

NOVEMBER

ESS Snack Menu

FLH • LEA • LOM • MAA • MUM • MUR • NOR • ROL • SWS • PKWY

3 (Honey Roasted) Sunflower Seeds Juice or Milk Fresh Apple	4 (Strawberry Yogurt) Chex Mix Juice or Milk Fresh Apple	5 Cheddar Goldfish Juice or Milk Fresh Apple	6 Wheat Crackers Juice or Milk Fresh Apple	7 Cinnamon Bug Bites Juice or Milk Fresh Apple
10 NO SCHOOL ESS IS CLOSED	11 VETERANS day ESS IS CLOSED	12 Cheez-Its Juice or Milk Fresh Apple	13 Pretzel Goldfish Juice or Milk Fresh Apple	14 Belly Bear Grahams Juice or Milk Fresh Apple
17 Fritos Corn Chips Juice or Milk Fresh Apple	18 Scooby Doo Grahams Juice or Milk Fresh Apple	19 Cheddar Sun Chips Juice or Milk Fresh Apple	20 Vanilla Chat Snax Juice or Milk Fresh Apple	21 Tiger Bites Juice or Milk Fresh Apple
----- Parent/Teacher Conference Week -----				

THANKSGIVING BREAK
ESS Closed

24 - 28

This institution is an equal opportunity provider.
Menu is subject to change.