

ESS AUGUST SNACK MENU 2023

✦ FLH • LEA • LOM • MAA • MUR • MUM • NOR • ROL • SWS • PKM ✦

MON	TUE	WED	THURS	FRI
7 (Whole Grain) Chocolate Chip Cookie Fresh Fruit Milk or Juice	8 Goldfish Cheddar Crackers Fresh Fruit Milk or Juice	9 Tostitos Scoops Fresh Fruit Milk or Juice	10 Cinnamania Crackers Fresh Fruit Milk or Juice	11 Sun Chips Fresh Fruit Milk or Juice
14 Granola Bar Fresh Fruit Milk or Juice	15 Chex Mix Fresh Fruit Milk or Juice	16 Vanilla Bear Grahams Fresh Fruit Milk or Juice	17 Pretzels Fresh Fruit Milk or Juice	18 Scooby Graham Crackers Fresh Fruit Milk or Juice
21 Goldfish Cheddar Crackers Fresh Fruit Milk or Juice	22 Tostitos Scoops Fresh Fruit Milk or Juice	23 Cinnamon Crisps Fresh Fruit Milk or Juice	24 Corn Chips Fresh Fruit Milk or Juice	25 Cool Ranch Doritos Fresh Fruit Milk or Juice
28 (Whole Grain) Chocolate Chip Cookie Fresh Fruit Milk or Juice	29 Chex Mix Fresh Fruit Milk or Juice	30 Cinnamon Crisps Fresh Fruit Milk or Juice	31 Granola Bar Fresh Fruit Milk or Juice	

✦ Menu subject to change. This institution is an equal opportunity provider. ✦