

# Occupational Health Services Facilities Listing

## CLINICS

### **Alpine Family Medicine**

<http://mtnhealth.org>

ALPINE	1620 Alpine Blvd.	91901	619.445.6200	FAX: 619.320.3347
Open: M-F 8:30am - 5pm				

### **Borrego Medical Clinic**

<http://www.borregomedical.org/component/content/article/51/99-our-clinics>

BORREGO SPRINGS	4343 Yaqui Pass Road	92004	760.767.5051	FAX: 760.767.4552
Open: M-F 8:30am - 5pm				

### **CONCENTRA**

<http://www.concentra.com>

CARLSBAD	5810 El Camino Real, Suite A	92008	760.929.8269	FAX: 760.929.8556
Open: M-F 7am - 6pm				
CHULA VISTA	542 Broadway, Suite G	91910	619.425.8212	FAX: 619.425.1604
Open: M-F 8am - 6pm, Sat. 9am - 3pm				
ESCONDIDO (SOUTH)	860 West Valley Parkway, Suite 150	92025	760.740.0707	FAX: 760.747.3136
Open: M-F 7am - 7pm				
LA MESA	7862 El Cajon Boulevard	91942	619.697.3093	FAX: 619.697.3135
Open: M-F 8am - 5pm				
MURRIETA	25285 Madison Avenue, Suite 101	92562	951.600.9070	FAX: 951.600.9177
Open: M-F 8am - 7pm				
NATIONAL CITY	102 Mile of Cars Way	91950	619.474.9211	FAX: 619.474.2000
Open: M-F 7am - 7pm				
OCEANSIDE	3910 Vista Way, Suite 106	92056	760.941.2000	FAX: 760.941.4900
Open: M-F 7am - 7pm, Sat. 8am - 2pm				
SORRENTO MESA	10350 Barnes Canyon Rd., Suite 200	92121	858.455.0200	FAX: 858.455.0044
Open: M-F 8am - 5pm				
SAN DIEGO	5333 Mission Center Road, Suite 100	92108	619.295.3355	FAX: 619.542.1317
Open: M-F 8am - 6pm				

KEARNY MESA	5575 Ruffin Road, Suite 100	92123	858.277.2744	858.277.8254	Open: 24 Hours/7 Days a Week
HILLCREST	3930 4th Avenue, Suite 200	92103	619.297.9610	FAX: 619.297.2244	Open: M-F 7 am - 7 pm
MIRAMAR	7590 Miramar Road, Suite C	92126	858.549.4255	858.549.4552	Open: M-F 8am - 5 pm
SAN MARCOS	740 Nordahl Road, Suite 131	92069	760.432.9000	FAX: 760.741.0746	Open: M-F 8am - 8pm; Sat. & Sun. 8am - 5pm
SANTEE	9745 Prospect Avenue, Suite 100	92071	619.448.4841	FAX: 619.448.8700	Open: M-F 7am - 5pm

### **East County Urgent Care**

<http://eastcountyurgentcare.com>

EL CAJON	1625 East Main Street, #100	92021	619.442.9896	FAX: 619.442.2245	Open: M-F 8:15am - 5:30pm, Sat. & Sun. 9am - 3:45pm
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### **KAISER ON-THE-JOB OCCUPATIONAL HEALTH SERVICES (FOR WORKERS'**

[https://businessnet.kp.org/static/pdfs/cal/koj\\_overview.pdf](https://businessnet.kp.org/static/pdfs/cal/koj_overview.pdf)

SAN DIEGO	4647 Zion Avenue, 1st Floor	92120	833.242.8500		Open: M-F 9am - 5pm
OTAY MESA	4650 Palm Avenue, 1st Floor	92154	833.242.8500		Open: M-F 9am - 5pm
SAN MARCOS	400 Craven Road	92078	833.242.8500		Open: M-F 9am - 5pm
WILDOMAR	36450 Inland Valley Drive, 2nd. Floor, Room 205	92595	951.353.4332	FAX: 951.353.4322	Open: M-F 8:30am - 5pm

### **Lake Medical & Chiropractic Center**

<http://lake-medical.com/>

SAN MARCOS	1146 San Marino Dr.	92078	760.471.2033	760.471.2083	Open: M-F 8am - 6pm; Urgent Care: 8am - 8pm, Sat.: By appointment
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## **Mountain Empire Family Medicine**

<http://mtnhealth.org>

CAMPO	31115 Highway 94	91906	619.478.5311	FAX: 619.478.2267
Open: M-F 8:30am - 5pm				

## **Occupational Health Center of Imperial Valley**

<http://www.pmhd.org/ContactUs/contact.html>

BRAWLEY	751 W. Legion Road, Suite 103	92227	760.351.4400	760.351.4407
Open: M-F 8am - 4pm				

## **Palomar Health**

<http://www.palomarhealth.org/>

ESCONDIDO	2125 Citracado Parkway, Suite 130	92029	760.510.7373	FAX: 760.510.7374
Open: M-F 8am - 5pm				
POWAY	15611 Pomerado Road, Suite 525	92064	858.613.6280	FAX: 858.613.6281
Open: M-F 8am - 5pm				

## **Partners Urgent Care**

<http://www.partnersurgentcare.com/>

EASTLAKE	2315 Otay Lakes Road, Suite 306	91914	619.946.4700	619.946.4701
GROSSMONT	6136 Lake Murray Boulevard	91942	619.303.5500	619.303.5595
UTC/LA JOLLA	4085 Governor Drive	92122	858.888.7800	858.888.7801
RANCHO PENASQUITOS	9878 Carmel Mountain Road, Suite B	92129	858.798.9100	

## **SHARP REES-STEALY OCCUPATIONAL HEALTH FACILITIES**

<http://www.sharp.com/occupational-health/index.cfm>

CHULA VISTA	525 3rd Avenue	91910	619.585.4050	UC phone: 619.585.4000
Open: M-F 8am - 5 pm; Urgent Care: 8am - 8pm, daily				

LA MESA	Grossmont Medical Plaza, 5525 Grossmont Center Drive, Suite 601	91942	619.644.6600	UC phone: 619.644.6625 Open: M-F 8am - 5pm; Urgent Care: 8am - 8pm, daily
KEARNY MESA	2020 Genesee Avenue, 2nd Floor	92123	858.616.8400	858.569.0741 Open: M-F 8am - 5pm
RANCHO BERNARDO	16899 West Bernardo Drive	92127	858.521.2350	UC phone: 858.521.2300 Open: M-F 8am - 5pm; Urgent Care: M-F 8pm - 8pm, daily
SORRENTO MESA	10243 Genetic Center Dr.	92121	858.526.6150	UC phone: 858.526.6100 Open: M-F 8am - 5pm; Urgent Care: 8am - 8pm, daily
DOWNTOWN	300 Fir Street	92101	619.446.1524	UC phone: 619.446.1575 Open: M-F 8am - 5pm; Urgent Care: M-F 5pm - 10pm, Weekends & Holidays 8am - 8pm
Santee	After-Hours Care, 8701 Cuyamaca St.	92071	619.499.2600	Open: M-F 5pm - 8pm; Sat. - Sun.: 8am - 8pm

### **South Bay Urgent Care**

<https://www.southbayurgentcare.com>

SAN DIEGO	1628 Palm Ave	92154	619.591.9999	FAX: 619.941.2078 Open: M-F 9am - 7pm; Sat. & Sun. 10am - 6pm
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### **WorkPartners Occupational Health Specialists**

<http://www.workpartnersohs.com/>

NATIONAL CITY	1510 Sweetwater Road, Suite B	91950	619.552.2870	Open: M-F 7am - 7pm; Sat. 8am - 3pm
OCEANSIDE	3156 Vista Way, Suite 100	92056	760.681.5222	FAX: 760.681.5151 Open: M-F 8am - 6pm; Sat. 9am - 2pm
SAN DIEGO	7485 Mission Valley Rd Suite 100	92108	619.900.1330	Open: M-F 8am - 6pm
VISTA	2365 S Melrose Dr.	92081	760.571.5910	FAX: 760.597.0349 Open: M-F 8am - 6pm

# HOSPITALS

## **Alvarado Hospital LLC**

<http://www.alvaradohospital.com/>

SAN DIEGO      6655 Alvarado Rd.      92120      619.287-3270

## **El Centro Regional Medical Center**

<http://www.ecrmc.org>

EL CENTRO      1415 Ross Ave.      92243      760.339.7100

## **Kaiser/San Diego Medical Center**

<https://health.kaiserpermanente.org/wps/portal/facility/100084>

SAN DIEGO      9455 Clairemont Mesa Blvd.      92123      858.266.5000

## **Kaiser/Zion Medical Center**

<https://health.kaiserpermanente.org/wps/portal/facility/100084>

SAN DIEGO      4647 Zion Ave.      92120      619.528.5000

## **Palomar Health (Urgent Care)**

<http://www.palomarhealth.org/>

POWAY      15611 Pomerado Road, 3rd Floor North      92064      858.675.3200  
Open: Daily 9am - 8pm

## **Palomar Health Downtown Campus**

<http://www.palomarhealth.org>

ESCONDIDO      555 E. Valley Pkwy      92029      760.739.3000

## **Palomar Medical Center**

<http://www.palomarhealth.org/>

ESCONDIDO      2185 Citracado Parkway      92029      442.281.5000

### **Paradise Valley Hospital**

<http://www.paradisevalleyhospital.net/>

NATIONAL CITY 2400 E 4th St. 91950 619.470-4321

### **Pioneers Memorial Hospital**

<http://www.pmhd.org>

BRAWLEY 207 W. Legion Rd. 92227 760.351.3333 760.351.4401

BRAWLEY 207 W. Legion Rd. 92227 760.351.3333 FAX: 760.351.4401

### **Pomerado Hospital**

<http://www.pph.org/PPHContentPage.aspx?nd=72>

POWAY 15615 Pomerado Road 92064 858.613.4000

### **Rancho Springs Medical Center Hospital**

<http://www.swhealthcaresystem.com/About-the-Hospital>

MURRIETA 2550 Medical Center Dr. 92562 951.696.6000

### **Scripps Green Hospital**

[http://www.scripps.org/locations/hospitals\\_\\_scripps-green-hospital](http://www.scripps.org/locations/hospitals__scripps-green-hospital)

LA JOLLA 10666 N. Torrey Pines Road 92037 858.554.9100

### **Scripps Memorial Hospital**

[http://www.scripps.org/locations/hospitals\\_\\_scripps-memorial-hospital-la-jolla](http://www.scripps.org/locations/hospitals__scripps-memorial-hospital-la-jolla)

LA JOLLA 9888 Genesee Avenue 92037 858.626.4123

### **Scripps Memorial Hospital-Encinitas**

[http://www.scripps.org/locations/hospitals\\_\\_scripps-memorial-hospital-encinitas](http://www.scripps.org/locations/hospitals__scripps-memorial-hospital-encinitas)

ENCINITAS 354 Santa Fe Drive 92024 760.633.6501

### **Scripps Mercy Hospital**

[http://www.scripps.org/locations/hospitals\\_\\_scripps-mercy-hospital](http://www.scripps.org/locations/hospitals__scripps-mercy-hospital)

SAN DIEGO      4077 5th Avenue      92103      619.294.8111

### **Scripps Mercy Hospital-Chula Vista**

[http://www.scripps.org/locations/hospitals\\_\\_scripps-mercy-hospital](http://www.scripps.org/locations/hospitals__scripps-mercy-hospital)

CHULA VISTA      435 H Street      91910      619.691.7000

### **Sharp Chula Vista Medical Center**

<http://www.sharp.com/chula-vista/index.cfm>

CHULA VISTA      751 Medical Center  
Court      91911      619.502.5800

### **Sharp Coronado Hospital**

<http://www.sharp.com/coronado/index.cfm>

CORONADO      250 Prospect Place      92118      619.522.3600

### **Sharp Grossmont Hospital**

<http://www.sharp.com/grossmont/index.cfm>

LA MESA      5555 Grossmont  
Center Drive      91942      619.740.6000

### **Sharp Memorial Hospital**

<http://www.sharp.com/memorial/index.cfm>

SAN DIEGO      7901 Frost Street      92123      858.939.3400

### **Tri-City Medical Center Emergency Dept.**

<http://tricitymed.org/services/emergency/index.aspx>

OCEANSIDE      4002 Vista Way      92056      760.724.8411

## **UCSD Medical Center Emergency & Urgent Care (Hillcrest)**

<http://health.ucsd.edu/locations/hillcrest.htm>

SAN DIEGO      200 West Arbor Drive      92103      619.543.6222

## **UCSD Thornton Hospital Emergency & Urgent Care (La Jolla)**

<http://health.ucsd.edu/locations/thornton.asp>

LA JOLLA      9300 Campus Point      92037      858.657.7000  
Drive

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***See Attached on Telemedecine***