LA MESA-SPRING VALLEY SCHOOL DISTRICT

2026 Benefits Rates

(Payroll Premiums are deducted 10thly September - June)

MEDICAL OPTIONS AND RATES:

UHC-VEBA DIRECT HMO

Employee Only	$0
Employee + Spouse	$828.80
Employee + Children	$472.50
Employee + Family	$1,484.00

KAISER

Employee Only	$128.00
Employee + Spouse	$994.80
Employee + Children	$824.50
Employee + Family	$1,626.00

UHC-HARMONY HMO 10

Employee Only	$0
Employee + Spouse	$778.40
Employee + Children	$472.50
Employee + Family	$1,397.20

UHC- ALLIANCE HMO 10

Employee Only	$189.00
Employee + Spouse	$1,025.80
Employee + Children	$624.50
Employee + Family	$1,755.00

UHC-JOURNEY HMO HARMONY

Employee Only	$0
Employee + Spouse	$686.70
Employee + Children	$424.90
Employee + Family	$1,242.50

SIMNSA HMO-(Cross Border Plan)

Employee Only	$0
Employee + 1 Dependent	$189.00
Employee + Family	$395.50

DENTAL OPTIONS AND RATES:

DELTA DENTAL PPO

Employee Only	$0
Employee + Spouse	$64.73
Employee + Children	$47.03
Employee + Family	$112.06

DELTA CARE HMO:

Employee Only	$0
Employee + Spouse	$20.50
Employee + Children	$22.47
Employee + Family	$43.76

VOLUNTARY PLANS AND RATES:

VSP VISION

Employee Only	$10.20
Employee + Spouse	$20.11
Employee + Children	$19.69
Employee + Family	$28.81

METLIFE LEGAL

Legal Plan	$27.60
Legal Plan Plus Parent	$33.60

The rates quoted for these benefits may be subject to change based on final enrollment and/or final underwriting requirements. This material if for informational purposes only and is neither an offer of coverage nor medical advice. It contains only a partial, general description of the plan or program benefits and does not constitute a contract. Consult your plan documents (Schedule of Benefits, Certificate of Coverage, Group Agreement, Group Insurance Certificate, Booklet-certificate, Group Policy) to determine governing contractual provisions, including procedures, exclusions and limitations relating to your plan. All the terms and conditions of your plan or program are subject to applicable laws, regulations and policies. In case of a conflict between your plan document and this information, the plan documents will always govern.