

September

ESS CACFP Menu

AVO • BAN • CDO • HIG • KEM • LMD • LPE • RAN • LMAAC • STEAM • SVA



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|  ESS CLOSED | 1 Chicken Strips Mixed Fruit Cucumber Slices White or Chocolate Milk | 2 Turkey Taco Nada Banana Garbanzo Beans White or Chocolate Milk | 3 (Turkey Pepperoni) Stuffed Sandwich Applesauce Jicama Sticks White or Chocolate Milk | 4 Bagel Cream Cheese Apple Garbanzo Beans String Cheese White or Chocolate Milk |
| 8 Granola Low-Fat Yogurt Apple Corn White or Chocolate Milk | 9 Chicken Corn Dog Mixed Fruit Cucumber Slices White or Chocolate Milk | 10 Cheese Pizza Slice Banana Garbanzo Beans White or Chocolate Milk | 11 Bean & Cheese Burrito Applesauce Jicama Sticks White or Chocolate Milk | 12 Fritos Chips & Bean Dip Apple Garbanzo Beans White or Chocolate Milk |
| 15 Funyun Chips String Cheese Apple Corn White or Chocolate Milk | 16 Chicken Double Dog Mixed Fruit Cucumber Slices White or Chocolate Milk | 17 Cheese Galaxy Pizza Banana Garbanzo Beans White or Chocolate Milk | 18 Cheeseburger Sliders Applesauce Jicama Sticks White or Chocolate Milk | 19 (Turkey & Cheese) Sandwich Apple Garbanzo Beans White or Chocolate Milk |
| 22 Soft Pretzel Jalapeño Cheese Cup Sunflower Seeds Apple & Corn White or Chocolate Milk | 23 Chicken Strips Mixed Fruit Cucumber Slices White or Chocolate Milk | 24 Turkey Taco Nada Banana Garbanzo Beans White or Chocolate Milk | 25 (Turkey Pepperoni) Stuffed Sandwich Applesauce Jicama Sticks White or Chocolate Milk | 26 Bagel Cream Cheese Apple Garbanzo Beans String Cheese White or Chocolate Milk |
| 29 Granola Low-Fat Yogurt Apple Corn White or Chocolate Milk | 30 Chicken Corn Dog Mixed Fruit Cucumber Slices White or Chocolate Milk | Oct. 1 Cheese Pizza Slice Banana Garbanzo Beans White or Chocolate Milk | Oct. 2 Bean & Cheese Burrito Applesauce Jicama Sticks White or Chocolate Milk | Oct. 3 Fritos Chips & Bean Dip Apple Garbanzo Beans White or Chocolate Milk |