

May

ESS CACFP Menu

- Avondale
- Bancroft
- Casa de Oro
- Highlands

- Kempton
- La Mesa Dale
- La Presa
- Rancho

- LMAAC
- STEAM
- SVA

Lowfat Yogurt 1
Bday Cake Grahams
Celery Sticks
Frozen Fruit Cup
White or Chocolate Milk

Funyun Chips 4
Turkey Stick
Cheese Cubes
Corn, Fuji Apple
White or Chocolate Milk

Galaxy Cheese Pizza 5
Sliced Cucumbers
Diced Pears
White or Chocolate Milk

Chicken Corn Dog 6
Green Beans
Petite Banana
White or Chocolate Milk

Turkey Taco Nada 7
Jicama Sticks
Diced Apricots
White or Chocolate Milk

Ham and Cheese 8
(Sandwich)
Celery Sticks
Dried Cranberries
White or Chocolate Milk

Heartzel Pretzels 11
Choc. Chickpea Spread
Sunflower Seeds
Corn, Fuji Apple
White or Chocolate Milk

Grilled Cheese Ciabatta 12
Sliced Cucumbers
Diced Pears
White or Chocolate Milk

Beef Taquitos 13
Green Beans
Petite Banana
White or Chocolate Milk

Chicken Strips 14
Jicama Sticks
Diced Apricots
White or Chocolate Milk

Bagel 15
Turkey Stick
Cheese Cube, Celery
Dried Cranberries
White or Chocolate Milk

Fritos Corn Chips 18
Bean Dipz Cup
Corn
Fuji Apple
White or Chocolate Milk

Chicken Stuffed 19
(Sandwich)
Sliced Cucumbers
Diced Pears
White or Chocolate Milk

Cheese Quesadilla 20
Green Beans
Petite Banana
White or Chocolate Milk

Chicken Double Dogs 21
Jicama Sticks
Diced Apricots
White or Chocolate Milk

Lowfat Yogurt 22
Bday Cake Grahams
Celery Sticks
Dried Cranberries
White or Chocolate Milk

 25
Memorial Day (Closed)

Galaxy Cheese Pizza 26
Sliced Cucumbers
Diced Pears
White or Chocolate Milk

Chicken Corn Dog 27
Green Beans
Petite Banana
White or Chocolate Milk

Turkey Taco Nada 28
Jicama Sticks
Diced Apricots
White or Chocolate Milk

Ham and Cheese 29
(Sandwich)
Celery Sticks
Dried Cranberries
White or Chocolate Milk

This institution is an equal opportunity provider. Menu is subject to change.