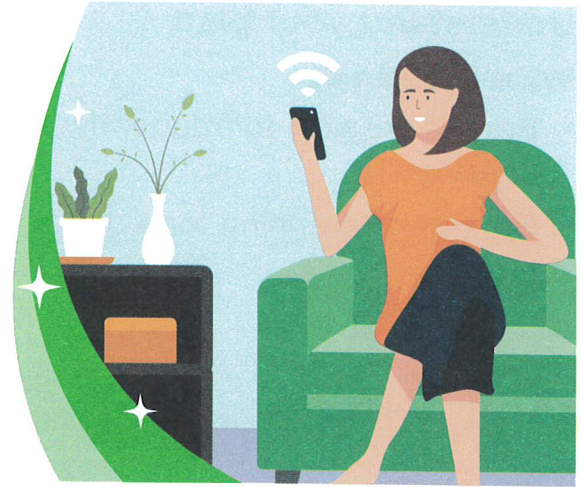




# Resources at your fingertips

Go online to manage your plan



Whether you need to check your benefits or select a new dentist, you can do it all with Delta Dental's online tools.

## Create an account

What you can do:

- Check your plan details and eligibility.
- Browse claim history.
- Download plan documents.
- Find an in-network dentist.
- View your member ID card or print a paper copy.
- Update your settings to go paperless.



**Try it out:** Go to [deltadentalins.com](https://deltadentalins.com) and choose **Log in** to create an account or log in to your existing account.

**Tip:** Access your benefits info on mobile, tablet or desktop!

## Find an in-network dentist

What you can do:

- Search by distance, specialty, language spoken, extended office hours, wheelchair accessibility and more.
- Browse Yelp ratings and reviews from real patients, and check out DentaQual scores for an objective quality metric based on actual claims data.



**Try it out:** Go to [deltadentalins.com](https://deltadentalins.com), enter your address or ZIP code and select your network. Not sure which network to choose? Log in to your account first and follow the prompts to find a dentist.



[deltadentalins.com/members](https://deltadentalins.com/members)

## Understand your plan

### What you can do:

- Browse answers to frequently asked questions.
- Get tips on planning for a dental visit.
- Find claim forms.
- Learn how to go paperless, sign up for a virtual dental visit and coordinate coverage with two or more plans.



**Try it out:** Visit [deltadentalins.com/members](https://deltadentalins.com/members) for useful resources and tips.

## Explore dental wellness

### What you can do:

- Browse articles on everything from acid reflux to xylitol.
- Find delicious recipes for healthy meals.
- Check out videos on preventive care and common procedures.

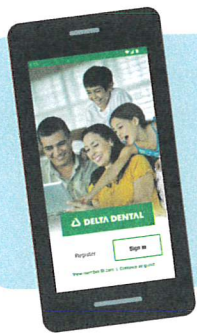


**Try it out:** Visit [deltadentalins.com/wellness](https://deltadentalins.com/wellness) to start learning.

## Download the app

### What you can do:

- Check your plan details and eligibility.
- Browse claim history.
- View your member ID card.
- Get a cost estimate.
- Find an in-network dentist.



**Try it out:** Search for Delta Dental in the App Store or Google Play.

**Tip:** Don't need another app? Just visit [deltadentalins.com](https://deltadentalins.com) on your smartphone or tablet and log in to your account.