

Occupational Health Services Facilities Listing

CLINICS

Alpine Family Medicine

<http://mtnhealth.org>

ALPINE	1620 Alpine Blvd.	91901	619.445.6200	FAX: 619.320.3347
			Open: M-F 8:30am - 5pm	

Borrego Medical Clinic

<http://www.borregomedical.org/component/content/article/51/99-our-clinics>

BORREGO SPRINGS	4343 Yaqui Pass Road	92004	760.767.5051	FAX: 760.767.4552
			Open: M-F 8:30am - 5pm	

CONCENTRA

<http://www.concentra.com>

CARLSBAD	5810 El Camino Real, Suite A	92008	760.929.8269	FAX: 760.929.8556
			Open: M-F 7am - 6pm	
CHULA VISTA	542 Broadway, Suite G	91910	619.425.8212	FAX: 619.425.1604
			Open: M-F 8am - 6pm; Sat. 9am - 3pm	
ESCONDIDO (SOUTH)	860 West Valley Parkway, Suite 150	92025	760.740.0707	FAX: 760.747.3136
			Open: M-F 8am - 5pm	
HILLCREST	3930 4th Avenue, Suite 200	92103	619.297.9610	FAX: 619.297.2244
			Open: M-F 7am - 7pm	
KEARNY MESA	5575 Ruffin Road, Suite 100	92123	858.277.2744	FAX: 858.277.3085
			Open: 24 Hours/7 Days a Week	
LA MESA	8090 Parkway Drive	91942	619.697.3093	FAX: 619.697.3135
			Open: M-F 8am - 5pm	
MIRAMAR	7590 Miramar Road, Suite C	92126	858.549.4255	FAX: 858.549.4552
			Open: M-F 8am - 5pm	
MURRIETA	28285 Madison Avenue, Suite 101	92562	951.600.9070	FAX: 951.600.9177
			Open: M-F 8am - 7pm	
NATIONAL CITY	102 Mile of Cars Way	91950	619.474.9211	FAX: 619.474.2000
			Open: M-F 7am - 7pm	
OCEANSIDE	3910 Vista Way, Suite 106	92056	760.941.2000	FAX: 760.941.4900
			Open: M-F 7am - 7pm, Sat. 8am - 2pm	
SAN DIEGO	5333 Mission Center Road, Suite 100	92108	619.295.3355	FAX: 619.542.1317
			Open: M-F 8am - 6pm	
SAN MARCOS	740 Nordahl Road, Suite 131	92069	760.432.9000	FAX: 760.741.0746
			Open: M-F 8am - 8pm; Sat. & Sun. 8am - 5pm	
SANTEE	9745 Prospect Avenue, Suite 100	92071	619.448.4841	FAX: 619.448.8700
			Open: M-F 7am - 5pm	
SORRENTO MESA	10350 Barnes Canyon Rd., Suite 200	92121	858.455.0200	FAX: 858.455.0044
			Open: M-F 8am - 5pm	

East County Urgent Care

<http://eastcountyurgentcare.com>

EL CAJON	1625 East Main Street, #100	92021	619.442.9896	FAX: 619.442.2245
			Open: M-F 8:15am-5:30pm; Sat. & Sun. 9am-3:45pm	

KAISER LA MESA MEDICAL OFFICES/URGENT CARE

https://healthy.kaiserpermanente.org/southern-california/facilities/La-Mesa-Medical-Offices-100142?utm_source=GMB_listing

LA MESA	8080 Parkway Drive	91945	833.574.2273	
			Open: M-F 9am - 9pm Daily	

KAISER ON-THE-JOB OCCUPATIONAL HEALTH SERVICES (FOR WORKERS'

https://businessnet.kp.org/static/pdfs/cal/koj_overview.pdf

OTAY MESA	4650 Palm Avenue, Building 2, 2nd Floor	92154	833.242.8500	
			Open: M-F 9am - 5pm	
SAN DIEGO	6911 Convoy Court, 3rd Floor, Suite 316	92111	833.242.8500	
			Open: M-F 9am - 5pm	
SAN MARCOS	400 Craven Road, Building 1, 2nd Floor	92078	833.242.8500	
			Open: M-F 9am - 5pm	
WILDOMAR	36450 Inland Valley Drive, 2nd Floor, Room 205	92595	951.353.4322	
			Open: M-F 8:30am - 5pm	

KAISER OTAY MESA MEDICAL OFFICES/URGENT CAREhttps://healthy.kaiserpermanente.org/southern-california/facilities/Otay-Mesa-Medical-Offices-100079?utm_source=GMB_listing

SAN DIEGO	4650 Palm Ave., Building 1	92154	833.242.8500	Open: M-F 9am - 9pm Daily
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KAISER SAN MARCOS MEDICAL OFFICES/URGENT CAREhttps://healthy.kaiserpermanente.org/southern-california/facilities/San-Marcos-Medical-Offices-100053?utm_source=GMB_listing

SAN MARCOS	400 Craven Road, Building 3, 1st Floor	92078	833.242.8500	Open: M-F 10am - 8pm; Sat. & Sun. 9am - 5pm
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Lake Medical & Chiropractic Center<http://lake-medical.com/>

SAN MARCOS	1146 San Marino Dr.	92078	760.471.2033	760.471.2083	Open: M-F 8am-6pm; Urgent Care: 8am-8pm, Sat.: By appt
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Mountain Empire Family Medicine<http://mtnhealth.org>

CAMPO	31115 Highway 94	91906	619.478.5311	FAX: 619.478.2267	Open: M-F 8:30am - 5pm
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Occupational Health Center of Imperial Valley<http://www.pmhd.org/ContactUs/contact.html>

BRAWLEY	751 W. Legion Road, Suite 103	92227	760.351.4400	760.351.4407	Open: M-F 8am - 4pm
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Palomar Health<http://www.palomarhealth.org/>

ESCONDIDO	2125 Citracado Parkway, Suite 130	92029	760.510.7373	FAX: 760.510.7374	Open: M-F 8am - 5pm
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Partners Urgent Care<http://www.partnersurgentcare.com/>

EASTLAKE	2315 Otay Lakes Road, Suite 306	91914	619.946.4700	619.946.4701	
GROSSMONT	6136 Lake Murray Boulevard	91942	619.303.5500	619.303.5595	
RANCHO PENASQUITOS	9878 Carmel Mountain Road, Suite B	92129	858.798.9100		
UTC/LA JOLLA	4085 Governor Drive	92122	858.888.7800	858.888.7801	

SHARP REES-STEALY OCCUPATIONAL HEALTH FACILITIES<http://www.sharp.com/occupational-health/index.cfm>

CHULA VISTA	480 H Street, 2nd Floor	91910	619.585.4050	UC phone: 619.585.4000	Open: M-F 8am - 5 pm; Urgent Care: 8am - 8pm, daily
DOWNTOWN	300 Fir Street	92101	619.446.1524	UC phone: 619.446.1575	Open: M-F 8am-5pm; UC: M-F 5pm-10pm, Wknd/Hols 8am-8pm
KEARNY MESA	8975 Balboa Avenue, 1st Floor	92123	858.262.8740	858.499.2600	Open: M-F 8am - 5pm
LA MESA	Grossmont Medical Plaza, 5525 Grossmont Center Drive, Suite 601	91942	619.644.6600	UC phone: 619.644.6625	Open: M-F 8am - 5pm; Urgent Care: 8am - 8pm, daily
RANCHO BERNARDO	16899 West Bernardo Drive	92127	858.521.2350	UC phone: 858.521.2300	Open: M-F 8am - 5pm; Urgent Care: M-F 8pm - 8pm, daily
SANTEE	After-Hours Care, 8701 Cuyamaca St.	92071	619.499.2600		Open: M-F 5pm - 8pm; Sat. - Sun.: 8am - 8pm
SORRENTO MESA	10243 Genetic Center Drive	92121	858.526.6150	UC phone: 858.526.6100	Open: M-F 8am - 5pm; Urgent Care: 8am - 8pm, daily

South Bay Urgent Care<https://www.southbayurgentcare.com>

SAN DIEGO	1628 Palm Ave	92154	619.591.9999	FAX: 619.941.2078	Open: M-F 9am - 7pm; Sat. & Sun. 10am - 6pm
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Akeso / Agile Occupational Health<https://akesomedical.com/>

NATIONAL CITY	444 West 8th St, Suite 101-102	91950	619.474.8666 FAX: 619.474.0325 Open: M-F 6:30am - 6pm; Sat. 9am - 2pm
OCEANSIDE	3156 Vista Way, Suite 100	92056	760.681.5222 FAX: 760.681.5151 Open: M-F 8am - 6pm; Sat. 9am - 2pm
SAN DIEGO	7485 Mission Valley Rd, Suite 100	92108	619.900.1330 FAX: 619.431.3653 Open: M-F 8:30am - 5pm
SAN DIEGO-DOWNTOWN	1620 Fifth Avenue, Suite 200	92101	619.810.8822 FAX: 619.877.0065 Open: M-F 7am - 7pm
VISTA	2365 S Melrose Dr.	92081	760.571.5910 FAX: 760.597.0349 Open: M-F 8am - 6pm

HOSPITALS**Alvarado Hospital LLC**<http://www.alvaradohospital.com/>

SAN DIEGO	6655 Alvarado Rd.	92120	619.287-3270
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El Centro Regional Medical Center<http://www.ecrhc.org>

EL CENTRO	1415 Ross Ave.	92243	760.339.7100
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KAISER/SAN DIEGO MEDICAL CENTER<https://health.kaiserpermanente.org/wps/portal/facility/100084>

SAN DIEGO	9455 Clairemont Mesa Blvd.	92123	858.266.5000
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Palomar Health (Urgent Care)<http://www.palomarhealth.org/>

POWAY	15611 Pomerado Road, 3rd Floor North	92064	858.675.3200 Open: Daily 9am
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Palomar Health Downtown Campus<http://www.palomarhealth.org>

ESCONDIDO	555 E. Valley Pkwy	92029	760.739.3000
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Palomar Medical Center<http://www.palomarhealth.org/>

ESCONDIDO	2185 Citracado Parkway	92029	442.281.5000
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Paradise Valley Hospital<http://www.paradisevalleyhospital.net/>

NATIONAL CITY	2400 E 4th St.	91950	619.470.4321
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Pioneers Memorial Hospital<http://www.pmhd.org>

BRAWLEY	207 W. Legion Rd.	92227	760.351.3333 760.351.4401
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Pomerado Hospital<http://www.pph.org/PPHContentPage.aspx?nd=72>

POWAY	15615 Pomerado Road	92064	858.613.4000
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Rancho Springs Medical Center Hospital<http://www.swhealthcaresystem.com/About-the-Hospital>

MURRIETA	2550 Medical Center Dr.	92562	951.696.6000 FAX: 951.353.4322
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Scripps Green Hospitalhttp://www.scripps.org/locations/hospitals_scripps-green-hospital

LA JOLLA	10666 N. Torrey Pines Road	92037	858.554.9100
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Scripps Memorial Hospitalhttp://www.scripps.org/locations/hospitals_scripps-memorial-hospital-la-jolla

LA JOLLA	9888 Genesee Avenue	92037	858.626.4123
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Scripps Memorial Hospital-Encinitashttp://www.scripps.org/locations/hospitals__scripps-memorial-hospital-encinitas

ENCINITAS	354 Santa Fe Drive	92024	760.633.6501
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Scripps Mercy Hospitalhttp://www.scripps.org/locations/hospitals__scripps-mercy-hospital

SAN DIEGO	4077 5th Avenue	92103	619.294.8111
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Scripps Mercy Hospital-Chula Vistahttp://www.scripps.org/locations/hospitals__scripps-mercy-hospital

CHULA VISTA	435 H Street	91910	619.691.7000
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Sharp Chula Vista Medical Center<http://www.sharp.com/chula-vista/index.cfm>

CHULA VISTA	751 Medical Center	91911	619.502.5800
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Sharp Coronado Hospital<http://www.sharp.com/coronado/index.cfm>

CORONADO	250 Prospect Place	92118	619.522.3600
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Sharp Grossmont Hospital<http://www.sharp.com/grossmont/index.cfm>

LA MESA	5555 Grossmont Center Drive	91942	619.740.6000
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Sharp Memorial Hospital<http://www.sharp.com/memorial/index.cfm>

SAN DIEGO	7901 Frost Street	92123	858.939.3400
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Tri-City Medical Center Emergency Dept.<http://tricitymed.org/services/emergency/index.aspx>

OCEANSIDE	4002 Vista Way	92056	760.724.8411
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UCSD Medical Center Emergency & Urgent Care (Hillcrest)<http://health.ucsd.edu/locations/hillcrest.htm>

SAN DIEGO	200 West Arbor Drive	92103	619.543.6222
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UCSD Thorton Hospital Emergency & Urgent Care (La Jolla)<http://health.ucsd.edu/locations/thornton.asp>

LA JOLLA	9300 Campus Point Drive	92037	858.657.7000
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See Attached on Telemedicine