



# Integrated Pest Management Plan

# Healthy Schools Act Requirements for Public K-12 Schools and Child Care Centers



## IDENTIFY

Choose an IPM coordinator who will make sure the requirements of the HSA are met.



## PLAN

Create a plan for IPM and publish it on the school, district, or child care center website. If a website does not exist, include the plan in the annual written notification.



## TRAIN

Provide annual Healthy Schools Act training to all teachers, staff, and volunteers who use any pesticides, including exempt pesticides.



## POST

Post warning signs in the area where a pesticide will be applied, at least 24 hours before and 72 hours after the application.



## NOTIFY

Send an annual notification to all parents, guardians, and staff of all pesticides expected to be applied during the year.



## RECORD

Keep records of pesticide applications, and file these records for at least 4 years.



## REGISTER

Give parents, guardians, and staff the opportunity to register to be notified 72 hours in advance of individual pesticide applications.



## REPORT

Submit annual pesticide use reports to DPR by January 30 for the previous year's applications. Only report pesticide use by school personnel.

Visit our website: <http://apps.cdpr.ca.gov/schoolipm/>

Questions? Email us at: [school-ipm@cdpr.ca.gov](mailto:school-ipm@cdpr.ca.gov)

# School District Integrated Pest Management Plan

When completed, this template meets the Healthy Schools Act requirement for an integrated pest management (IPM) plan. An IPM plan is required if a child care center uses pesticides<sup>1</sup>

## Contacts

La Mesa-Spring Valley School District

4750 Date Avenue, La Mesa, CA 91942

School District Name

Address

Alex Vallejo

619-668-5760

alejandro.vallejo@lmsvschools.org

Interim - Center IPM Coordinator

IPM Coordinator's Phone Number

Email Address

## IPM statement

It is the goal of La Mesa-Spring Valley School District to implement IPM by focusing on long-term prevention or suppression of pests through accurate pest identification, by frequent monitoring for pest presence, by applying appropriate action levels, and by making the habitat less conducive to pests using sanitation and mechanical and physical controls. Pesticides that are effective will be used in a manner that minimizes risks to people, property, and the environment, and only after other options have been shown ineffective.

Our pest management objectives are to: *(Example: Focus on long-term pest prevention)*

Prevent or suppress pest problems through a combination of techniques such as monitoring for pest presence and establishing treatment threshold levels, using non-chemical practices to make the habitat less conducive to pest development. Improve sanitation and employ mechanical and physical controls.

## IPM team

In addition to the IPM Coordinator, other individuals who are involved in purchasing, making IPM decisions, applying pesticides, and complying with the Healthy Schools Act requirements, include:

Name and/or Title	
Alex Vallejo	Interim - IPM Coordinator
Danny Bryan	Interim - Pest Control Application Technician

## Pest management contracting

- ☒ Pest management services are contracted to a licensed pest control business.  
Pest Control Business name(s): Aardvark Ant & Pest Control Inc.
- ☒ Prior to entering into a contract, the school district has confirmed that the pest control business understands the training requirement and other requirements of the Healthy Schools Act.

## Pest identification, monitoring and inspection

Pest identification is done by: La Mesa-Spring Valley School District Staff

*(Example: College/University staff, Pest Control Business, etc.)*

Monitoring and inspecting for pests and conditions that lead to pest problems are done regularly by

District Staff

and results are communicated to the IPM Coordinator.

*(Example: District staff title, e.g. Maintenance staff)*

Specific information about monitoring and inspecting for pests, such as locations, times, or techniques include:

*(Example: Sticky monitoring boards are placed in the kitchen and are checked weekly by custodial staff.)*

Installation of sticky monitoring boards in all facilities that are checked periodically by pest control technician.

## Pests and non-chemical management practices

This child care center has identified the following pests and routinely uses the following non-chemical practices to prevent pests from reaching the action level:

Pest	Remove food	Fix leaks	Seal cracks	Install barriers	Physical removal	Traps	Manage Irrigation	Other
Rodents	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	
Mosquitoes	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
Ants	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
Roaches	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	
Weeds	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

## Chemical pest management practices

If non-chemical methods are ineffective, the school district will consider pesticides only after careful monitoring indicates that they are needed according to pre-established action levels and will use pesticides that pose the least possible hazard and are effective in a manner that minimizes risks to people, property and the environment.

This child care center expects the following pesticides (pesticide products and active ingredients) to be applied during the year.

(This list includes pesticides that will be applied by school district staff or licensed pest control businesses.):

Ranger Pro with Glyphosate for weeds, JT Eaton apple bait block, Rodenticide for rodents with Opatamone, Max Force Gel Bait with Fipronil and Max Force Granular with Hydramethylnon, Phantom Termiticide with Chlorthenapyr, Wisdom TC Flowable with Bifenthrin for ants and roaches, Wasp Freeze with d-trans Allethrin-Phenothrin, Alpine dust insecticide with Olatomacous Earth for bees, Pro Control Aerosol with Pyrethrins Piperonyl Butoxide for insects, Advion insect granule with MethyI for mosquitoes, Archer Insecticide growth regulator with Pyridoxifen Pyridine for insects

## Healthy Schools Act

- ☒ This child care center complies with the notification, posting, recordkeeping, and all other requirements of the Healthy Schools Act.(Education Code Sections 17608 - 17613, 48980.3; Food & Agricultural Code Sections 13180 - 13188)

## Training

Every year child care center employees who make pesticide applications receive the following training prior to pesticide

- ☒ Pesticide specific safety training (Title 3 California Code of Regulations 6724) use:
- ☒ School IPM training course approved by the Department of Pesticide Regulation (Education Code Section 16714; Food & Agricultural Code Section 13186.5).

## Submittal of pesticide use reports

- ☒ Reports of all pesticides applied by child care center staff during the calendar year, except pesticides exempt<sup>1</sup> from HSA recordkeeping, are submitted to the Department of Pesticide Regulation at least annually, by January 30 of the following year, using the form provided at [www.cdpr.ca.gov/schoolipm](http://www.cdpr.ca.gov/schoolipm). (Education Code Section 16711)

## Notification

This child care center has made this IPM plan publicly available by the following methods (check at least

- ☒ This IPM plan can be found online at the following web address: \_\_\_\_\_

- ☒ This IPM plan is sent out to all parents, guardians and staff annually.

## Review

- ☒ This IPM plan will be reviewed (and revised, if needed) at least annually to ensure that the information provided is still true and correct.

Date of next review: 08/01/2023

I acknowledge that I have reviewed this school district's IPM Plan and it is true and correct.

Signature: \_\_\_\_\_

Date: 8.18.22

<sup>1</sup> These pesticides are exempt from all Healthy Schools Act requirements, except the training requirement: 1) products used in self-contained baits or traps, 2) gels or pastes used as crack and crevice treatments, 3) antimicrobials, and 4) pesticides exempt from U.S. EPA registration. (Education Code Section 17610.5)

# WARNING: PESTICIDE TREATED AREA

Name of Pesticide: \_\_\_\_\_

Name of Manufacturer: \_\_\_\_\_

US EPA Registration No.: \_\_\_\_\_

Intended Application Date: \_\_\_\_\_

Site: \_\_\_\_\_

Treated Areas: \_\_\_\_\_

Actual Application Date: \_\_\_\_\_

Reason for Treatment: \_\_\_\_\_

For more information about this pesticide application contact:

Name: \_\_\_\_\_ Title: \_\_\_\_\_

For recordkeeping purposes per the Healthy Schools Act: Amount of Pesticide Used \_\_\_\_\_

# AVISO: ÁREA TRATADA CON PESTICIDA

Nombre del pesticida: \_\_\_\_\_

Nombre del fabricante: \_\_\_\_\_

Número de Registro de la Agencia de Protección Ambiental (EPA) de los EE.UU.: \_\_\_\_\_

Fecha de aplicación prevista: \_\_\_\_\_

Escuela: \_\_\_\_\_

Áreas tratadas: \_\_\_\_\_

Fecha actual de aplicación: \_\_\_\_\_

Razón por el tratamiento: \_\_\_\_\_

Para más información sobre la aplicación de este pesticida contacte a:

Nombre: \_\_\_\_\_ Título: \_\_\_\_\_

Para fines de mantenimiento de registros según la Ley de Escuelas Saludables: cantidad de pesticida utilizada:

\_\_\_\_\_

Notice to be removed by applicator ONLY

## PESTICIDE USE REPORTING FOR SCHOOL AND CHILD DAY CARE CENTER EMPLOYEES

DEPARTMENT OF PESTICIDE REGULATION  
PEST MANAGEMENT & LICENSING BRANCH

APPLICATION YEAR		SCHOOL DESIGNEE (IPM COORDINATOR)		DISTRICT / CENTER NAME		LICENSE / CERTIFICATE NUMBER (OPTIONAL)		
REPORT PREPARED BY:				E-MAIL ADDRESS		CITY		PHONE NUMBER
School CDS #/Child Day Care Facility # OR Name & Address AND Specify if School or Child Day Care Facility	County Code	Date & Time Application Completed	Location (# from list on back)	Manufacturer & Name of Product Applied	EPA REG. Number on Label or CA Reg. Number for adjuvants (provide alpha code, if listed)	Amount of Pesticide Product Used (check or write in unit from label)	Pest Control Code (from list on back)	
<input type="checkbox"/> School  <input type="checkbox"/> Day Care						<div style="border: 1px solid black; width: 100px; height: 20px; margin: 0 auto;"></div> <div style="display: flex; justify-content: space-between; font-size: x-small;"> <span>(vol)</span> <span><input type="checkbox"/> OZ <input type="checkbox"/> ML <input type="checkbox"/> PT</span> </div> <div style="display: flex; justify-content: space-between; font-size: x-small;"> <span>(wt)</span> <span><input type="checkbox"/> GR <input type="checkbox"/> OZ <input type="checkbox"/> LB</span> </div>		
<input type="checkbox"/> School  <input type="checkbox"/> Day Care						<div style="border: 1px solid black; width: 100px; height: 20px; margin: 0 auto;"></div> <div style="display: flex; justify-content: space-between; font-size: x-small;"> <span>(vol)</span> <span><input type="checkbox"/> OZ <input type="checkbox"/> ML <input type="checkbox"/> PT</span> </div> <div style="display: flex; justify-content: space-between; font-size: x-small;"> <span>(wt)</span> <span><input type="checkbox"/> GR <input type="checkbox"/> OZ <input type="checkbox"/> LB</span> </div>		
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Use this form ONLY to report pesticide applications made by schoolsite employees, staff, and volunteers at schools and child care centers. DO NOT report pesticide use by pest management professionals contracted to apply pesticides at schoolsites. They will report their own use. Report must be submitted no later than January 30th of the year following the year of use to:  
School Pesticide Use Reporting, Department of Pesticide Regulation, P.O. Box 4018, Sacramento, CA 95812-4018

**INSTRUCTIONS:**

1. Each line is an individual pesticide application. Report only one schoolsite, date/time, and pesticide per line. Multiple pages will be needed if you need to report more than 5 pesticide applications.
2. A name and address is required for each schoolsite. A cover sheet with all schoolsite names/addresses can be included with your report to prevent repetitive writing/typing.
3. Applicators: If you are mixing a concentrate with a liquid, report the amount of concentrate applied. For products that don't require dilution, report the amount of finished product applied.

**PEST CONTROL CODES:**

Code 10 - Structural Pest Control ..... Includes pest control work performed within or on buildings or other structures

Code 30 - Landscape Maintenance Pest Control..... Includes pest control work performed on landscape plantings around buildings

Code 60 - Vertebrate Pest Control ..... Includes pest control work performed by public agencies or work under the supervision of the State or county agricultural commissioner

**LOCATION CODES:**

1 Administration Bldg	5 Cafeteria/Kitchen	9 Landscape (indoor)	13 Multipurpose Room	17 Veranda
2 Athletic Field	8 Classroom	10 Landscape (outdoor)	14 Playground	18 Multiple Locations
3 Auditorium	7 Gymnasium	11 Library	15 Pool	19 Other (Please indicate)
4 Bldg. Exterior	6 Hardscape (parking lot, sidewalk, etc.)	12 Locker Room	16 Restroom	

Reason for application is not required for reporting. This form, when filled out completely, can be used as the pesticide use record required under HSA.  
Reasons for application (required for Healthy Schools Act recordkeeping).

Application 1:	
Application 2:	
Application 3:	
Application 4:	
Application 5:	

LA MESA-SPRING VALLEY  
SCHOOL DISTRICT



# Annual Notification 2022-23

The La Mesa-Spring Valley School District is required to annually notify pupils, parents, and guardians of their rights and responsibilities, pursuant to California Education Code (EC) 48980.

El Distrito Escolar de La Mesa-Spring Valley tiene la obligación de notificar anualmente a los alumnos, padres y tutores legales de sus derechos y responsabilidades, conforme al Código de Educación de California (EC) 48980



district will not be subject to civil liabilities if the student suffers an adverse reaction self-administering the asthma medication in accordance with the written statement from the physician.

#### **CONTINUING MEDICATION REGIMEN-EC 49480**

The parent or legal guardian of any pupil on a continuing medication regimen for a non-episodic condition shall inform the school nurse or other contact person of the medication being taken, the current dosage, and the name of the supervising physician. With the consent of the parent or legal guardian of the pupil, the school nurse may communicate with the physician and may counsel with the school personnel regarding the possible effects of the drug on the child's physical, intellectual, and social behavior, as well as possible behavioral signs and symptoms of adverse side effects, omission, or overdose.

#### **MEDICAL AND HOSPITAL SERVICES FOR PUPILS-EC 49471, 49472**

La Mesa-Spring Valley School District does not provide medical, accident or dental insurance for pupils injured on school premises or during school activities; however, the District does offer an optional pupil medical or hospital insurance to parents wishing to purchase coverage for injuries arising from school programs or activities. Information regarding the coverage offered will be sent home with each pupil at the beginning of the school year.

Some pupils may qualify to enroll in Covered California. Covered California is a no-cost or low-cost health insurance program. For information on health care coverage options and enrollment assistance, contact [www.coveredca.com](http://www.coveredca.com) or call 1-800-300-1506.

#### **ACCESS TO STUDENT MENTAL HEALTH SERVICES**

##### **ACCESS TO STUDENT MENTAL HEALTH SERVICES-EC 49428**

LMSVSD shall notify pupils and parents or guardians of pupils no less than twice during the school year on how to initiate access to available pupil mental health services on campus or in the community, or both.

To notify parents or guardians, a school shall use at least two of the following methods:

- Distribute the information in a letter (electronic or hardcopy)
- Include the information in the annual parent notification
- Post the information on the school's Internet Web site or page

To notify pupils, a school shall use at least two of the following methods:

- Distribute the information in a document or school publication
- Include the information in pupil orientation materials or in a pupil handbook at the beginning of the year
- Post the information on the school's Internet Web site or page

#### **PUPIL SUICIDE PREVENTION POLICIES-EC 215**

Before the beginning of the 2020-21 school year, the governing board or body of a local educational agency that serves pupils in kindergarten and grades 1 to 6 shall adopt a policy on pupil suicide prevention for the above grade levels. The age appropriate policy shall be developed in consultation with school and community stakeholders, the county mental health plan, school-employed mental health professionals, and suicide prevention experts. The policy shall also, at minimum, address procedures relating to suicide prevention, intervention, and postvention.

The policy should address needs of high-risk student groups. The definition of high-risk groups includes (but not be limited to):

- Students bereaved by suicide
- Students with disabilities, mental health disorders, or substance abuse disorders
- Homeless youth or in out-of-home settings, such as foster care.
- LGBTQ students

#### **WELLNESS POLICY**

##### **TOBACCO-FREE CAMPUS-HSC 104420, 104495**

LMSVSD receives Tobacco Use Prevention funding to adopt and enforce a tobacco-free campus policy. Information about the policy and enforcement procedures may be found online at [www.lmsvschools.org](http://www.lmsvschools.org). Health and Safety Code section 104495 prohibits smoking and use of any tobacco-related products and disposal of any tobacco-related waste within 25 feet of a school playground. The prohibition does not apply to a public sidewalk located within 25 feet of a playground.

##### **LOCAL SCHOOL WELLNESS POLICY-EC 49432**

The local school wellness policy for each LMSVSD school is available at [www.lmsvschools.org](http://www.lmsvschools.org). In addition, a summary of the nutrition and physical activity laws and regulations applicable to LMSVSD schools is available at [www.lmsvschools.org](http://www.lmsvschools.org)

#### **SCHOOL MEAL PROGRAM**

##### **PUPIL NUTRITION-EC 49510-49520; 49564-49564.5, 49557.5**

All students attending La Mesa-Spring Valley Schools will be able to receive a free nutritious breakfast and lunch through the California Universal Meals Act at their school. A la carte items such as juice, milk and a second entrée can be purchased with cash or by utilizing the online payment option located at [www.lmsvschools.org](http://www.lmsvschools.org), Child Nutrition page. All school meals meet and exceed the USDA requirements recommended for fat, trans fat, calories, and salt. Special meal accommodations can be requested by emailing [Melinda.Murphy@lmsvschools.org](mailto:Melinda.Murphy@lmsvschools.org).

#### **PESTICIDE PRODUCTS**

##### **USE OF PESTICIDES-EC 17612, 48980.3**

Pesticides -Pesticide Products- Healthy Schools Act-EC 17612, 48980.3, EC 48980.3, 17612:

The District selects and uses the least hazardous methods and materials available to control pests/weeds. Furthermore, pesticides are used only on an as-needed basis and through precision targeting to areas not contacted by students and/or staff. If it is necessary to use a pesticide, parents and staff will be informed 72 hours in advance of use through the school newsletter, flyer, or notice posted at the site. The Healthy Schools Act of 2001 requires the District to provide information with regard to the use of pesticides. Products we expect to use this year will include Ranger Pro with Glyphosate for weeds, JT Eaton apple bait block, Rodenticide for rodents with Dipacinore, Max Force Gel Bait with Fipronil and Max Force Granular with Hydramethylnon, Phantom Termitecide with Chlorfenapyr, Wisdom TC Flowable with Bifenthrin for ants and roaches, Wasp Freeze with d-trans Allethrin-Phenothrin, Alpine Dust insecticide with Diatomaceous Earth for bees, Gentrol-insect growth regulator with Hydroprene for insects, Altosis-larvicide with Methoprene for mosquitoes, PT Alpine pressurized insecticide with Methyl for Flea, Bed Bugs and Ticks, Pyrethrin Fogger with Piperonyl Butoxide for Insects, Advion insect granules with Methyl for mosquitoes. All chemicals have a CAUTION signal word.

Persons wishing to be notified in advance of individual pesticide applications may register with the District for that purpose. To register, contact: Alejandro.Vallejo@lmsvschools.org. Additional information on pesticides is made available by the Department of Pesticide Regulation at [www.cdpr.ca.gov](http://www.cdpr.ca.gov).

LMSVSD has developed an integrated pest management plan to provide a safe and low-risk approach to manage pest problems while protecting the environment, people and property. LMSVSD's integrated pest management plan can be found on [www.lmsvschools.org](http://www.lmsvschools.org) and parents or guardians may also view the integrated pest management plan at the Facilities Office at the Operations Center during normal business hours.

#### **ASBESTOS MANAGEMENT PLAN**

ASBESTOS-40 C.F.R. 763.93

LMSVSD has a current management plan for asbestos containing materials for all district portables. The plan is available for inspection at the Operations Center or in the main office at any of our schools during normal business hours.

#### **SCHOOL SAFETY**

DRESS CODE DRESS CODE/GANG APPAREL-EC 35183

Students are expected to come to school appropriately dressed. Students failing to dress appropriately will be asked to change.

LMSVSD's dress code is available online at [www.lmsvschools.org](http://www.lmsvschools.org).

SUN PROTECTIVE CLOTHING/USE OF SUNSCREEN-EC 35183.5

LMSVSD allows for outdoor use of sun-protective clothing and the use of sunscreen by students during the day. More information is available online at [www.lmsvschools.org](http://www.lmsvschools.org).

#### **FINGERPRINTING PROGRAM**

FINGERPRINTING PROGRAM-EC 32390 (R.C.)

LMSVSD does not offer a voluntary fingerprinting program. Fingerprinting requires written parental consent as well as payment by the parent or guardian of any applicable fees.

#### **SCHOOLBUS SAFETY**

SCHOOL BUS AND PASSENGER SAFETY-EC 39831.5

Bus safety regulations, including a list of school bus stops near each pupil's home, general rules of conduct at school bus loading zones, red light crossing instructions, school bus danger zone, and walking to and from school bus stops, can be found online at [www.lmsvschools.org](http://www.lmsvschools.org)

#### **EMPLOYEE INTERACTION WITH STUDENTS**

TEACHER QUALIFICATIONS

Parents or guardian of all pupils may request specified professional qualifications of the student's classroom teacher(s) and assigned paraprofessional(s).

EMPLOYEE INTERACTIONS WITH PUPILS-EC 44050

La Mesa-Spring Valley School District Board Policies 4n9.2/42i9.2/43i9.2 I detail the professional standards to which all District employees are held. This information may also be accessed at [www.lmsvschools.org](http://www.lmsvschools.org)

#### **DUTY CONCERNING CONDUCT OF PUPILS-EC 44807**

All students participating in LMSVSD programs or activities will comply with LMSVSD policies, rules and regulations, pursue their studies and obey the valid authority of LMSVSD staff. Any student who feels another participant is disrupting the student's learning environment is strongly encouraged to report that misconduct to a LMSVSD staff member. The LMSVSD staff member will, in turn, report to the designated LMSVSD staff member in charge of handling student complaints. LMSVSD staff expects all students enrolled in LMSVSD programs or activities to conduct themselves in a manner that enriches the educational environment and does not disrupt the learning process. LMSVSD believes all students enrolled in LMSVSD programs or activities should experience a positive learning environment. All students participating in LMSVSD programs or activities are expected to cooperate by respecting the rights of other participants, which includes the right to a learning environment free from disruptions. Student conduct includes conduct on school grounds, going to and from school and during recess and lunch periods.

Every teacher has a duty to hold pupils accountable for their conduct on the way to and from school, and on the playground, or during recess. A teacher, vice principal, principal or any other certificated employee of a school district, shall not be subject to criminal prosecution or criminal penalties for the exercise, during the performance of his duties, of the same degree or physical control over a pupil that a parent would be legally privileged to exercise but which in no event shall exceed the amount of physical control reasonably necessary to maintain order, protect property, or protect the health and safety of pupils, or to maintain proper and appropriate conditions conducive to learning.

COMPREHENSIVE SCHOOL SAFETY PLAN-EC 32286, 32288

Each school is required to develop a school safety plan, which includes a comprehensive disaster preparedness plan. Copies of the school safety plan are available to read at the La Mesa-Spring Valley School District office, 4750 Date Ave., La Mesa, CA 91942, during normal business hours.

La política debe abordar las necesidades de los grupos de alumnos de alto riesgo. La definición de grupos de alto riesgo incluye (pero no se limita a):

- Alumnos en duelo por suicidio
- Alumnos con discapacidades, trastornos de salud mental y trastornos por abuso de sustancias
- Jóvenes sin techo o en entornos fuera del hogar, como hogares de acogida
- Alumnos

LGBTQ

#### **POLÍTICA DE BIENESTAR**

##### **RECINTO ESCOLAR LIBRE DE TABACO-HSC 104420, 104495**

El Distrito Escolar de La Mesa-Spring Valley recibe fondos de Prevención del Tabaquismo para adoptar y ejecutar la política de recinto escolar libre de tabaco. Información sobre los procedimientos de esta política y su aplicación se puede encontrar por Internet en: [www.lmsvschools.org](http://www.lmsvschools.org). El Código de Salud y Seguridad Artículo 104495 prohíbe fumar y el uso de cualquier producto de tabaco, así como la eliminación de los residuos relacionados con el tabaco a menos de 25 pies de un patio de recreo de la escuela. Esta prohibición no se aplica a una banqueta pública ubicada a menos de 25 pies de un patio de recreo.

#### **POLÍTICA DE BIENESTAR**

##### **ESCUELA LIBRE DE TABACO-HSC 104420, 104495**

El Distrito Escolar de La Mesa-Spring Valley recibe fondos para la prevención del consumo de tabaco para adoptar y hacer cumplir una política de campus libre de tabaco. Puede encontrar información sobre la política y los procedimientos de aplicación en línea en [www.lmsvschools.org](http://www.lmsvschools.org). La sección 104495 del Código de Salud y Seguridad prohíbe fumar y el uso de cualquier producto relacionado con el tabaco y la eliminación de cualquier desecho relacionado con el tabaco dentro de los 25 pies del patio de la escuela. La prohibición no se aplica a la acera pública dentro de los 25 pies de un patio de recreo.

##### **POLÍTICA DE BIENESTAR DE ESCUELA LOCAL-EC 49432**

La política de bienestar de escuela local de cada una de las escuelas del Distrito Escolar de La Mesa-Spring Valley está disponible en [www.lmsvschools.org](http://www.lmsvschools.org). Además, un resumen de las leyes y reglamentos referentes a la nutrición y actividad física aplicables a las escuelas del Distrito está disponible en [www.lmsvschools.org](http://www.lmsvschools.org).

#### **PROGRAMA DE ALIMENTOS ESCOLARES**

##### **NUTRICIÓN ESTUDIANTIL-EC 49510-49520; 49564-49564.5, 49557.5**

Todos los alumnos que asisten a las Escuelas de La Mesa-Spring Valley podrán recibir un desayuno y almuerzo nutritivo gratuito a través de la Ley de Alimentos Universales de California (*California Universal Meals Act*) en su escuela. Los productos a la carta como jugo, leche y un segundo plato principal se pueden comprar en efectivo o utilizando la opción de pago en línea ubicada en [www.lmsvschools.org](http://www.lmsvschools.org), página de Nutrición Infantil. Todas las comidas escolares cumplen y exceden los requisitos de UDA recomendados para grasas, grasas trans, calorías y sal. Se pueden solicitar adaptaciones para comidas especiales enviando un correo electrónico a [Melinda.Murphy@lmsvschools.org](mailto:Melinda.Murphy@lmsvschools.org).

#### **PRODUCTOS PLAGUICIDAS**

##### **USO DE PESTICIDAS-EC 17612, 48980.3**

Plaguicidas -Productos Plaguicidas- Ley de Escuelas Saludables-EC 17612, 48980.3, EC 48980.3, 17612:

El Distrito selecciona y utiliza los métodos y materiales menos peligrosos disponibles para controlar plagas/malezas. Además, los pesticidas sólo se utilizan según sea necesario y mediante la focalización de precisión en áreas en donde los alumnos y el personal no tienen contacto. Si es necesario utilizar un pesticida, los padres y el personal serán informados 72 horas antes del uso a través del boletín escolar, volante o aviso publicado en el sitio. La Ley de Escuelas Saludables del 2001 requiere que el Distrito proporcione información con respecto al uso de pesticidas. Los productos que esperamos utilizar este año incluirán Ranger Pro-con glifosato para malezas, bloque de cebo de manzana JT Eaton, rodenticida para roedores con Dipahcinore, Max Force Gel Bait con Fpronil y Max Force Granular con Hydramethylnon, Phantom Termiticide con Chlorfenapyr, Wisdom TC Flowable con Bifentrina para hormigas y cucarachas, Wasp Freeze con d-trans Allethrin-Phenothrin, insecticida de polvo alpino con tierra de diatomeas para abejas, Gentrol- Regulador de crecimiento de insectos con Hidropropano para insectos, Altoside-Larvicida con Metopreno para mosquitos, insecticida PT Alpine presurizado con Metilo para pulgas, chinches y garrapatas, Nebulizador de Piretrina con Butóxido de Piperonilo para insectos. Gránulos de insectos Advion con Metil para mosquitos. Todos los productos químicos tienen una palabra de advertencia de PRECAUCIÓN.

Las personas que deseen ser notificadas con anticipación sobre las aplicaciones individuales de pesticidas pueden registrarse con el Distrito para ese propósito. Para registrarse, comuníquese con: [Alejandro.Vallejo@lmsvschools.org](mailto:Alejandro.Vallejo@lmsvschools.org). El Departamento de Regulación de Pesticidas ofrece información adicional sobre pesticidas en: [www.cdpr.ca.gov](http://www.cdpr.ca.gov).

El Distrito Escolar de La Mesa-Spring Valley ha desarrollado un plan de manejo integrado de plagas para proporcionar un enfoque seguro y de bajo riesgo para gestionar los problemas de plagas y al mismo tiempo proteger al medio ambiente, personas y bienes. El plan de manejo integrado de plagas del Distrito se puede encontrar en [www.lmsvschools.org](http://www.lmsvschools.org) y los padres o tutores legales también pueden ver el plan de manejo integrado de plagas en la Oficina de Instalaciones en el Centro de Operaciones durante el horario normal de oficina.

#### **PLAN DE MANEJO DEL ASBESTOS**

##### **ASBESTO-40 C.F.R. 763.93**

El Distrito Escolar de La Mesa-Spring Valley tiene un plan de gestión actualizado para todos los materiales que contienen asbesto en todas las salas de clases portátiles del distrito. El plan está disponible para inspección en el Centro de Operaciones o las oficinas principales de nuestras escuelas durante las horas normales de oficina.

#### **SEGURIDAD ESCOLAR**

##### **CÓDIGO DE ATUENDO ESCOLAR**

##### **CÓDIGO DE ATUENDO/ATUENDO DE PANDILLAS-EC 35183**

Se espera que los alumnos vengan a la escuela vestidos apropiadamente. A los alumnos que no estén vestidos apropiadamente se les pedirá que se cambien. El código de atuendo escolar del Distrito Escolar de La Mesa-Spring Valley está disponible en línea en: [www.lmsvschools.org](http://www.lmsvschools.org).

##### **ROPA PARA PROTEGERSE DEL SOL/USO DE BLOQUEADOR SOLAR-EC 35183.5**

El Distrito permite a los alumnos utilizar ropa que ofrece protección del sol y protector solar cuando estén afuera durante el día. Más información está disponible en línea en: [www.lmsvschools.org](http://www.lmsvschools.org).