

# Spring Break

## ESS MENU

Week 1

**LUNCH** 30

Chicken Strips  
PB & J Uncrustable  
Yogurt with Cheese Cubes & Maple Sunrise Bites  
Carrots, Pinto Beans, Apple Juice and Milk

**SNACK**

Funnyun Chips  
Fresh Fruit  
Juice or Milk

**LUNCH** 31

Mini Cheeseburger Sliders  
PB & J Uncrustable  
Yogurt with Cheese Cubes & Maple Sunrise Bites  
Lettuce, Tomatos, Pears Juice and Milk

**SNACK**

Vanilla Chat Snax  
Fresh Fruit  
Juice or Milk

**LUNCH** 1

Garlic Cheese French Bread  
PB & J Uncrustable  
Yogurt with Cheese Cubes & Maple Sunrise Bites  
Cucumbers, Corn, Apple Juice and Milk

**SNACK**

Cheez-Its  
Fresh Fruit  
Juice or Milk

**LUNCH** 2

Bean & Cheese Burrito  
PB & J Uncrustable  
Yogurt with Cheese Cubes & Maple Sunrise Bites  
Lettuce, Jicama, Mixed Fruit Juice and Milk

**SNACK**

Choc. Caramel Chex Mix  
Fresh Fruit  
Juice or Milk

**LUNCH** 3



 4/1 Safari Park Field Trip: Middle School ONLY

Week 2

**LUNCH** 6

Chicken Corn Dog  
PB & J Uncrustable  
Yogurt with Cheese Cubes & Maple Sunrise Bites  
Carrots, Pinto Beans, Apple Juice and Milk

**SNACK**

Cheetos Puffs *or*  
Ranch Fantastix  
Fresh Fruit, Juice or Milk

**LUNCH** 7

Turkey Taco Nada  
PB & J Uncrustable  
Yogurt with Cheese Cubes & Maple Sunrise Bites  
Lettuce, Tomatos, Pears Juice and Milk

**SNACK**

Vanilla Dino Bites  
Fresh Fruit  
Juice or Milk

**LUNCH** 8

Garlic Cheese French Bread  
PB & J Uncrustable  
Yogurt with Cheese Cubes & Maple Sunrise Bites  
Cucumbers, Corn, Apple Juice and Milk

**SNACK**

Cheddar Goldfish  
Fresh Fruit  
Juice or Milk

**LUNCH** 9

Bean & Cheese Burrito  
PB & J Uncrustable  
Yogurt with Cheese Cubes & Maple Sunrise Bites  
Lettuce, Jicama, Mixed Fruit Juice and Milk

**SNACK**

Cinnamon Bug Bites  
Fresh Fruit  
Juice or Milk

**LUNCH** 10

Chicken Strips  
PB & J Uncrustable  
Yogurt with Cheese Cubes & Maple Sunrise Bites  
Carrots, Pinto Beans, Apple Juice and Milk

**SNACK**

Chili Lime Wheat Crackers  
Fresh Fruit  
Juice or Milk

 4/8 SeaWorld Field Trip: AVO, LMAAC, NOR, ROL

 4/9 SeaWorld Field Trip: MAA, MUR, SWS

★ **ESS will be CLOSED at all sites on Monday, April 13.** ★

This institution is an equal opportunity provider. Menu subject to change.