## December ESS CACFP Menu

AVO • BAN • CDO • HIG • KEM • LMD • LPE • RAN • LMAAC • STEAM • SVA

1
Pretzel
Jalapeño Cheese Cup
Sunflower Seeds
<b>Green Beans, Fuji Apple</b>
White or Chocolate Milk

Chicken Double Dogs Black Beans Dried Cranberries White or Chocolate Milk Turkey Taco Nada Cucumber Slices Petite Banana White or Chocolate Milk (Buffalo Chicken)
Stuffed Sandwich
Jicama Sticks
Raisins
White or Chocolate Milk

Bagel w/ Cream Cheese Cheese Cubes Celery Sticks Frozen Fruit Cup White or Chocolate Milk

Fun Yun Chips
String Cheese
Green Beans
Fuji Apple
White or Chocolate Milk

Chicken Strips Black Beans Dried Cranberries White or Chocolate Milk (Beef & Cheese)
Taco Snack
Cucumber Slices
Petite Banana
White or Chocolate Milk

10

17

(Garlic Cheese) French Bread Jicama Sticks Raisins White or Chocolate Milk

11

18

(Turkey & Cheese)
Sandwich
Celery Sticks
Frozen Fruit Cup
White or Chocolate Milk

15

Fritos Corn Chips Bean Dipz Cup Green Beans Fuji Apple White or Chocolate Milk 16

9

Chicken Corn Dog Black Beans Dried Cranberries White or Chocolate Milk Cheese Pizza Wedge Cucumber Slices Petite Banana White or Chocolate Milk Chicken Taquitos Jicama Sticks Raisins White or Chocolate Milk Tiger Bites
Low-Fat Yogurt
Celery Sticks
Frozen Fruit Cup
White or Chocolate Milk

22 - 26

## Winter Break ESS is Closed

Dec. 30 - Jan. 2

## Winter Break

ESS is open at select locations, a contract is required for attendance.

This institution is an equal opportunity provider.

Menu is subject to change.

