggs. Open an egg, name the letter, and close the egg.
26. Write numerals on pieces of cardboard. Clip that many clothespins on the cardboard.
27. Turn over a sand timer and see how many paper clips you can clip to a sheet of paper before time is up.
28. Make a necklace using yarn and uncooked ziti noodles.
29. Stick a piece of uncooked spaghetti into a ball of playdoh so that it sticks up straight. Place pony beads on the spaghetti to make a pattern.
30. String large and small paper clips together to make a long chain.
31. Mix up a variety of padlocks and keys. See how quickly you can get each lock open by using the correct keys.
32. Set out an ice cube tray, child tweezers, and a bowl of pom poms. See how quickly you can pick up one pom pom at a time and place it in a section of the ice cube tray until the whole tray is full.
33. Stick toothpicks in a styrofoam ball to make a porcupine.
34. Have a Matchbox car wash with small toothbrushes, soap, and water.
35. Tear paper and make a mosaic picture out of it.
36. Soak some sponges and wring them out seeing how dry you can get them.
37. Roll tissue paper into balls and glue each ball down on a page.

Read Across America

Scavenger Hunt

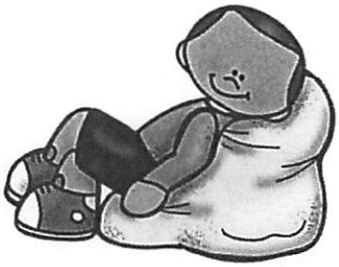
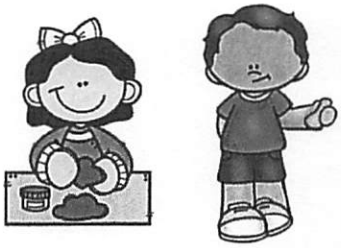


A book about animals 	A book with people 	A book about sports 
A book with real facts 	A book about outer space 	A funny book
A book about plants 	A book with no words 	A fantasy book 

www.BrendaTejeda.com

BA

When I feel mad or frustrated, I can...

count to 10 slowly	sit in a bean bag 	breathe in & out slowly & deeply
hug a stuffed animal	draw a picture	think happy thoughts
do some exercises	push on a wall	use playdoh or putty 

BA

STRATEGIES I CAN USE TO GET TO THE GREEN ZONE

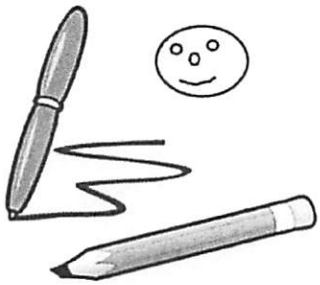
Drink water

Eat a snack

Take 5 deep breaths

Take a break

Draw/ Color



Listen to my favorite song

Read a good book

BA

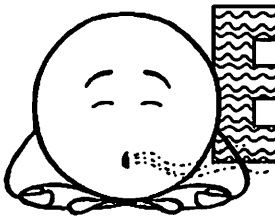
CALM-A-LLAMA SCAVENGER HUNT

How many can you complete?

- ❑ Wear headphones and clean your room to your favorite songs.
- ❑ Snuggle in a cozy blanket & watch a movie.
- ❑ Sleep with a super soft stuffed animal.
- ❑ Fall asleep to spa music.
- ❑ Learn some new jokes & try them out.
- ❑ Color with new markers.
- ❑ Learn to make a new recipe that you love.
- ❑ Just sit & watch people in public.
- ❑ Learn & try progressive muscle relaxation.
- ❑ Stretch your arms up to the sky, hold while counting to 15. Release.
- ❑ Try a new hobby.
- ❑ Make shapes with play-doh.
- ❑ Play with kinetic sand.
- ❑ Stretch all of your muscles.
- ❑ Talk to an animal.
- ❑ Take a bubble bath.
- ❑ Take a nature walk.
- ❑ Balance on one leg and time it.
- ❑ Read a book in quiet in your bed.
- ❑ Try a yoga pose.
- ❑ Daydream in the dark.
- ❑ Make a list of things or people that make you feel grateful.

The Counseling Teacher Brandy © 2019

BA



BREATHING

MINDFUL BREATHING:

Think of something that you love or that is a blessing in your life. Use your 5 senses to think about it more deeply. Does it have a smell, a taste, or a feeling? Can you hear or see it? Think of those things for a moment.
Now, take in a deep breathe while repeating the name of this blessing.
Breathe out slowly while imagining this thing that brings you joy.
Repeat this each day with a new blessing

IN - HOLD - OUT BREATHING

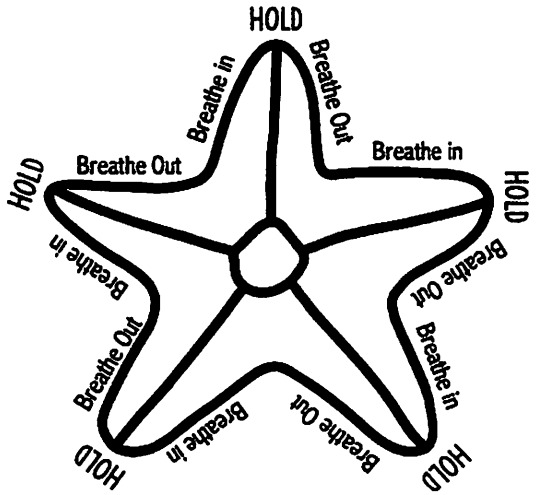
Inhale through your nose while counting to 5
Hold it while counting to 6
Exhale through your mouth while counting to 7

SQUEEZE AND BREATHE

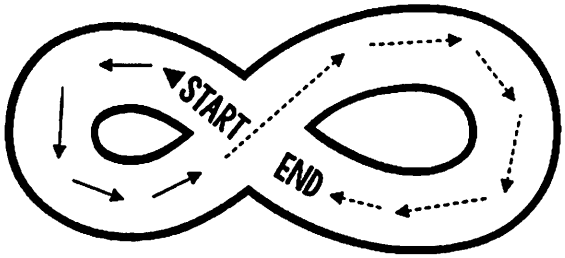
1. Find a stress ball, play doh, or other soft object to squeeze.
2. Take in a deep breath as you squeeze.
3. Breathe out slowly as you let go.

STARFISH BREATHING:

Breathe in as you trace up the star. Hold at the tip. Breathe out as you trace down. Go slowly.



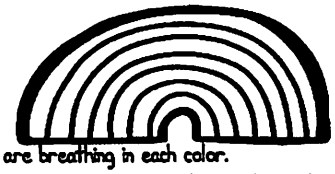
Trace your finger around the race track. Breathe in while tracing the left side and out slowly while tracing the right side. (repeat daily)



BREATHE IN BREATHE OUT

BELLY BREATHING:

Switch the focus of your breathing from your chest to your belly. Place one hand on your chest and one on your belly. Take a deep breathe. Notice your belly rise. Breathe out. Notice your belly fall.



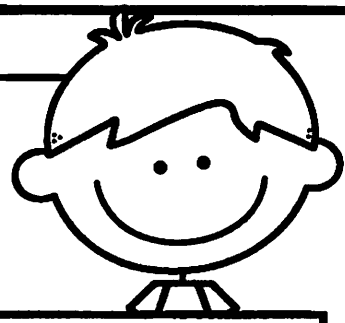
BREATHE THE RAINBOW

Imagine the color of the rainbow.
Take a deep breath while imagining you are breathing in each color.
Red: Breathe deeply through your nose, the warming calm of the color red. Hold it and feel the warmth in your chest. Blow that warmth back into the room, slowly with your mouth.
Orange: Breathe in the zesty excitement of the color orange in through your nose. Hold it and feel the tingling joy in your heart. Blow that joy slowly back into the room with your mouth.
Yellow: Breathe deeply through your nose, the glowing rays of the color yellow. Hold it like sunshine beaming down on your face. Blow those rays back into the room, slowly with your mouth.
Green: Breathe in the morning dew of the color green through your nose. Hold it and feel the feeling of a new morning in my arms. Blow the freshness of a new start back into the room with your mouth.
Blue: Breathe in the calming waves of the color blue. Hold it like you are floating on the top of that wave. Let that wave crash as you blow it's calmness back into the room with your mouth.
Purple: Breathe in the loving embrace of the color purple. Hold it like a tight hug for a moment. Blow the love of that hug slowly out of your mouth, back into the room.

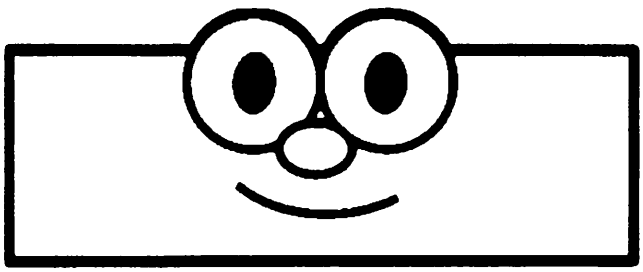
BA

All About Rectangles!

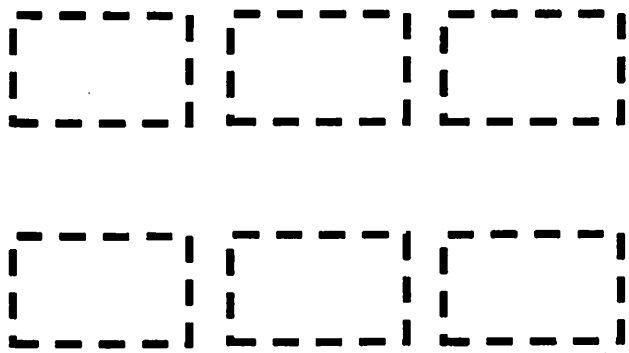
Name: _____



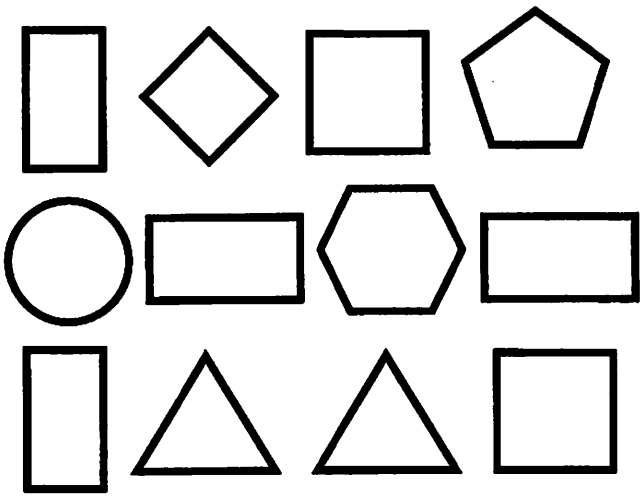
Color it



Trace it



Shade it



Write it

rectangle

Draw it

Count it

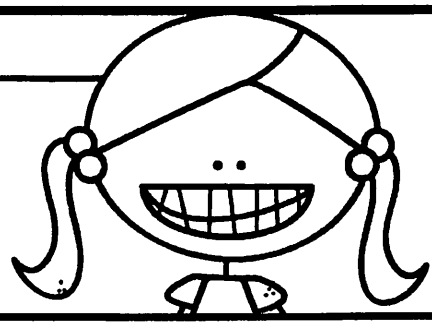
_____ sides

_____ corners

© My Teaching Pal

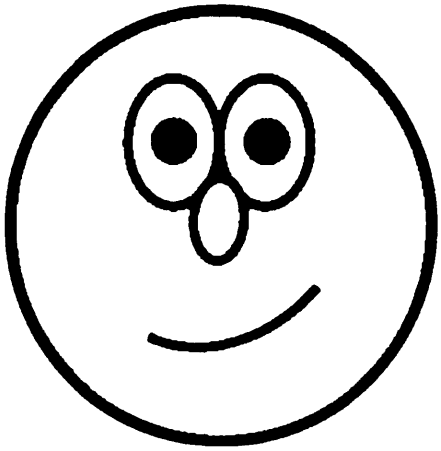
All About Circles!

Name: _____

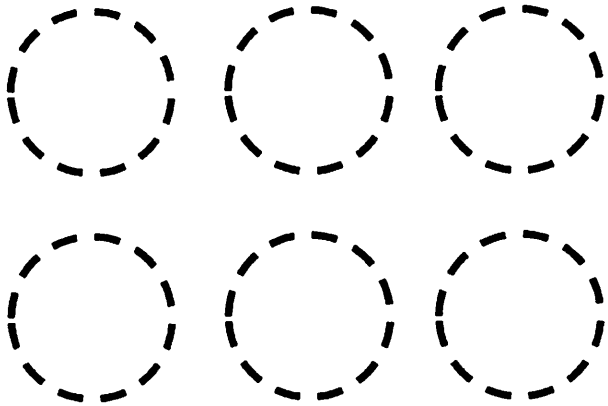


Blue A

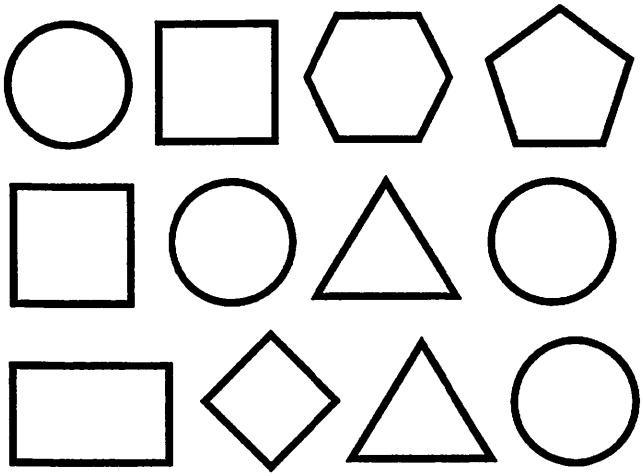
Color it



Trace it



Shade it



Write it

circle

Draw it

•

Count it

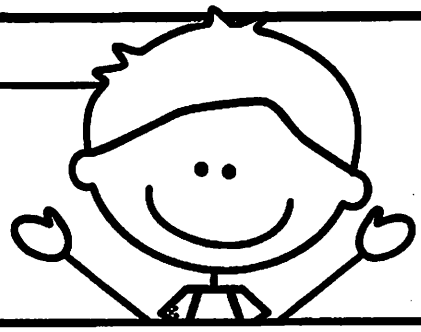
_____ sides

_____ corners

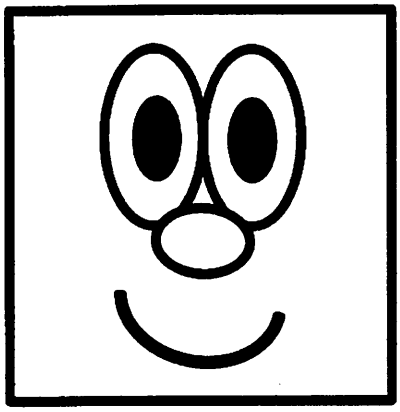
© My Teaching Pal

All About Squares!

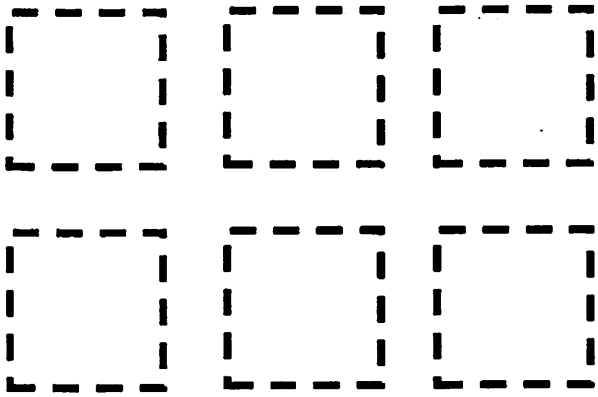
Name: _____



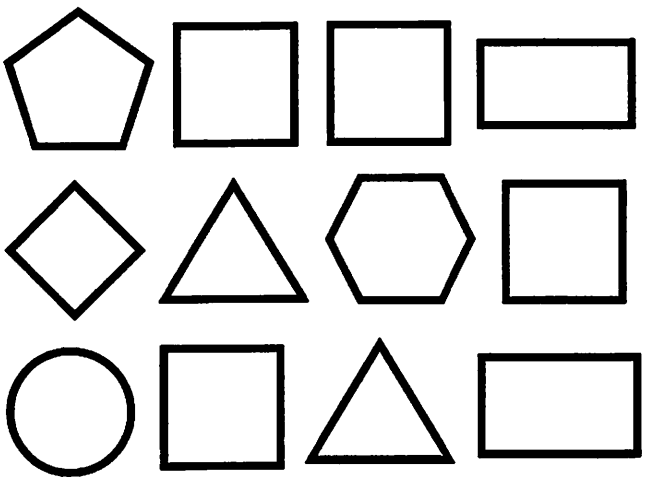
Color it



Trace it



Shade it



Write it

square

Draw it

Count it

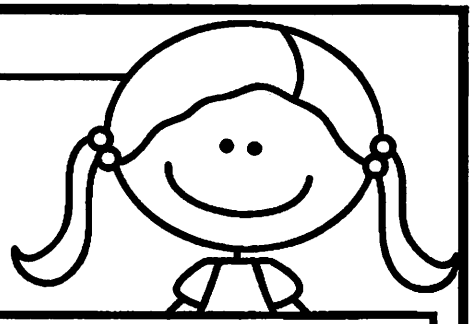
_____ sides

_____ corners

© My Teaching Pal

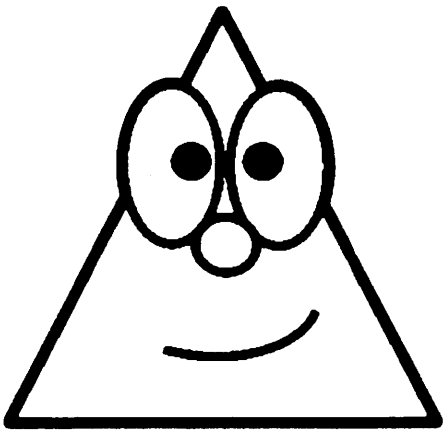
All About Triangles!

Name: _____

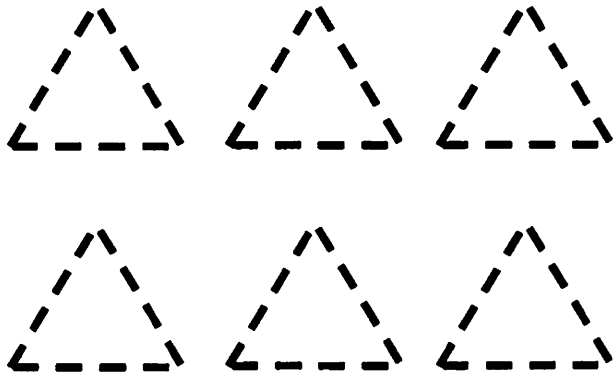


Blue A

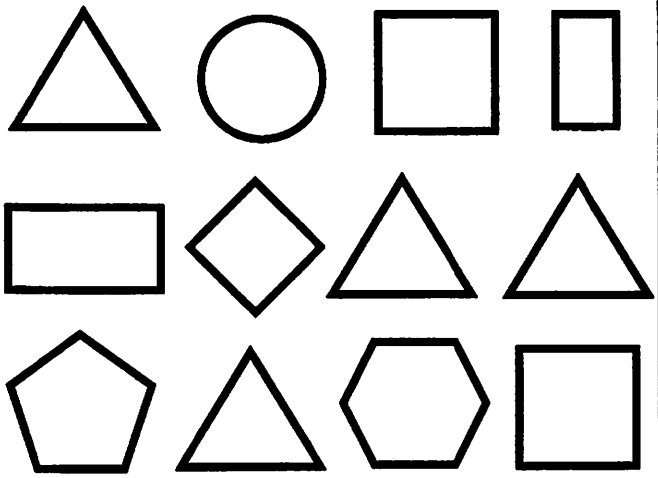
Color it



Trace it



Shade it



Write it

triangle

Draw it

Count it

_____ sides

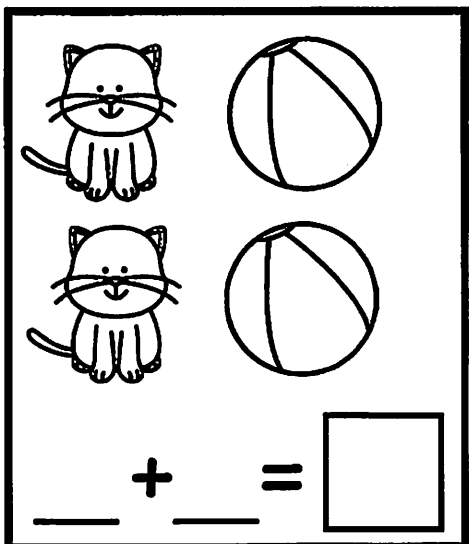
_____ corners

© My Teaching Pal

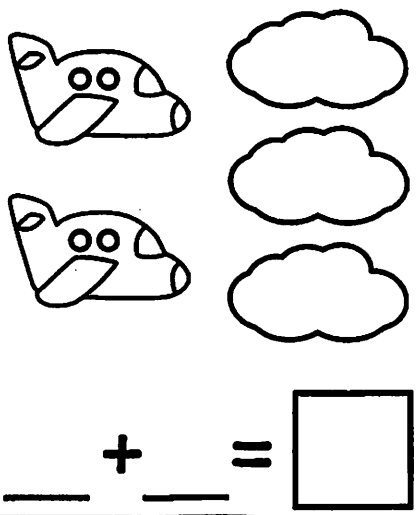
Name: _____

Picture Addition Fun

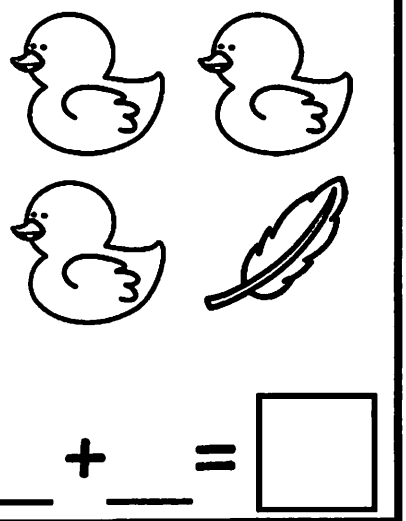
Use the pictures to solve the addition questions.



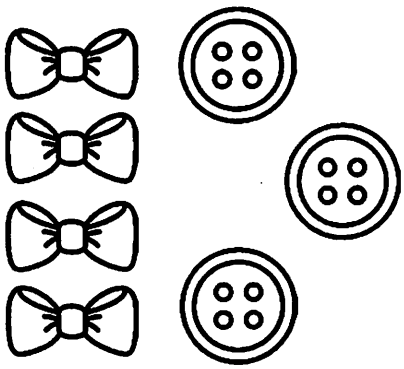
___ + ___ = ☐



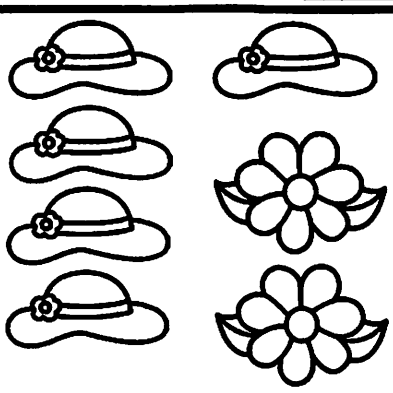
___ + ___ = ☐



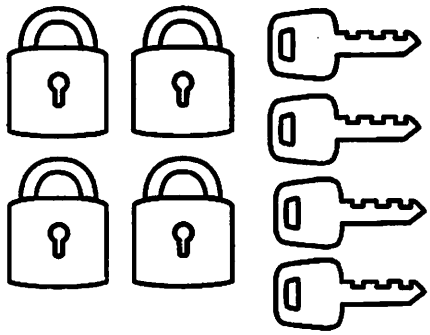
___ + ___ = ☐



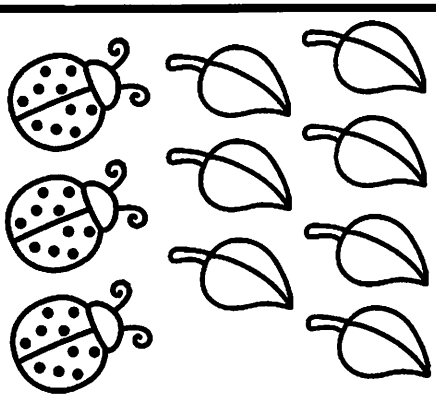
___ + ___ = ☐



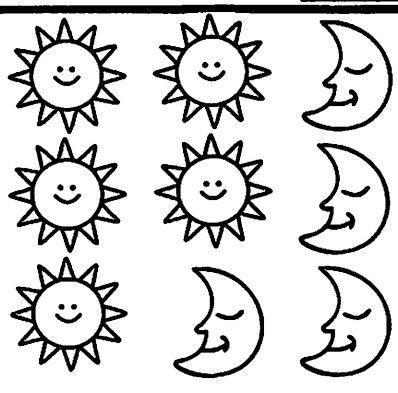
___ + ___ = ☐



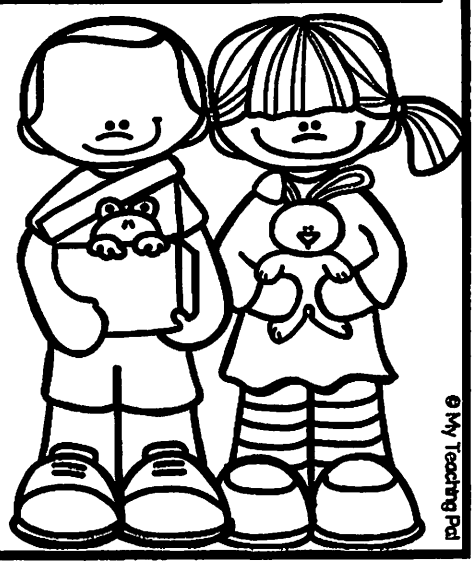
___ + ___ = ☐



___ + ___ = ☐



___ + ___ = ☐



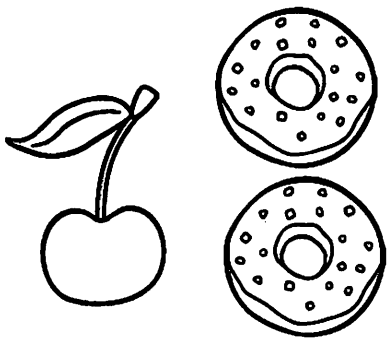
© My Teaching Pal

Name: _____

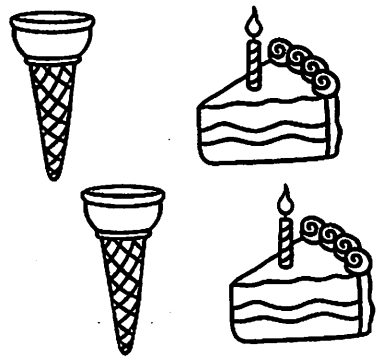
Food Picture Addition

Blue A

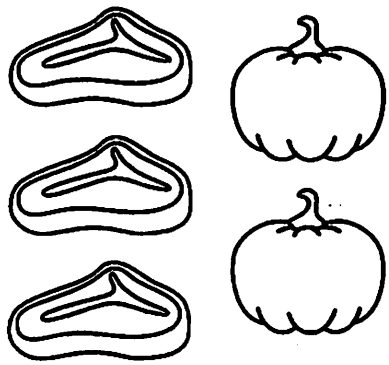
Use the pictures to solve the addition questions.



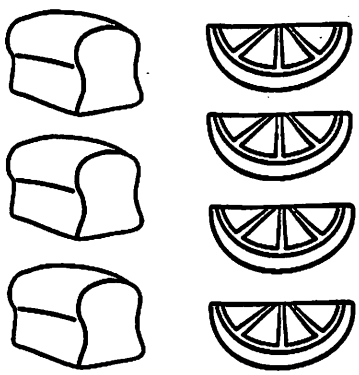
1 + 2 = ☐



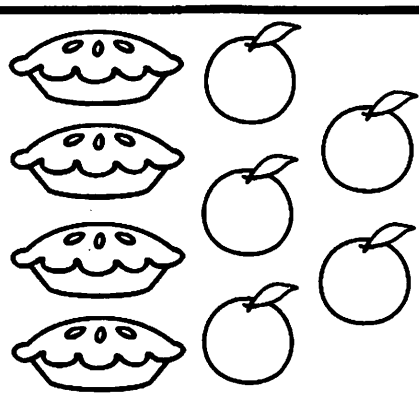
2 + 2 = ☐



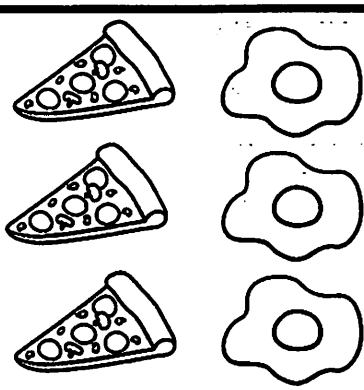
3 + 2 = ☐



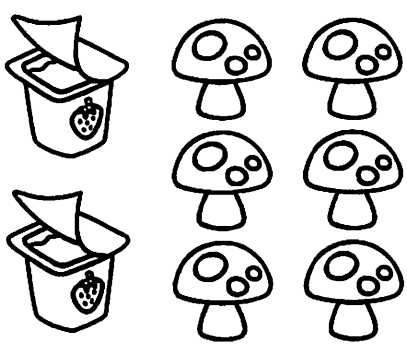
3 + 4 = ☐



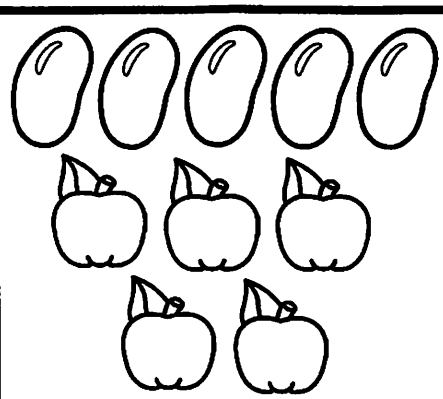
4 + 5 = ☐



3 + 3 = ☐



2 + 6 = ☐



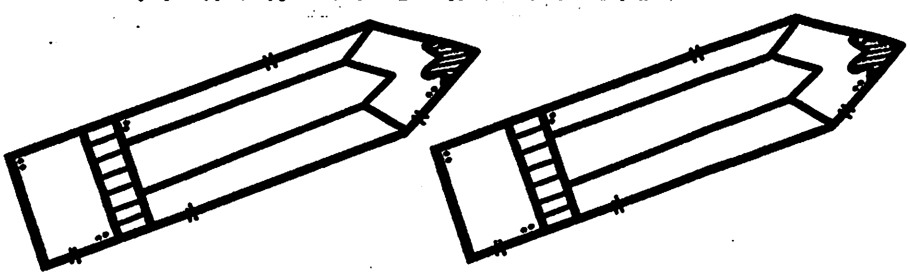
5 + 5 = ☐

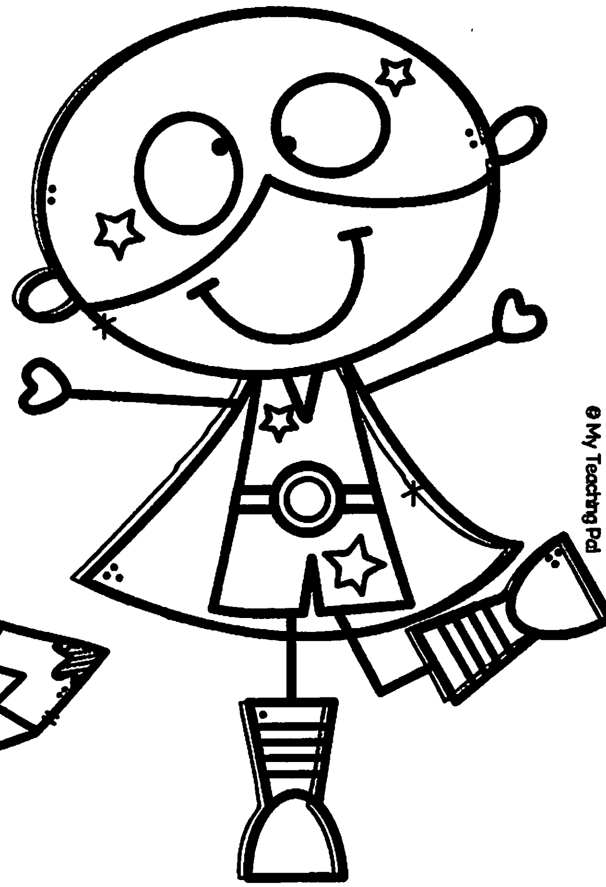
© My Teaching Pal

Name: ____________________

Numbers to 10

Paste the missing numbers in order.





© My Teaching Pad

1	2			5
	7		9	

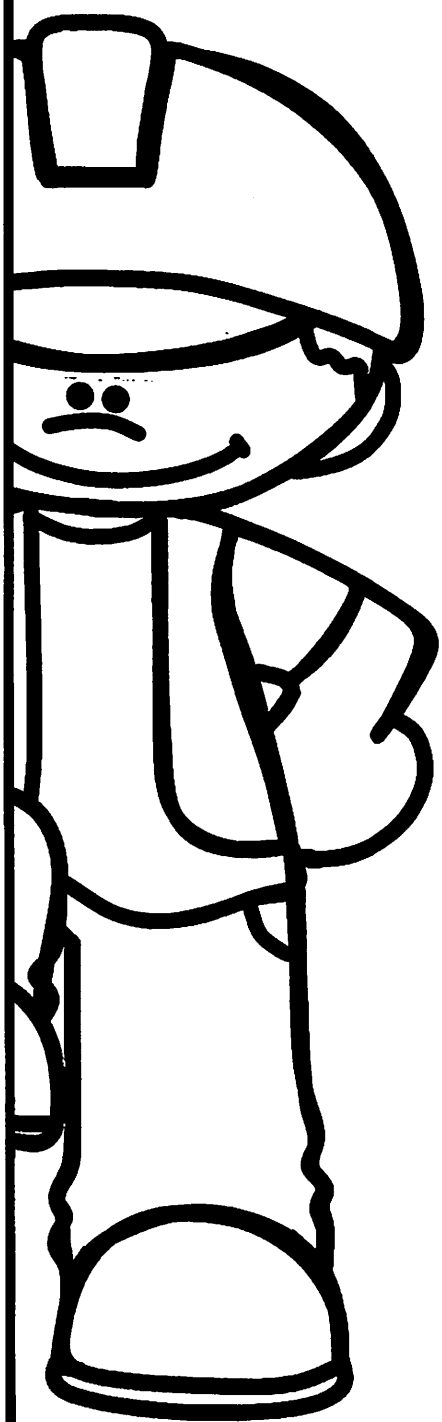
✂ -

4	6	10	3	8

Name: _____

Number Order

Paste the numbers in order from smallest to largest.



Smallest

Largest

© My Teaching Pal

13

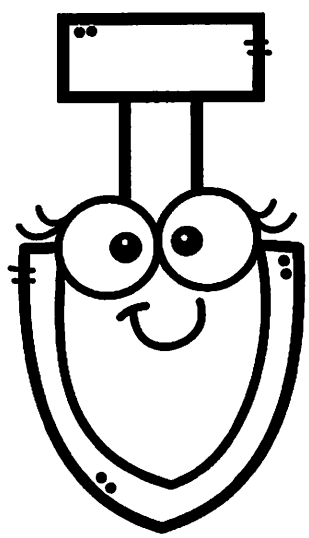
7

19

4

17

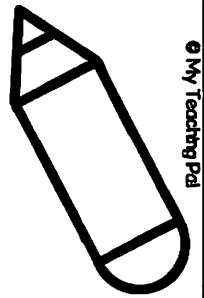
16



Blue A

Name: _____

Tracing Numbers



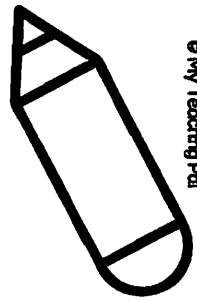
© My Teaching Pal

Trace and copy the numbers.

6	6	6	6	
7	7	7	7	
8	8	8	8	
9	9	9	9	
10	10	10	10	

Name: _____

Tracing Numbers



© My Teaching Pad

Blue A

Trace and copy the numbers.

1	1	1	1	
2	2	2	2	
3	3	3	3	
4	4	4	4	
5	5	5	5	