



# ess december snack menu

✦ FLH • LEM • LOM • MAA • MUM • MUR • NOR • ROL • SWS • PKM ✦

MON	TUE	WED	THURS	FRI
				<p>1</p> <p>All Sports Bites Fresh Fruit Milk or Juice</p>
<p>4</p> <p>Cool Ranch Doritos Fresh Fruit Milk or Juice</p>	<p>5</p> <p>Vanilla Dino Bites Fresh Fruit Milk or Juice</p>	<p>6</p> <p>Tostito Scoops Fresh Fruit Milk or Juice</p>	<p>7</p> <p>Cheez Its Fresh Fruit Milk or Juice</p>	<p>8</p> <p>Munchie Kids Mix Fresh Fruit Milk or Juice</p>
<p>11</p> <p>Goldfish Cheddar Fresh Fruit Milk or Juice</p>	<p>12</p> <p>Strawberry Grahams Fresh Fruit Milk or Juice</p>	<p>13</p> <p>(Whole Grain) Chocolate Chip Cookie Fresh Fruit Milk or Juice</p>	<p>14</p> <p>(Nature Valley) Granola Bar Fresh Fruit Milk or Juice</p>	<p>15</p> <p>Scooby Grahams Fresh Fruit Milk or Juice</p>
<p>18</p> <p>Cool Ranch Doritos Fresh Fruit Milk or Juice</p>	<p>19</p> <p>Goldfish Pretzels Fresh Fruit Milk or Juice</p>	<p>20</p> <p>Vanilla Dino Bites Fresh Fruit Milk or Juice</p>	<p>21</p> <p>Cheez Its Fresh Fruit Milk or Juice</p>	<p>22</p>  <p><b>CLOSED</b></p>
<p>25 - 29</p> <p>winter break - ess and school closed</p>				

✦ Menu subject to change. This institution is an equal opportunity provider. ✦