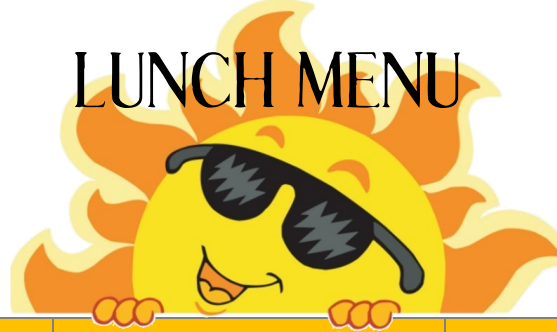


June 2022

LUNCH MENU



All 5 Components are Offered Daily

- Milk, Fluid
- Meat/Meat Alternate
- Fruit
- Vegetable
- Grains/Breads

Avondale
Bancroft
Casa de Oro
Highlands
Kempton
La Mesa Dale

La Presa Elementary
Rancho
La Mesa Arts Academy
STEAM
Spring Valley Academy

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		June 1 Goldfish Pretzels String Cheese Petite Banana Cucumber Sticks 1% White or NF Chocolate Milk	June 2 Vanilla Chat Snax Yogurt Dried Cranberries Carrot Sticks 1% White or NF Chocolate Milk	June 3 Whole Grain Bean & Cheese Burrito Raisins Carrot Sticks 1% White or NF Chocolate Milk
June 6 Whole Grain Cheeseburger Fresh Apple Carrot Sticks 1% White or NF Chocolate Milk	June 7 Rockin Ola Chocolate Granola Yogurt Diced Peaches Carrot Sticks 1% White or NF Chocolate Milk	June 8 Whole Grain Galaxy Pizza Petite Banana Cucumber Sticks 1% White or NF Chocolate Milk	June 9 Tostitos Scoops Cheese Sauce Dried Cranberries Carrot Sticks 1% White or NF Chocolate Milk	June 10 Cool Ranch Doritos String Cheese Raisins Carrot Sticks 1% White or NF Chocolate Milk
June 13 Whole Grain Cheeseburger Fresh Apple Carrot Sticks 1% White or NF Chocolate Milk	June 14 Whole Grain Bean & Cheese Burrito Diced Peaches Carrot Sticks 1% White or NF Chocolate Milk	June 15 Whole Grain Galaxy Pizza Petite Banana Cucumber Sticks 1% White or NF Chocolate Milk	June 16 Fritos Corn Chips String Cheese Dried Cranberries Cucumber Sticks 1% White or NF Chocolate Milk	June 17 Yogurt WG Graham Crackers Raisins Carrot Sticks 1% White or NF Chocolate Milk
June 20 <div style="text-align: center; font-size: 4em; font-weight: bold; opacity: 0.5;">Summer Break</div>	June 21 <div style="text-align: center; font-size: 4em; font-weight: bold; opacity: 0.5;">Summer Break</div>	June 22 <div style="text-align: center; font-size: 4em; font-weight: bold; opacity: 0.5;">Summer Break</div>	June 23 <div style="text-align: center; font-size: 4em; font-weight: bold; opacity: 0.5;">Summer Break</div>	June 24 <div style="text-align: center; font-size: 4em; font-weight: bold; opacity: 0.5;">Summer Break</div>
June 27 <div style="text-align: center; font-size: 4em; font-weight: bold; opacity: 0.5;">Summer Break</div>	June 28 <div style="text-align: center; font-size: 4em; font-weight: bold; opacity: 0.5;">Summer Break</div>	June 29 <div style="text-align: center; font-size: 4em; font-weight: bold; opacity: 0.5;">Summer Break</div>	June 30 <div style="text-align: center; font-size: 4em; font-weight: bold; opacity: 0.5;">Summer Break</div>	June 30 <div style="text-align: center; font-size: 4em; font-weight: bold; opacity: 0.5;">Summer Break</div>