



November Snack Menu

- Plate Includes 2 of the 4 Components**
- Milk, Fluid
 - Fruit/Vegetable
 - Grains/Breads
 - Meat/Meat Alternate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
November 1 Baked Cheetos Fresh Fruit Juice (6 oz)	November 2 Cheez It's Fresh Fruit Juice (6 oz)	November 3 Vanilla Dino Bites (1 ea) Fresh Fruit Juice (6 oz)	November 4 Tostitos Scoops (1 ea) Fresh Fruit Juice (6 oz)	November 5 Jungle Crackers (1 ea) Fresh Fruit Milk (8 oz)
November 8 Chex Mix Fresh Fruit Milk (8 oz)	November 9 Gripz Chocolate Chip Grahams (1 ea) Fresh Fruit Milk (8 oz)	November 10 Elf Grahams (1 ea) Fresh Fruit Juice (6 oz)	November 11 ESS Closed for Veteran's Day	November 12 ESS Closed
November 15 Baked Cheetos Fresh Fruit Juice (6 oz)	November 16 Cheez It's Fresh Fruit Juice (6 oz)	November 17 Vanilla Dino Bites (1 ea) Fresh Fruit Juice (6 oz)	November 18 Heartzels (1 ea) Fresh Fruit Juice (6 oz)	November 19 Granola Bar (1 ea) Fresh Fruit Milk (8 oz)
ESS Closed for Thanksgiving Break				
November 22 ESS Closed for Thanksgiving Break	November 23 ESS Closed for Thanksgiving Break	November 24 ESS Closed for Thanksgiving Break	November 25 ESS Closed for Thanksgiving Break	November 26 ESS Closed for Thanksgiving Break
November 29 Cinnamon Crisps (1 ea) Fresh Fruit Milk (8 oz)	November 30 Kids Munchie Mix (1 ea) Fresh Fruit Milk (8 oz)			