

STEAM ACADEMY

ESSPN

WELCOME

SCHOLAR-ATHLETE

Hello, we are excited to start our ESSPN Sports League. This is an excellent opportunity for young athletes to come together to build on their character, confidence, responsibility, and work ethic, all through sports and social-emotional learning.

Goals:

1. Establish a sense of community and support.
2. Compel and encourage healthy socialization between peers.
3. Instill confidence, consistency, and leadership in youth.
4. Access and teach confidence to boost youth self-esteem.

MEET YOUR COACHES



COACH GUERRERO

Hi! I am Coach Jonah and I'll be one of the flag football coaches for STEAM. I've been working with ESS for a year. I've played football since my freshman year of high school. I was an All-League defensive player and was named Linemen of the Year my senior year. Now I coach High School football at my old school. I'm super excited for the upcoming ESSPN season!



COACH BROWN

Hello my name is Coach Brandon Brown, I am a Campus Supervisor/ Deans Assistant at STEAM Academy. I have been a Campus Supervisor here at steam for 4 years now and previously worked for the city parks and recreation, The Boys and Girls club as well as with the YMCA before and after school programs. I've played collegiate football and professional basketball in Spain and in Mexico with an extensive background in the community training and coaching youth sports. I've not only had the opportunity to play and coach, but also given the chance to referee high school and youth basketball, football, and volleyball. I strongly believe our influences as coaches not only helps build character, it teaches principles of team work, building relationships, and confidence building in student athletes. I feel everyday we have a chance to get better wether it's striving to excel in the classroom or just be a better person. Team work will always make the dream work!!



Contact Information:

STEAM Academy
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(619) 668-8360

www.lmsvschools.org/ess/

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*“The most valuable player is the one who makes the most players valuable.”
– Payton Manning*

STEAM ACADEMY



SCHEDULE

Mondays - Team SEL 7:00-8:00 AM	Tuesdays - Practice 7:00-8:00 AM	Wednesdays - Practice 7:00-8:00 AM
9/19 Responsibilities of an Athlete	9/20 Catching and Throwing	9/21 Scrimmage
9/26 Introductions and Interviews	9/27 Flag Pulling	9/28 Drills
Fall Break 10/3-10/14 - No Practices		
10/17 Team Building	10/18 Route Tree	10/19 Route Tree
10/24 Growth Mindset	10/25 Drills	10/26 Running the Ball
10/31 SMART Goals	11/1 GAME @ Parkway Academy - 3:00-5:00 PM	11/2 Formations
11/7 Coping Skills	11/8 GAME @ STEAM Academy - 3:00-5:00 PM	11/9 Interceptions
11/14-11/18 Parent-Teacher Conference Week - Early Dismissal Days Practice and game times will remain the same.		
11/14 Positive Self Talk	11/15 GAME @ STEAM Academy - 3:00-5:00 PM	11/16 Strengthening Skills
Thanksgiving Break 11/21-11/25 - No Practices		
11/28 My Team	11/29 GAME @ STEAM Academy - 3:00-5:00 PM	11/30 Drills
12/5 Conflict Resolution	12/6 Team Scrimmage	12/7 Strengthening Skills
ESSPN Tournament - Tuesday, 12/6 @ Parkway Academy 3:00-5:00 PM - Permission Slip Required		

****Monday, 12/12 - Season Debrief and Awards - End of the Fall Season****