

ESS is located at La Mesa Arts Academy: 4200 Parks Ave La Mesa, CA 91941

# 619-668-8371

ESS will be open from 6 am - 6 pm daily. **Please allow for extra time at drop off & pick up.** Please see reverse for further details. **ESS will be closed on Friday, July 3rd.** 

## Student Drop Off

Intake will take place in front of the ESS room (50) on Junior High Drive. Please follow these directions for drop off and pick-up. **Head west on University Ave. Make a left onto Parks Ave. Make a right on to Normal Ave. Then make a left onto Olive Ave. At the end of the street make a left onto Jr High Drive. Follow the signs.** 



#### When Arriving at Intake

1. Please stay in your car until directed to step out by an ESS team member.

2. Parents and students must be wearing a face covering.

3. All children will have their temperature taken at the intake area before being signed in.

4. If your child has a temperature of 100° or higher, they must go home.

5. Each child (parent) will be asked a series of intake questions daily. If the child does not meet the requirements to safely stay at childcare, they must go home.

6. ESS team members will look for any physical indicators of symptoms in children.

7. Parents are not allowed on campus.

#### Personal Belongings

Please limit the number of personal belongings your child brings to ESS each day. A water bottle and jacket are the recommended items. Please label all belongings with you child's name. If your child chooses to bring an electronic device (Amazon Fire, Nintendo DS, etc) to use during tech time, they must bring it in the bag provided daily and take it home at the end of each day so it can be sanitized before returning back the next day. ESS will have technology available for students to utilize.

#### <u>Meals</u>

ESS will be providing a breakfast, lunch and an afternoon snack daily. We will have water and drinking cups available in each room. Children will not be able to use drinking fountains. Sending your child with a water bottle daily is recommended.

### **Daily Breakfast and Lunch Menu**

(Items are subject to change)

Mondov	Tuesday	Wedneeday	Thursday	Friday
<u>Monday</u> <u>Cereal</u> Chicken Corn Dog Carroteenies Apple Milk	<u>Tuesday</u> <u>Benefit Bar</u> Turkey & Cheese Sub Raisins Milk	<u>Wednesday</u> <u>Whole Grain Bagel</u> Cheeseburger Carroteenies Raisins Milk	<u>Cereal</u> Yogurt w/ Graham Cracks Carroteenies Raisins Milk	<u>Nutri-Grain Bar</u> PB & J Sandwich Apple Juice Milk