

- Avondale
- Bancroft
- Casa de Oro
- Highlands
- Kempton
- La Mesa Arts Academy
- La Mesa Dale
- La Presa Elementary
- Rancho
- Spring Valley Academy
- STEAM

CACFP menu

November 2022

- All components are offered daily
- Milk, Fluid
 - Meat / Meat Alternate
 - Fruit
 - Vegetable
 - Grains / Bread

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Belly Bears String Cheese Diced Peaches Carrot Sticks ½ White or NF Chocolate Milk 1	WG Galaxy Pizza Petite Banana Cucumber Sticks ½ White or NF Chocolate Milk 2	Graham Crackers Yogurt Dried Cranberries Carrot Sticks ½ White or NF Chocolate Milk 3	WG Bean & Cheese Burrito Raisins Carrot Sticks ½ White or NF Chocolate Milk 4
Enchilada Cheese Taquito Apple Carrot Sticks ½ White or NF Chocolate Milk 7	Goldfish Pretzels String Cheese Diced Peaches Carrot Sticks ½ White or NF Chocolate Milk 8	WG Galaxy Pizza, Cheese Grain Petite Banana Cucumber Sticks ½ White or NF Chocolate Milk 9	Cheez It's String Cheese Dried Cranberries Carrot Sticks ½ White or NF Chocolate Milk 10	 11 CLOSED
WG Cheeseburger Fresh Apple Carrot Sticks ½ White or NF Chocolate Milk 14	Chex Mix String Cheese Diced Peaches Carrot Sticks ½ White or NF Chocolate Milk 15	WG Galaxy Pizza Petite Banana Cucumber Sticks ½ White or NF Chocolate Milk 16	Goldfish Cheddar Crackers String Cheese Dried Cranberries Carrot Sticks ½ White or NF Chocolate Milk 17	WG Bean & Cheese Burrito Raisins Carrot Sticks ½ White or NF Chocolate Milk 18
 Thanksgiving Break 21 CLOSED	22 CLOSED	23 CLOSED	24 CLOSED	25 CLOSED
WG Cheeseburger Fresh Apple Carrot Sticks ½ White or NF Chocolate Milk 28	Graham Crackers Yogurt Diced Peaches Carrot Sticks ½ White or NF Chocolate Milk 29	WG Galaxy Pizza Petite Banana Cucumber Sticks ½ White or NF Chocolate Milk 30		

Menu subject to change.

This institution is an equal opportunity provider.