

# May

## CACFP Menu 2023

### Offered Daily:



- Milk / Fluid
- Meat / Meat Alternate
- Fruit
- Vegetable
- Grains / Bread

**1**  
Mini Cheeseburger  
Fresh Apple  
Carrot Sticks  
1% White/NF Choc. Milk

**2**  
Cheez It's  
Sunflower Seeds  
Peach Cups  
Romaine Lettuce  
1% White/NF Choc. Milk

**3**  
Galaxy Pizza  
Fresh Apple  
Carrot Sticks  
1% White/NF Choc. Milk

**4**  
Graham Crackers  
Yogurt  
Dried Cranberries  
Carrot Sticks  
1% White/NF Choc. Milk

**5**  
Turkey / Cheese Sub  
Raisins  
Black Beans  
1% White/NF Choc. Milk

**8**  
(Whole Grain)  
Bean & Cheese Burrito  
Petite Banana  
Cucumber Sticks  
1% White/NF Choc. Milk

**9**  
Lemon Blueberry Crisps  
Sunflower Seeds  
Peach Cups  
Romaine Lettuce  
1% White/NF Choc. Milk

**10**  
Galaxy Pizza  
Fresh Apple  
Carrot Sticks  
1% White/NF Choc. Milk

**11**  
Tostitos Scoops  
String Cheese  
Dried Cranberries  
Carrot Sticks  
1% White/NF Choc. Milk

**12**  
Pepperoni &  
Cheese Sandwich  
Raisins  
Black Beans  
1% White/NF Choc. Milk

**15**  
Galaxy Pizza  
Fresh Apple  
Carrot Sticks  
1% White/NF Choc. Milk

**16**  
Cheez It's  
Sunflower Seeds  
Peach Cups  
Romaine Lettuce  
1% White/NF Choc. Milk

**17**  
(Whole Grain)  
Bean & Cheese Burrito  
Petite Banana  
Cucumber Sticks  
1% White/NF Choc. Milk

**18**  
Graham Crackers  
Yogurt  
Dried Cranberries  
Carrot Sticks  
1% White/NF Choc. Milk

**19**  
Pepperoni &  
Cheese Sandwich  
Raisins  
Black Beans  
1% White/NF Choc. Milk

**22**  
Mini Cheeseburger  
Fresh Apple  
Carrot Sticks  
1% White/NF Choc. Milk

**23**  
Tostitos Scoops  
String Cheese  
Peach Cups  
Romaine Lettuce  
1% White/NF Choc. Milk

**24**  
(Chipotle)  
Chicken Sandwich  
Petite Banana  
Cucumber Sticks  
1% White/NF Choc. Milk

**25**  
Granola Package  
Yogurt  
Dried Cranberries  
Carrot Sticks  
1% White/NF Choc. Milk

**26**  
Cool Ranch Doritos  
String Cheese  
Raisins  
Black Beans  
1% White/NF Choc. Milk

**29** ESS & School Closed



**30**  
Cinnamon Crackers  
Sunflower Seeds  
Peach Cups  
Romaine Lettuce  
1% White/NF Choc. Milk

**31**  
(Whole Grain)  
Bean & Cheese Burrito  
Petite Banana  
Cucumber Sticks  
1% White/NF Choc. Milk

### Served at:

- Highlands
- Avondale
- Bancroft
- Casa de Oro
- Kempton
- La Mesa Dale
- La Presa
- Rancho
- LMAAC
- STEAM
- SVA

Menu subject to change.  
This institution is an equal opportunity provider.