



# ESS SUMMER MENU

## Weeks 1 • 3 • 5

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Monday	Tuesday	Wednesday	Thursday	Friday
<b>Cheeseburger Sliders</b> Romaine Lettuce Garbanzo Beans Sliced Peaches Apple Juice White or Choc. Milk	<b>Turkey Taco Nada</b> Romaine Lettuce Baby Carrots Applesauce Banana Juice White or Choc. Milk	<b>Cheese Tortellini with Garlic Knot</b> Romaine Lettuce Corn Diced Pears Apple Juice White or Choc. Milk	<b>Chicken Nuggets</b> Romaine Lettuce Sliced Cucumbers Mixed Fruit Banana Juice White or Choc. Milk	<b>Chicken Corn Dog</b> Romaine Lettuce Green Beans Dried Cranberries Apple Juice White or Choc. Milk
Cool Ranch Doritos Apple Juice or Milk	Cinnamon Scooby Doo Stix Apple Juice or Milk	Cheez-It's Apple Juice or Milk	Birthday Cake Grahams Apple Juice or Milk	Goldfish Pretzels Apple Juice or Milk

## Weeks 2 • 4 • 6

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Monday	Tuesday	Wednesday	Thursday	Friday
<b>Maple Waffle with Chicken Sausages</b> Romaine Lettuce Garbanzo Beans Sliced Peaches Apple Juice White or Choc. Milk	<b>Twisted Cheese Breadsticks</b> Romaine Lettuce Baby Carrots Applesauce Banana Juice White or Choc. Milk	<b>Beef and Cheese Taquitos</b> Romaine Lettuce Corn Diced Pears Apple Juice White or Choc. Milk	<b>Chicken Nuggets</b> Romaine Lettuce Sliced Cucumbers Mixed Fruit Banana Juice White or Choc. Milk	<b>Macaroni and Cheese</b> Romaine Lettuce Green Beans Dried Cranberries Apple Juice White or Choc. Milk
Baked Funyun Chips Apple Juice or Milk	Vanilla Chat Snax Apple Juice or Milk	Cheddar Goldfish Apple Juice or Milk	Belly Bear Grahams Apple Juice or Milk	Veggie Crackers <u>or</u> Wheat Crackers Apple Juice or Milk

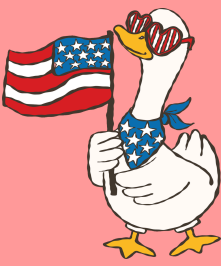
\* ESS is closed on Friday, July 3 (Week 2) in observance of Independence Day \*

**These meal alternatives are offered DAILY with the lunch menu:**  
PB&J Uncrustables or Low Fat Yogurt with String Cheese and Maple Bites

**This institution is an equal opportunity provider.  
Menu is subject to change without notice.**



# SPECIAL LUNCH DAYS

Monday	Tuesday	Wednesday	Thursday	Friday
		<p><b>Week 2 • July 1</b>  <b>SVA ONLY</b>  <b>Beef Hot Dog and Cheeseburger</b>            Romaine Lettuce            Corn            Sliced Tomatoes            Fresh Watermelon            Cherry Lime Ice Cup            Pickles            Juice            White or Choc. Milk</p>		<p><b>Week 2 • July 3</b>  <b>ESS is Closed</b></p> 
		<p><b>Week 4 • July 22</b>  <b>LEA ONLY</b>  <b>Possible Pizza Day</b>  <b>Cheese Pepperoni</b>            * Confirmed by 7/1</p>	<p><b>Week 4 • July 23</b>  <b>LMD &amp; NOR</b>  <b>Possible Pizza Day</b>  <b>Cheese Pepperoni</b>            * Confirmed by 7/1</p>	
	<p><b>Week 6 • July 28</b>  <b>LMD &amp; LEA</b>  <b>Beef Hot Dog and Cheeseburger</b>            Romaine Lettuce            Baby Carrots            Sliced Tomatoes            Applesauce            Watermelon            Juice, Pickles            White or Choc. Milk</p>	<p><b>Week 6 • July 29</b>  <b>BAN &amp; CDO</b>  <b>Beef Hot Dog and Cheeseburger</b>            Romaine Lettuce            Corn            Sliced Tomatoes            Diced Pears            Watermelon            Juice, Pickles            White or Choc. Milk</p>	<p><b>Week 6 • July 30</b>  <b>NOR &amp; MUM</b>  <b>Beef Hot Dog and Cheeseburger</b>            Romaine Lettuce            Sliced Cucumbers            Mixed Fruit            Watermelon            Pickles            Juice            White or Choc. Milk</p>	<p><b>Week 6 • July 31</b>  <b>SVA &amp; STEAM</b>  <b>Beef Hot Dog and Cheeseburger</b>            Romaine Lettuce            Green Beans            Sliced Tomatoes            Dried Cranberries            Watermelon            Juice            White or Choc. Milk</p>