

Plate Includes 2 of the 4 Components

- Milk, Fluid
- Fruit/Vegetable
- Grains/Breads
- Meat/Meat Alternate

January 2022 CACFP Menu

Avondale
Bancroft
Casa de Oro
Kempton
La Mesa Dale

La Presa Elementary
Rancho
La Mesa Arts Academy
STEAM
Spring Valley Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 3 NO CACFP SERVICE	January 4 Bean & Cheese Burrito Peaches Carrot Sticks Milk	January 5 Galaxy Pizza Petite Banana Cucumber Sticks Milk	January 6 Animal Crackers String Cheese Dried Cranberries Carrot Sticks Milk	January 7 Granola Bar String Cheese Raisins Carrot Sticks Milk
January 10 Strawberry Waffle Grahams String Cheese Apple Carrot Sticks Milk	January 11 Bean & Cheese Burrito Peaches Carrot Sticks Milk	January 12 Galaxy Pizza Petite Banana Cucumber Sticks Milk	January 13 Yogurt Graham Crackers Dried Cranberries Carrot Sticks Milk	January 14 Whole Grain Bagel String Cheese Raisins Carrot Sticks Milk
January 17 HOLIDAY ESS Closed	January 18 Tortilla Chips Cheese Sauce Peaches Carrot Sticks Milk	January 19 Galaxy Pizza Petite Banana Cucumber Sticks Milk	January 20 Mini Cheeseburger Dried Cranberries Carrot Sticks Milk	January 21 Whole Grain Corn Dog Raisins Carrot Sticks Milk
January 24 Tostitos Scoops String Cheese Apple Carrot Sticks Milk	January 25 Bean & Cheese Burrito Peaches Carrot Sticks Milk	January 26 Galaxy Pizza Petite Banana Cucumber Sticks Milk	January 27 Cool Ranch Doritos String Cheese Dried Cranberries Carrot Sticks Milk	January 28 Whole Grain Bagel String Cheese Raisins Carrot Sticks Milk
January 31 Cinnamon Crisps String Cheese Apple Carrot Sticks Milk				

Menu subject to change.

This institution is an equal opportunity provider.