

Occupational Health Services Facilities Listing

CLINICS

Alpine Family Medicine

<http://mtnhealth.org>

ALPINE	1620 Alpine Blvd.	91901	619.445.6200	FAX: 619.320.3347
Open: M-F 8:30am - 5pm				

Borrego Medical Clinic

<http://www.borregomedical.org/component/content/article/51/99-our-clinics>

BORREGO SPRINGS	4343 Yaqui Pass Road	92004	760.767.5051	FAX: 760.767.4552
Open: M-F 8:30am - 5pm				

CONCENTRA

<http://www.concentra.com>

CARLSBAD	5810 El Camino Real, Suite A	92008	760.929.8269	FAX: 760.929.8556
Open: M-F 7am - 6pm				
CHULA VISTA	542 Broadway, Suite G	91910	619.425.8212	FAX: 619.425.1604
Open: M-F 8am - 6pm, Sat. 9am - 3pm				
ESCONDIDO (SOUTH)	860 West Valley Parkway, Suite 150	92025	760.740.0707	FAX: 760.747.3136
Open: M-F 8am - 5pm				
LA MESA	8090 Parkway Drive	91942	619.697.3093	FAX: 619.697.3135
Open: M-F 8am - 5pm				
MURRIETA	25285 Madison Avenue, Suite 101	92562	951.600.9070	FAX: 951.600.9177
Open: M-F 8am - 7pm				
NATIONAL CITY	102 Mile of Cars Way	91950	619.474.9211	FAX: 619.474.2000
Open: M-F 7am - 7pm				
OCEANSIDE	3910 Vista Way, Suite 106	92056	760.941.2000	FAX: 760.941.4900
Open: M-F 7am - 7pm, Sat. 8am - 2pm				
MIRAMAR	7590 Miramar Road, Suite C	92126	858.549.4255	858.549.4552
Open: M-F 8am - 5 pm				
HILLCREST	3930 4th Avenue, Suite 200	92103	619.297.9610	FAX: 619.297.2244
Open: M-F 7 am - 7 pm				

SAN DIEGO	5333 Mission Center Road, Suite 100	92108	619.295.3355	FAX: 619.542.1317	Open: M-F 8am - 6pm
KEARNY MESA	5575 Ruffin Road, Suite 100	92123	858.277.2744	858.277.8254	Open: 24 Hours/7 Days a Week
SORRENTO MESA	10350 Barnes Canyon Rd., Suite 200	92121	858.455.0200	FAX: 858.455.0044	Open: M-F 8am - 5pm
SAN MARCOS	740 Nordahl Road, Suite 131	92069	760.432.9000	FAX: 760.741.0746	Open: M-F 8am - 8pm; Sat. & Sun. 8am - 5pm
SANTEE	9745 Prospect Avenue, Suite 100	92071	619.448.4841	FAX: 619.448.8700	Open: M-F 7am - 5pm

East County Urgent Care

<http://eastcountyurgentcare.com>

EL CAJON	1625 East Main Street, #100	92021	619.442.9896	FAX: 619.442.2245	Open: M-F 8:15am - 5:30pm, Sat. & Sun. 9am - 3:45pm
----------	-----------------------------	-------	--------------	-------------------	---

KAISER LA MESA MEDICAL OFFICES/URGENT CARE

https://healthy.kaiserpermanente.org/southern-california/facilities/La-Mesa-Medical-Offices-100142?utm_source=GMB_listing

LA MESA	8080 Parkway Drive	91942	833.574.2273		Open: M-F 9am - 9pm Daily
---------	--------------------	-------	--------------	--	---------------------------

KAISER ON-THE-JOB OCCUPATIONAL HEALTH SERVICES (FOR WORKERS'

https://businessnet.kp.org/static/pdfs/cal/koj_overview.pdf

OTAY MESA	4650 Palm Avenue, Building 2, 2nd Floor	92154	833.242.8500		Open: M-F 9am - 5pm
SAN DIEGO	6911 Convoy Court, 3rd Floor, Suite 316	92111	833-242-8500		Open: M-F 9am - 5pm
SAN MARCOS	400 Craven Road, Building 1, 2nd Floor	92078	833.242.8500		Open: M-F 9am - 5pm
WILDOMAR	36450 Inland Valley Drive, 2nd. Floor, Room 205	92595	951.353.4332	951.353.4322	Open: M-F 8:30am - 5pm

KAISER OTAY MESA MEDICAL OFFICES/URGENT CARE

https://healthy.kaiserpermanente.org/southern-california/facilities/Otay-Mesa-Medical-Offices-100079?utm_source=GMB_listing

SAN DIEGO 4650 Palm Ave., 92154 833.242.8500
Building 1
Open: M-F 9am - 9pm Daily

KAISER SAN MARCOS MEDICAL OFFICES/URGENT CARE

https://healthy.kaiserpermanente.org/southern-california/facilities/San-Marcos-Medical-Offices-100053?utm_source=GMB_listing

SAN MARCOS 400 Craven Road, 92078 833.242.8500
Building 3, 1st Floor
Open: M-F 10am - 8pm, Sat. & Sun. 9am - 5pm

Lake Medical & Chiropractic Center

<http://lake-medical.com/>

SAN MARCOS 1146 San Marino Dr. 92078 760.471.2033 760.471.2083
Open: M-F 8am - 6pm; Urgent Care:
8am - 8pm, Sat.: By appointment

Mountain Empire Family Medicine

<http://mtnhealth.org>

CAMPO 31115 Highway 94 91906 619.478.5311 FAX: 619.478.2267
Open: M-F 8:30am - 5pm

Occupational Health Center of Imperial Valley

<http://www.pmhd.org/ContactUs/contact.html>

BRAWLEY 751 W. Legion Road, 92227 760.351.4400 760.351.4407
Suite 103
Open: M-F 8am - 4pm

Palomar Health

<http://www.palomarhealth.org/>

ESCONDIDO 2125 Citracado 92029 760.510.7373 FAX: 760.510.7374
Parkway, Suite 130
Open: M-F 8am - 5pm

Partners Urgent Care

<http://www.partnersurgentcare.com/>

EASTLAKE 2315 Otay Lakes 91914 619.946.4700 619.946.4701
Road, Suite 306

GROSSMONT	6136 Lake Murray Boulevard	91942	619.303.5500	619.303.5595
UTC/LA JOLLA	4085 Governor Drive	92122	858.888.7800	858.888.7801
RANCHO PENASQUITOS	9878 Carmel Mountain Road, Suite B	92129	858.798.9100	

SHARP REES-STEALY OCCUPATIONAL HEALTH FACILITIES

<http://www.sharp.com/occupational-health/index.cfm>

CHULA VISTA	525 3rd Avenue	91910	619.585.4050	UC phone: 619.585.4000 Open: M-F 8am - 5 pm; Urgent Care: 8am - 8pm, daily
LA MESA	Grossmont Medical Plaza, 5525 Grossmont Center Drive, Suite 601	91942	619.644.6600	UC phone: 619.644.6625 Open: M-F 8am - 5pm; Urgent Care: 8am - 8pm, daily
KEARNY MESA	2020 Genesee Avenue, 2nd Floor	92123	858.616.8400	858.569.0741 Open: M-F 8am - 5pm
DOWNTOWN	300 Fir Street	92101	619.446.1524	UC phone: 619.446.1575 Open: M-F 8am - 5pm; Urgent Care: M-F 5pm - 10pm, Weekends & Holidays 8am - 8pm
SORRENTO MESA	10243 Genetic Center Dr.	92121	858.526.6150	UC phone: 858.526.6100 Open: M-F 8am - 5pm; Urgent Care: 8am - 8pm, daily
RANCHO BERNARDO	16899 West Bernardo Drive	92127	858.521.2350	UC phone: 858.521.2300 Open: M-F 8am - 5pm; Urgent Care: M-F 8pm - 8pm, daily
Santee	After-Hours Care, 8701 Cuyamaca St.	92071	619.499.2600	Open: M-F 5pm - 8pm; Sat. - Sun.: 8am - 8pm

South Bay Urgent Care

<https://www.southbayurgentcare.com>

SAN DIEGO	1628 Palm Ave	92154	619.591.9999	FAX: 619.941.2078
Open: M-F 9am - 7pm; Sat. & Sun. 10am - 6pm				

WorkPartners/ Akeso Occupational Health

<http://www.workpartnersohs.com/>

NATIONAL CITY	1510 Sweetwater Road, Suite B	91950	619.552.2870	
Open: M-F 7am - 7pm; Sat. 8am - 3pm				
OCEANSIDE	3156 Vista Way, Suite 100	92056	760.681.5222	FAX: 760.681.5151
Open: M-F 8am - 6pm; Sat. 9am - 2pm				
SAN DIEGO	7485 Mission Valley Rd Suite 100	92108	619.900.1330	
Open: M-F 8am - 6pm				
VISTA	2365 S Melrose Dr.	92081	760.571.5910	FAX: 760.597.0349
Open: M-F 8am - 6pm				

HOSPITALS

Alvarado Hospital LLC

<http://www.alvaradohospital.com/>

SAN DIEGO	6655 Alvarado Rd.	92120	619.287-3270	
-----------	-------------------	-------	--------------	--

El Centro Regional Medical Center

<http://www.ecrhc.org>

EL CENTRO	1415 Ross Ave.	92243	760.339.7100	
-----------	----------------	-------	--------------	--

KAISER/SAN DIEGO MEDICAL CENTER

<https://health.kaiserpermanente.org/wps/portal/facility/100084>

SAN DIEGO	9455 Clairemont Mesa Blvd.	92123	858.266.5000	
-----------	----------------------------	-------	--------------	--

Palomar Health (Urgent Care)

<http://www.palomarhealth.org/>

POWAY	15611 Pomerado Road, 3rd Floor North	92064	858.675.3200	Open: Daily 9am - 8pm
-------	--------------------------------------	-------	--------------	-----------------------

Palomar Health Downtown Campus

http://www.palomarhealth.org

ESCONDIDO	555 E. Valley Pkwy	92029	760.739.3000
-----------	--------------------	-------	--------------

Palomar Medical Center

<http://www.palomarhealth.org/>

ESCONDIDO	2185 Citracado Parkway	92029	442.281.5000
-----------	------------------------	-------	--------------

Paradise Valley Hospital

<http://www.paradisevalleyhospital.net/>

NATIONAL CITY	2400 E 4th St.	91950	619.470-4321
---------------	----------------	-------	--------------

Pioneers Memorial Hospital

<http://www.pmhd.org>

BRAWLEY	207 W. Legion Rd.	92227	760.351.3333	760.351.4401
---------	-------------------	-------	--------------	--------------

Pomerado Hospital

<http://www.pph.org/PPHContentPage.aspx?nd=72>

POWAY	15615 Pomerado Road	92064	858.613.4000
-------	---------------------	-------	--------------

Rancho Springs Medical Center Hospital

<http://www.swhealthcaresystem.com/About-the-Hospital>

MURRIETA	2550 Medical Center Dr.	92562	951.696.6000	FAX: 951.353.4322
----------	-------------------------	-------	--------------	-------------------

Scripps Green Hospital

http://www.scripps.org/locations/hospitals__scripps-green-hospital

LA JOLLA	10666 N. Torrey Pines Road	92037	858.554.9100
----------	-------------------------------	-------	--------------

Scripps Memorial Hospital

http://www.scripps.org/locations/hospitals__scripps-memorial-hospital-la-jolla

LA JOLLA	9888 Genesee Avenue	92037	858.626.4123
----------	---------------------	-------	--------------

Scripps Memorial Hospital-Encinitas

http://www.scripps.org/locations/hospitals__scripps-memorial-hospital-encinitas

ENCINITAS	354 Santa Fe Drive	92024	760.633.6501
-----------	--------------------	-------	--------------

Scripps Mercy Hospital

http://www.scripps.org/locations/hospitals__scripps-mercy-hospital

SAN DIEGO	4077 5th Avenue	92103	619.294.8111
-----------	-----------------	-------	--------------

Scripps Mercy Hospital-Chula Vista

http://www.scripps.org/locations/hospitals__scripps-mercy-hospital

CHULA VISTA	435 H Street	91910	619.691.7000
-------------	--------------	-------	--------------

Sharp Chula Vista Medical Center

<http://www.sharp.com/chula-vista/index.cfm>

CHULA VISTA	751 Medical Center Court	91911	619.502.5800
-------------	-----------------------------	-------	--------------

Sharp Coronado Hospital

<http://www.sharp.com/coronado/index.cfm>

CORONADO	250 Prospect Place	92118	619.522.3600
----------	--------------------	-------	--------------

Sharp Grossmont Hospital

<http://www.sharp.com/grossmont/index.cfm>

LA MESA	5555 Grossmont Center Drive	91942	619.740.6000
---------	--------------------------------	-------	--------------

Sharp Memorial Hospital

<http://www.sharp.com/memorial/index.cfm>

SAN DIEGO	7901 Frost Street	92123	858.939.3400
-----------	-------------------	-------	--------------

Tri-City Medical Center Emergency Dept.

<http://tricitymed.org/services/emergency/index.aspx>

OCEANSIDE	4002 Vista Way	92056	760.724.8411
-----------	----------------	-------	--------------

UCSD Medical Center Emergency & Urgent Care (Hillcrest)

<http://health.ucsd.edu/locations/hillcrest.htm>

SAN DIEGO	200 West Arbor Drive	92103	619.543.6222
-----------	----------------------	-------	--------------

UCSD Thornton Hospital Emergency & Urgent Care (La Jolla)

<http://health.ucsd.edu/locations/thornton.asp>

LA JOLLA	9300 Campus Point Drive	92037	858.657.7000
----------	----------------------------	-------	--------------

See Attached on Telemedicine