



ESS AUGUST CACFP MENU '23



[AVO - BAN - CDO - HIG - KEM - LMD - LPE - RAN - LMAAC - STEAM - SVA]



| MON | TUE | WED | THURS | FRI |
|--|--|--|--|---|
| 7 ✧ <u>Snack only, no CACFP ✧</u> Chocolate Chip Cookie Fresh Fruit Milk or Juice | 8 ✧ <u>Snack only, no CACFP ✧</u> Goldfish Cheddar Fresh Fruit Milk or Juice | 9 ✧ <u>Snack only, no CACFP ✧</u> Tostitos Scoops Fresh Fruit Milk or Juice | 10 Graham Crackers Yogurt Dried Cranberries Carrot Sticks Milk / Juice | 11 Cheeseburger Raisins Black Beans Milk / Juice |
| 14 Bean & Cheese Burrito Fresh Apple Carrot Sticks 1% White / NF Chocolate Milk | 15 Chex Mix String Cheese Cherry Tomatoes Apricots 1% White / NF Chocolate Milk | 16 Galaxy Pizza Petite Banana Cucumber Sticks 1% White / NF Chocolate Milk | 17 Pretzels String Cheese Dried Cranberries Carrot Sticks 1% White / NF Chocolate Milk | 18 Cheeseburger Raisins Black Beans 1% White / NF Chocolate Milk |
| 21 Pepperoni Cheese Sandwich Fresh Apple Carrot Sticks 1% White / NF Chocolate Milk | 22 Tostitos Scoops String Cheese Cherry Tomatoes Apricots 1% White / NF Chocolate Milk | 23 Galaxy Pizza Petite Banana Cucumber Sticks 1% White / NF Chocolate Milk | 24 Graham Crackers Yogurt Dried Cranberries Carrot Sticks 1% White / NF Chocolate Milk | 25 Cool Ranch Doritos String Cheese Raisins Black Beans 1% White / NF Chocolate Milk |
| 28 Pepperoni Cheese Sandwich Fresh Apple Carrot Sticks 1% White / NF Chocolate Milk | 29 Turkey & Cheese Sub Cherry Tomatoes Apricots 1% White / NF Chocolate Milk | 30 Galaxy Pizza Petite Banana Cucumber Sticks 1% White / NF Chocolate Milk | 31 Bean & Cheese Burrito Fresh Apple Carrot Sticks 1% White / NF Chocolate Milk | <u>OFFERED DAILY:</u> • Milk / Fluid • Meat / Alternate • Fruit • Vegetable • Grains / Bread |



✧ Menu subject to change. This institution is an equal opportunity provider. ✧

