

ess december cafcp menu



MON	TUE	WED	THURS	FRI
<p><u>Served At:</u></p> <ul style="list-style-type: none"> · Avondale · Bancroft · Casa de Oro · Highlands · Kempton · La Mesa Dale · La Presa · Rancho · LMAAC · STEAM · SVA 		<p><u>All Components Provided Daily:</u></p> <ul style="list-style-type: none"> · Milk / Fluid · Meat / Meat Alternate · Fruit and Vegetable · Grains / Bread 		<p>1</p> <p>Cheeseburger Raisins Black Beans 1% White / NF Chocolate Milk</p>
<p>4 (Chicken & Cheese) Quesadilla Fresh Apple Carrot Sticks 1% White / NF Chocolate Milk</p>	<p>5 Animal Crackers String Cheese Cherry Tomatoes Apricots 1% White / NF Chocolate Milk</p>	<p>6 Galaxy Pizza Petite Banana Cucumber Sticks 1% White / NF Chocolate Milk</p>	<p>7 Yogurt Graham Crackers Peach Cup Carrot Sticks 1% White / NF Chocolate Milk</p>	<p>8 Cheeseburger Raisins Black Beans 1% White / NF Chocolate Milk</p>
<p>11 Chicken Sandwich Fresh Apple Carrot Sticks 1% White / NF Chocolate Milk</p>	<p>12 Sunflower Seeds Strawberry Grahams Apricots & String Cheese Cherry Tomatoes 1% White / NF Chocolate Milk</p>	<p>13 Galaxy Pizza Petite Banana Cucumber Sticks 1% White / NF Chocolate Milk</p>	<p>14 Yogurt Graham Crackers Peach Cup Carrot Sticks 1% White / NF Chocolate Milk</p>	<p>15 Cheeseburger Raisins Black Beans 1% White / NF Chocolate Milk</p>
<p>18 Chicken Sandwich Fresh Apple Carrot Sticks 1% White / NF Chocolate Milk</p>	<p>19 Goldfish Pretzels String Cheese Cherry Tomatoes Apricots 1% White / NF Chocolate Milk</p>	<p>20 Galaxy Pizza Petite Banana Cucumber Sticks 1% White / NF Chocolate Milk</p>	<p>21 Cheez Its String Cheese Sunflower Seeds Carrot Sticks 1% White / NF Chocolate Milk</p>	<p>22</p>  <p>CLOSED</p>
<p>25 - 29 winter break - ess and school closed</p>				

✧ Menu subject to change. This institution is an equal opportunity provider. ✧