

January *cacfp* *menu*

Served at:

- Avondale
- Bancroft
- Casa de Oro
- Highlands
- Kempton
- La Mesa Arts Academy
- La Mesa Dale
- La Presa Elementary
- Rancho
- Spring Valley Academy
- STEAM

All components offered daily:

- Milk, Fluid
- Meat / Meat Alternate
- Fruit
- Vegetable
- Grains / Bread

monday



9
(Whole Grain)
Cheeseburger
Fresh Apple
Carrot Sticks
1% White / NF Chocolate Milk



23
(Whole Grain)
Cheeseburger
Fresh Apple
Carrot Sticks
1% White / NF Chocolate Milk

30
(Whole Grain)
Cheeseburger
Fresh Apple
Carrot Sticks
1% White / NF Chocolate Milk

tuesday



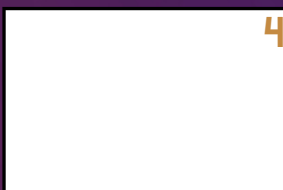
10
Giant Goldfish Grahams
Sunflower Seeds
Diced Peaches
Carrot Sticks
1% White / NF Chocolate Milk

17
Chex Mix
String Cheese
Diced Peaches
Carrot Sticks
1% White / NF Chocolate Milk

24
Tostitos Scoops
String Cheese
Diced Peaches
Carrot Sticks
1% White / NF Chocolate Milk

31
Corn Chips
String Cheese
Diced Peaches
Carrot Sticks
1% White / NF Chocolate Milk

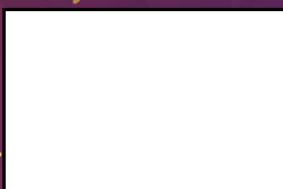
wednesday



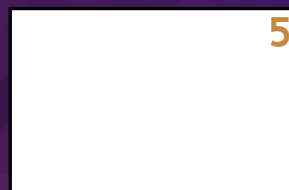
11
(Whole Grain)
Galaxy Cheese Pizza
Petite Banana
Cucumber Sticks
1% White / NF Chocolate Milk

18
(Whole Grain)
Galaxy Cheese Pizza
Petite Banana
Cucumber Sticks
1% White / NF Chocolate Milk

25
(Whole Grain)
Galaxy Cheese Pizza
Petite Banana
Cucumber Sticks
1% White / NF Chocolate Milk



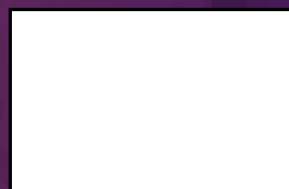
thursday



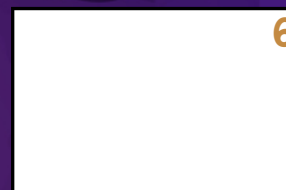
12
Graham Crackers
Yogurt
Dried Cranberries
Carrot Sticks
1% White / NF Chocolate Milk

19
Goldfish Cheddar Crackers
String Cheese
Dried Cranberries
Carrot Sticks
1% White / NF Chocolate Milk

26
Animal Crackers
String Cheese
Dried Cranberries
Carrot Sticks
1% White / NF Chocolate Milk



friday



13
(Whole Grain)
Bean & Cheese Burrito
Raisins
Carrot Sticks
1% White / NF Chocolate Milk

20
(Whole Grain)
Bean & Cheese Burrito
Raisins
Carrot Sticks
1% White / NF Chocolate Milk

27
(Whole Grain)
Bean & Cheese Burrito
Raisins
Carrot Sticks
1% White / NF Chocolate Milk



Menu subject to change. This institution is an equal opportunity provider.