

JANUARY

SNACK 2022

Plate Includes 2 of the 4 Components

- Milk/fluid
- Fruit/Vegetable
- Grains/Breads
- Meat/Meat Alternate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
January 3 Chocolate Crisps Fresh Fruit Milk	January 4 Baked Cheetos Fresh Fruit Milk	January 5 Vanilla Dino Bites Fresh Fruit Juice	January 6 Animal Crackers Fresh Fruit Milk	January 7 Whole Grain Granola Bar Fresh Fruit Milk
January 10 Strawberry Waffle Grahams Fresh Fruit Milk	January 11 Heartzels Fresh Fruit Milk	January 12 Nutri-Grain Bar Fresh Fruit Juice	January 13 Cool Ranch Doritos Fresh Fruit Juice	January 14 Whole Grain Chocolate Chip Cookie Fresh Fruit Milk
January 17 ESS CLOSED	January 18 Cheez It's Fresh Fruit Juice	January 19 Strawberry Waffle Grahams Fresh Fruit Juice	January 20 Animal Crackers Fresh Fruit Juice	January 21 Granola Bar Fresh Fruit Milk
January 24 Tostitos Scoops Fresh Fruit Juice	January 25 Heartzels Fresh Fruit Milk	January 26 Whole Grain Chocolate Chip Cookie Fresh Fruit Milk	January 27 Cool Ranch Doritos Fresh Fruit Juice	January 28 Nutri-Grain Bar Fresh Fruit Juice
January 31 Cinnamon Crisps Fresh Fruit Milk				

Menu subject to change.

This institution is an equal opportunity provider.